

Alone, Loneliness, and finding peace,

Gen 2:18 - The LORD God said, "It is not good for the man to be alone.

God spoke to Adam in the garden in the cool of the day... who ruined that?

"Adam where are you?"

Difference between separation and Isolation – regular experience or rut (lifestyle)

Luke 5:16 - But Jesus often withdrew to lonely places (solitary, desolate) and prayed.

Friendship and community

Friendship with God first

Prov 18:24 - A man of many companions may come to ruin, but there is a friend who sticks closer than a brother.

James 4:4 - You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God.

Intimacy – private, closeness, attachment, warmth, understanding (not necessarily romantic) someone who understands how you feel, someone who shares personal feelings or helps you process those feelings. Someone you can share your dreams with and they are truly happy for you.

James 4:8 - *"Draw near to God and He will draw near to you."*

Duet 31:6 – for the LORD your God goes with you; he will never leave you nor forsake you."

2 Chron 16:9 -For the eyes of the LORD range throughout the earth to strengthen those whose hearts are fully committed to him.

Our cry to God –

Psalm 68:5,6 – A father to the fatherless, a defender of widows,
is God in his holy dwelling. God sets the lonely in families,

Psalm 139:7-10

*“Where can I go from Your Spirit? Or where can I flee from Your presence?
If I ascend into heaven, You are there; If I make my bed in hell, behold, You are
there. If I take the wings of the morning, And dwell in the uttermost parts of the sea,
Even there Your hand shall lead me, And Your right hand shall hold me.”*

Isaiah 43:1-2

*“Fear not, for I have redeemed you; I have called you by your name;
You are Mine. When you pass through the waters, I will be with you;
And through the rivers, they shall not overflow you. When you walk through the
fire, you shall not be burned, Nor shall the flame scorch you.”*

Steps to find peace –

1. set your affections on heavenly things –

Worldly, temporary, material things do not bring peace or purpose.

2. Trust that God is enough and he will send you the friends you need.

“everybody is not your friend” - grieve those who leave, or maybe even die,
but don't give them Gods place in your heart.

3. Focus on meeting other people's need of friendship.

Prov 18:24 - A man that wants friends must shew himself friendly:

1 Peter 4:10 - God has given each of you a gift from his great variety of
spiritual gifts. Use them well to serve one another.