

Dauids mighty men –

Special forces –

Marine corps has recon and “Raider regiment”

Navy has seals

Army rangers / green berets

Air Force has pilots? (special tactics, special ops)

1 Chron 11 and 2 Sam 23

David had 37 men in special forces / reconnaissance

3 were the “elite” - - Ishbaal, Eliazer, Shammah

Ishbaal is described as being the leader and is said to have killed 800 men in a single encounter

Asahel was head of the body guard.

Benaiah went into the pit and killed a lion on a snowy day!

Joab was David’s nephew and the general of his army.

One of the 37 was Uriah the Hittite / Bathsheba’s husband

The three of the thirty therefore forcefully break past the Philistines, and draw water from the well, which they take back to David. David refuses to drink the water, instead pouring it out "before [Yahweh](#)", arguing that it was the *blood* of the men who had risked their lives. Biblical scholars argue that the description of David pouring out the water is a reference to David offering the water to Yahweh

[Abishai](#), the brother of [Joab](#). According to the text, he killed 300 men with a spear, and so became famous among The Thirty.

Mark Batterson wrote the book - - In a pit with a lion on a snowy day...about Benaiah

“Don’t settle for a normal life. Conquer your fears, accept His anointing, jump into that pit, chase the lion, and watch God’s Kingdom come in amazing ways.”

—CHRISTINE CAINE, founder of Propel Women

“*In a Pit* has been a game changer in my life and ministry!”

—STEVEN FURTICK, pastor, Elevation Church
and *New York Times* best-selling author

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