

How to find freedom from insecurity

Do:

- 1) Seek godly counsel
- 2) Renew your mind with scriptures about your identity in Christ
- 3) Be intentional to take your thoughts captive
- 4) Find encouraging friends who will speak the truth in love
- 5) Develop self awareness

Don't:

- 1) Run from truth or correction
- 2) Follow your feelings
- 3) Give up
- 4)