**Cor 10:23** - "We are allowed to do anything," so they say. That is true, but not everything is good. "We are allowed to do anything"—but not everything is helpful. <sup>24</sup> None of you should be looking out for your own interests, but for the interests of others. <sup>25</sup> You are free to eat anything sold in the meat market, without asking any questions because of your conscience. <sup>26</sup> For, as the scripture says, "The earth and everything in it belong to the Lord." <sup>27</sup> If an unbeliever invites you to a meal and you decide to go, eat what is set before you, without asking any questions because of your conscience. <sup>28</sup> But if someone tells you, "This food was offered to idols," then do not eat that food, for the sake of the one who told you and for conscience' sake— <sup>29</sup> that is, not your own conscience, but the other person's conscience. "Well, then," someone asks, "why should my freedom to act be limited by another person's conscience? <sup>30</sup> If I thank God for my food, why should anyone criticize me about food for which I give thanks?" <sup>31</sup> Well, whatever you do, whether you eat or drink, do it all for God's glory. <sup>32</sup> Live in such a way as to cause no trouble either to Jews or Gentiles or to the church of God. <sup>33</sup> Just do as I do; I try to please everyone in all that I do, not thinking of my own good, but of the good of all, so that they might be saved.

## **NIV**

## The Believer's Freedom

<sup>23</sup> "I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but not everything is constructive. <sup>24</sup> No one should seek their own good, but the good of others. <sup>25</sup> Eat anything sold in the meat market without raising questions of conscience, <sup>26</sup> for, "The earth is the Lord's, and everything in it."<sup>27</sup> If an unbeliever invites you to a meal and you want to go, eat whatever is put before you without raising questions of conscience. <sup>28</sup> But if someone says to you, "This has been offered in sacrifice," then do not eat it, both for the sake of the one who told you and for the sake of conscience. <sup>29</sup> I am referring to the other person's conscience, not yours. For why is my freedom being judged by another's conscience? <sup>30</sup> If I take part in the meal with thankfulness, why am I denounced because of something I thank God for? <sup>31</sup> So whether you eat or drink or whatever you do, do it all for the glory of God. <sup>32</sup> Do not cause anyone to stumble, whether Jews, Greeks or the church of God—
<sup>33</sup> even as I try to please everyone in every way. For I am not seeking my own good but the good of many, so that they may be saved.

Lawful? Expedient? Necessary? Permissible? Beneficial?

- **Lawful** legitimate, legal, permissible, permitted, allowable, rightful, sanctioned, authorized, warranted.
- **Expedient** convenient and practical, (although possibly improper or immoral). Convenient, advantageous, (in one's own interests), useful, of use, beneficial, of benefit, helpful
- Necessary- required to be done, achieved, or present; needed; essential.
   Obligatory, requisite, required, compulsory, mandatory, imperative, needed, de rigueur; essential, indispensable, vital

- **Permissible-** permitted, allowable, allowed, acceptable, legal, lawful, legitimate, admissible, licit, authorized, sanctioned, tolerated
- **Beneficial** favorable or advantageous; resulting in good. Advantageous, favorable, helpful, useful, of use, of benefit, of assistance, valuable, of value, profitable, rewarding, gainful
- 1. **Freedom** The power or right to act, speak, or think as one wants without hindrance or restraint. independence, self-government, self-determination, self-rule, home rule, sovereignty, nonalignment, autonomy;
- 2. **Permission** Authorization, consent, leave, authority, sanction, license, agreement, approval, seal/stamp of approval, endorsement, blessing, clearance, allowance, tolerance, empowerment
- 3. **Necessary** Required to be done, achieved, or present; needed; essential. Required, compulsory, mandatory, imperative,
- 4. **Beneficial** favorable or advantageous; resulting in good.

**CONVICTIONS:** For me, for others around me? Witness?

Food, pagan foods, fear factor foods, healthy foods...

music, secular Christian, metal, rap, country, worship...styles of worship? drink alcohol, hold my beer, just a little, social drinking, too much? Any? party, go to a party but refrain, don't go at all, go and be a witness? dress, modest, sexy, formal, casual, holiness?

Financial lifestyle? Beneath your means, cars you drive, toys you own, give to missions or tithe?

**Rom 14** - Accept the one whose faith is weak, without quarreling over disputable matters. <sup>2</sup> One person's faith allows them to eat anything, but another, whose faith is weak, eats only vegetables. <sup>3</sup> The one who eats everything must not treat with contempt the one who does not, and the one who does not eat everything must not judge the one who does, for God has accepted them. <sup>4</sup> Who are you to judge someone else's servant? To their own master, servants stand or fall. And they will stand, for the Lord is able to make them stand.

<sup>&</sup>lt;sup>5</sup> One person considers one day more sacred than another; another considers every day alike. Each of them should be fully convinced in their own mind. <sup>6</sup> Whoever regards one day as special does so to the Lord. Whoever eats meat does so to the Lord, for they give thanks to God; and whoever abstains does so to the Lord and gives thanks to God. <sup>7</sup> For none of us lives for ourselves alone, and none of us dies for ourselves alone. <sup>8</sup> If we live, we live for the Lord; and if we die, we die for

the Lord. So, whether we live or die, we belong to the Lord. <sup>9</sup> For this very reason, Christ died and returned to life so that he might be the Lord of both the dead and the living.

- <sup>10</sup> You, then, why do you judge your brother or sister? Or why do you treat them with contempt? For we will all stand before God's judgment seat. <sup>11</sup> It is written:
- "As surely as I live,' says the Lord, 'every knee will bow before me; every tongue will acknowledge God."
- <sup>12</sup> So then, each of us will give an account of ourselves to God.
- <sup>13</sup> Therefore let us stop passing judgment on one another. Instead, make up your mind not to put any stumbling block or obstacle in the way of a brother or sister. <sup>14</sup> I am convinced, being fully persuaded in the Lord Jesus, that nothing is unclean in itself. But if anyone regards something as unclean, then for that person it is unclean. <sup>15</sup> If your brother or sister is distressed because of what you eat, you are no longer acting in love. Do not by your eating destroy someone for whom Christ died. <sup>16</sup> Therefore do not let what you know is good be spoken of as evil. <sup>17</sup> For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, <sup>18</sup> because anyone who serves Christ in this way is pleasing to God and receives human approval.
- <sup>19</sup> Let us therefore make every effort to do what leads to peace and to mutual edification. <sup>20</sup> Do not destroy the work of God for the sake of food. All food is clean, but it is wrong for a person to eat anything that causes someone else to stumble. <sup>21</sup> It is better not to eat meat or drink wine or to do anything else that will cause your brother or sister to fall.
- <sup>22</sup> So whatever you believe about these things keep between yourself and God. Blessed is the one who does not condemn himself by what he approves. <sup>23</sup> But whoever has doubts is condemned if they eat, because their eating is not from faith; and everything that does not come from faith is sin.