

Test name: Self Acceptance Assessment

Question 1 of 42

I often use inappropriate attempts to hide my personal defects

- A) yes
 B) no

Question 2 of 42

I often over react or feel an attachment to clothes or fashion

- A) yes
 B) no

Question 3 of 42

I need things or titles as status symbols

- A) yes
 B) no

Question 4 of 42

Change of hair color frequently

- A) yes
 B) no

Question 5 of 42

Inability to trust God in basic areas of life

- A) yes
 B) no

Question 6 of 42

Conformity to fads

- A) yes
- B) no

Question 7 of 42

Excessive shyness and self-consciousness

- A) yes
- B) no

Question 8 of 42

Inability to love others

- A) yes
- B) no

Question 9 of 42

Self-criticism

- A) yes
- B) no

Question 10 of 42

Wishful comparison with others

- A) yes
- B) no

Question 11 of 42

Attitudes of superiority and sophistication

A) yes

B) no

Question 12 of 42

Mocking physical features in others

A) yes

B) no

Question 13 of 42

Disabling fear of failure

A) yes

B) no

Question 14 of 42

Continuous underachievement

A) yes

B) no

Question 15 of 42

Name dropping

A) yes

B) no

Question 16 of 42

Social climbing

A) yes

B) no

Question 17 of 42

Inability to accept a life partner

- A) yes
 B) no

Question 18 of 42

Flattery of admired people

- A) yes
 B) no

Question 19 of 42

Extravagance in purchasing items, overspending

- A) yes
 B) no

Question 20 of 42

Living beyond my income to impress others

- A) yes
 B) no

Question 21 of 42

Hypersensitivity to criticism

- A) yes
 B) no

Question 22 of 42

"Fishing" for compliments

- A) yes
 B) no

Question 23 of 42

Neglect of appearance or bodily care

- A) yes
- B) no

Question 24 of 42

Boisterous or argumentative behavior

- A) yes
- B) no

Question 25 of 42

Criticism of other people

- A) yes
- B) no

Question 26 of 42

Inability to give compliments

- A) yes
- B) no

Question 27 of 42

Inability to receive compliments

- A) yes
- B) no

Question 28 of 42

Down-grading personal abilities

A) yes

B) no

Question 29 of 42

Flirting with the opposite sex

A) yes

B) no

Question 30 of 42

Overdone makeup

A) yes

B) no

Question 31 of 42

over use of elevator shoes, boots, or high heels

A) yes

B) no

Question 32 of 42

Excessive talking, or rambling on

A) yes

B) no

Question 33 of 42

Unhealthy preoccupation with diets, or weight control

A) yes

B) no

Question 34 of 42

Forcing my children to excel

- A) yes
 B) no

Question 35 of 42

Poor eye contact

- A) yes
 B) no

Question 36 of 42

Need for constant approval

- A) yes
 B) no

Question 37 of 42

Comparison of unchangeable features

- A) yes
 B) no

Question 38 of 42

Bizarre or overly dramatic actions or statements

- A) yes
 B) no

Question 39 of 42

Rejection of family or background

- A) yes
 B) no

Question 40 of 42

Exaggeration of achievements

- A) yes
- B) no

Question 41 of 42

Neglect of family to please others

- A) yes
- B) no

Question 42 of 42

Violation of standards to be popular

- A) yes
- B) no