

## **True North - The Spirit of TRUTH !**

John 16:13 – The spirit of truth will guide you.

**1. He is promised – a declaration or assurance that someone will give, or do something, leaving you with grounds of hopeful expectations.**

We all need a guaranteed promise for the future in these uncertain times.

Joel 2:28 – Acts 2:38 – Peter said you will receive the gift to Cornelius

Luke 24:49                      Acts 19:6 – Paul laid hands on 12 men in Ephesus

**2. You only receive when you totally surrender**

**This includes waiting and listening –**

**Isa 40:34**

**James 4:7** - Submit yourselves therefore to God. Resist the devil, and he will flee from you.

Mark 14:35-36

And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. And he said, “Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will.”

**3. We should cultivate a relationship**

a. ask what He wants, how He feels

b. what is inviting to Him?

Quenching is not asking (suppress or stifle) welcome conviction...

Grieving is not obeying (to offend, hurt)

Blaspheme is complete rejection (insulting, permanent denial)

## **4. He gives peace**

John 14:26,27

Phil 4:7 - And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

- Anxiety disorders are the most common mental illness in the U.S., affecting 40 million adults in the United States age 18 and older, or 18% of the population every year.
- Anxiety disorders are highly treatable, yet only 36.9% of those suffering receive treatment.
- People with an anxiety disorder are three to five times more likely to go to the doctor and six times more likely to be hospitalized for psychiatric disorders than those who do not suffer from anxiety disorders.
- Anxiety disorders develop from a complex set of risk factors, including genetics, brain chemistry, personality, and life events.

Nearly one-half of those diagnosed with depression are also diagnosed with an anxiety disorder

## **5. He gives power** Acts 1:8 - YOU SHALL receive POWER

- a. our flesh is weak, afraid, anxious, insecure, in need
- b. we don't own the power, He gives us keys to use the power like OGE produces it for us to use, we have to flip the switch
- c. not a self serving power... to be His witnesses...His business

I no longer have to worry about my stuff, He takes care of me, I focus on Him

The same spirit that raised Christ from the dead!

Zach 4:6 – not by might nor by power, but by my spirit...