

Test name: Anger

Question 1 of 20

If you give your "personal rights" (*sense of entitlement*) to God, God now owns them - they are now God's personal rights

- A) True
- B) False

Question 2 of 20

If a person gives his personal rights to God, he should decide to thank God for whatever happens next.

- A) True
- B) False

Question 3 of 20

If a person does not give his personal rights to God, and someone violates (breaks, steps on) one of his personal rights, he will usually get angry.

- A) True
- B) False

Question 4 of 20

If you do not give your personal rights to God, you are disobeying God's laws.

- A) True
- B) False

Question 5 of 20

God does not want you to give Him your personal rights.

- A) True
- B) False

Question 6 of 20

If a person give his personal rights to God, God will never test him to see if he is sincere.

- A) True
- B) False

Question 7 of 20

Most Christians are thinking about showing their love to God when they get angry at another person.

- A) True
- B) False

Question 8 of 20

It is very hard to sin when you are angry.

- A) True
- B) False

Question 9 of 20

Most Christians never get angry after they give their personal rights to God.

- A) True
- B) False

Question 10 of 20

God has outlined in the Bible how to respond after you give Him your personal rights.

- A) True
- B) False

Question 11 of 20

After you give your personal rights to God, the Bible says you must say nothing and do nothing (keep it all bottled up) when someone violates one of your personal rights.

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- A) True
 B) False

Question 12 of 20

Boundaries define realistic expectations of others.

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- A) True
 B) False

Question 13 of 20

Having healthy boundaries is different from your personal rights.

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- A) True
 B) False

Question 14 of 20

If you don't define personal boundaries, you will probably resent people and they will not even know it.

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- A) True
 B) False

Question 15 of 20

Unresolved issues with people can cause anger to explode at a later time.

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- A) True
 B) False

Question 16 of 20

Moses never had an issue with anger.

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- A) True

B) False

Question 17 of 20

Joseph was very forgiving in the book of Genesis, but still was angry with people.

A) True

B) False

Question 18 of 20

The Bible says "don't let the sun go down on your anger".

A) True

B) False

Question 19 of 20

Jesus got angry

A) True

B) False

Question 20 of 20

Righteous Indignation is being angry for the right things or Godly issues.

A) True

B) False

Test name: Attitudes

Question 1 of 15

An attitude is based on how you think, an emotion is how you feel, both can effect how you act.

- A) True
- B) False

Question 2 of 15

The attitudes that Jesus had are the best kind to use if you want to become a successful Christian.

- A) True
- B) False

Question 3 of 15

People only use attitudes when they are upset about something.

- A) True
- B) False

Question 4 of 15

When I am being corrected, I should listen carefully, unless I know I was right.

- A) True
- B) False

Question 5 of 15

If you know someone has done something wrong, and you could have been a part of the problem, leave it alone. Talking just stirs things up.

- A) True
 B) False

Question 6 of 15

An attitude is the way you think about something.

- A) True
 B) False

Question 7 of 15

Day dreaming can be an effective way of developing Biblical attitudes.

- A) True
 B) False

Question 8 of 15

When a person has a bad attitude, it is usually someone else's fault.

- A) True
 B) False

Question 9 of 15

A person's attitudes have very little influence on his daily activities and how he responds in these situations.

- A) True
 B) False

Question 10 of 15

There is nothing a person can do to change attitudes that he was taught as a little child.

- A) True
 B) False

Question 11 of 15

The only way a person shows his attitude is by what he says.

- A) True
 B) False

Question 12 of 15

When someone starts to correct you, the first thing you should do is get them to listen to your side of the story.

- A) True
 B) False

Question 13 of 15

It is much better to respond with anger than sadness when someone is correcting you.

- A) True
 B) False

Question 14 of 15

When someone corrects you in a wrong way, you should loudly, and immediately tell them what they are doing wrong.

- A) True
 B) False

Question 15 of 15

Every time you correct someone, you should calmly explain what he or she did wrong.

- A) True
 B) False

Test name: Failure

Question 1 of 20

A person always sins every time he fails.

- A) True
 B) False

Question 2 of 20

God is angry at you every time you fail.

- A) True
 B) False

Question 3 of 20

God has promised to forgive you if you are sincere in asking Him to.

- A) True
 B) False

Question 4 of 20

If I fail, I should never admit that I was wrong.

- A) True
 B) False

Question 5 of 20

Successful Christians never fail at anything.

- A) True
 B) False

Question 6 of 20

When I ask God to forgive me for sinning, I should make a decision to stop doing that sin.

- A) True
 B) False

Question 7 of 20

I should always try to find the cause of my failures.

- A) True
 B) False

Question 8 of 20

Smoking is a root problem.

- A) True
 B) False

Question 9 of 20

The root cause for all my problems is doing things my way instead of God's way.

- A) True
 B) False

Question 10 of 20

Insecurity is a common result of putting my values in materialistic things.

- A) True
 B) False

Question 11 of 20

the person who criticizes a lot can often have a root problem of bitterness.

- A) True
- B) False

Question 12 of 20

When I ask someone to forgive me, I should always start by saying, "If I was wrong, please forgive me."

- A) True
- B) False

Question 13 of 20

I should not forgive a person unless he pays back what he stole from me.

- A) True
- B) False

Question 14 of 20

The best way to ask forgiveness is to write a letter and ask the person to forgive you.

- A) True
- B) False

Question 15 of 20

If you keep failing, this always shows you are not growing at all in that area of your life

- A) True
- B) False

Question 16 of 20

Christians never get bored.

- A) True
- B) False

Question 17 of 20

It is always God's will that I forgive someone who has offended me, even if he/she doesn't admit he/she was wrong.

- A) True
- B) False

Question 18 of 20

The best way to get rid of a problem is to ask God to take it away and then forget about it.

- A) True
- B) False

Question 19 of 20

Many times people get bored because they are not doing their best in everything they should be doing.

- A) True
- B) False

Question 20 of 20

If I have a disagreement with someone, I should ask this person to forgive me for disagreeing, even if I know I was not wrong.

- A) True
- B) False

Test name: Identity in Christ

Question 1 of 20

When I fail I should quote Eph 1:7 which says I have redemption and forgiveness according to His grace

- A) True
 B) False

Question 2 of 20

When I feel rejected, 1 Peter 2:9 says I am chosen, royal, holy and purchased

- A) True
 B) False

Question 3 of 20

Sometimes I feel weak and I should remember Col 1:11 - I am strengthened with all Gods might

- A) True
 B) False

Question 4 of 20

When fear shows up, I quote 2 Tim 1:7 - I have love, power, and a sound mind because God did not send me fear.

- A) True
 B) False

Question 5 of 20

If I feel inadequate, Phil 4:13 says I can do all things through Christ

- A) True
- B) False

Question 6 of 20

If others gossip about me, I look to Gal 2:20 because I no longer live, but Christ lives in me.

- A) True
- B) False

Question 7 of 20

If my world feels like Chaos and confusion, I know God will give me the peace that passes all understanding in Phil 4:7

- A) True
- B) False

Question 8 of 20

When I feel bound by sin I quote Rom 8:2 because I am free from the law of sin and death.

- A) True
- B) False

Question 9 of 20

2 Cor 5:21 says that "I am the righteousness of God" therefore I do not need to defend myself to others

- A) True
- B) False

Question 10 of 20

When my friends fail me, I know that I have a friend that sticks closer than a brother (Prov 18:24)

- A) True
- B) False

Question 11 of 20

When God seems distant I remember Hebrews 13:5 because He will never leave me or forsake me.

- A) True
 B) False

Question 12 of 20

Sometimes my mind is confused but Gods word says I have the mind of Christ in Phil 2:5

- A) True
 B) False

Question 13 of 20

If I am indecisive I know that my steps are ordered by God in Psalm 37:23

- A) True
 B) False

Question 14 of 20

When I feel like my life has no purpose, I read Jer 1:5 because He formed me in the womb and set up a plan for me.

- A) True
 B) False

Question 15 of 20

Sometimes my emotions are extreme and I quote Rom 12:2 because I am not conformed to a worldly pattern but my mind is being renewed.

- A) True
 B) False

Question 16 of 20

If I run out of money I know that Phil 4:19 says that God will supply all of my needs

according to His riches in Glory.

- A) True
- B) False

Question 17 of 20

If I doubt God about how things will work out, I can still press on toward the mark of His high calling in Phil 3:14

- A) True
- B) False

Question 18 of 20

When I feel unworthy I quote 2 Cor 5:17 because I am a new creation in Christ Jesus

- A) True
- B) False

Question 19 of 20

My bad habits and my past sometimes haunt me and I remember Rom 8:37 because I am more than a conquerer through Him who Loves me

- A) True
- B) False

Question 20 of 20

John 8:32 says if I sin and fall short I dwell on the truth and it will set me free.

- A) True
- B) False

Test name: New Believers

Question 1 of 20

I am a new creation when I accept Christ.

- A) True
 B) False

Question 2 of 20

I still should feel a little guilty from my past sins.

- A) True
 B) False

Question 3 of 20

Christ has set me free from guilt and shame.

- A) True
 B) False

Question 4 of 20

I should ask forgiveness from God and people (if possible) when I have sinned against someone.

- A) True
 B) False

Question 5 of 20

I will be more saved or more righteous when I have been a Christian a little longer.

- A) True
 B) False

Question 6 of 20

Christ has paid the price for my sin 100%. I can not work harder or behave better for God to love me more.

- A) True
 B) False

Question 7 of 20

I should tell others that Christ has come into my life.

- A) True
 B) False

Question 8 of 20

What ever God does in my life is a private matter. I do not have to make it public such as being baptized in front of people.

- A) True
 B) False

Question 9 of 20

If I was sprinkled as a child, I should not be baptized as an adult.

- A) True
 B) False

Question 10 of 20

Baptism is not required for me to be saved.

- A) True
 B) False

Question 11 of 20

Baptism is expected by God for every Christian as an outward sign of faith.

- A) True
- B) False

Question 12 of 20

The Bible says God casts my sins into a "sea of forgetfulness"

- A) True
- B) False

Question 13 of 20

My sins are as far away as the east is from the west.

- A) True
- B) False

Question 14 of 20

My Salvation is dependent on Jesus' work on the cross, even if I misbehave or sin again.

- A) True
- B) False

Question 15 of 20

The Bible says that God's spirit "bears witness" with my spirit that I am a child of God.

- A) True
- B) False

Question 16 of 20

I can never really know for sure that I am saved until the day I die and stand before God.

- A) True
- B) False

Question 17 of 20

Eternal life is a free gift, I can not earn it.

- A) True
 B) False

Question 18 of 20

God has NO plans for my future, it is all up to me.

- A) True
 B) False

Question 19 of 20

God says for me to forget what is in the past.

- A) True
 B) False

Question 20 of 20

I should pray, read my Bible and go to church if I want to grow spiritually.

- A) True
 B) False

Test name: Obedience

Question 1 of 20

Jesus said, "If you love me, you will obey me"

- A) True
 B) False

Question 2 of 20

God gets angry with you every time you disobey his laws.

- A) True
 B) False

Question 3 of 20

You can obey all of Gods laws and still not love him.

- A) True
 B) False

Question 4 of 20

Obeying people has nothing to do with obeying God

- A) True
 B) False

Question 5 of 20

Obedience is the goal, even if you have a bad attitude about complying.

- A) True
 B) False

Question 6 of 20

If you disobey and God forgives you, He will always take away the consequences for your actions.

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- A) True
 B) False

Question 7 of 20

Most often when we disobey, we will reap what we sow.

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- A) True
 B) False

Question 8 of 20

The best way to show God you love Him is to obey His laws.

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- A) True
 B) False

Question 9 of 20

Obedying human authorities is another way you show God that you trust Him.

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- A) True
 B) False

Question 10 of 20

It is always easy to obey all of God's laws if you are truly a Christian.

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- A) True
 B) False

Question 11 of 20

Today, Christians only need to obey the laws in the New Testament.

- A) True
 B) False

Question 12 of 20

The best reason why you should obey God's laws is so you will not go to hell

- A) True
 B) False

Question 13 of 20

Loving God and loving people will motivate you to obey rules.

- A) True
 B) False

Question 14 of 20

God wants everyone to become a Christian

- A) True
 B) False

Question 15 of 20

God wants everyone to obey the Bible, even if we don't understand it all

- A) True
 B) False

Question 16 of 20

Since the Bible does not have any laws about smoking it is OK for Christians to smoke.

- A) True
 B) False

Question 17 of 20

It is normal, or common to excuse our lack of obedience because friends, or leaders do not always obey.

- A) True
- B) False

Question 18 of 20

I will stand before God and give an account for my actions.

- A) True
- B) False

Question 19 of 20

If I don't know for sure what the rules are, It is better to ask for forgiveness instead of asking for permission.

- A) True
- B) False

Question 20 of 20

When I make a mistake, or slip up, God uses guilt and shame to get my attention.

- A) True
- B) False

Test name: Relationships / Friendships**Question 1 of 20**

All of my friends will be in my inner circle.

- A) True
 B) False

Question 2 of 20

some of my friends will be with me as long as I serve their best interests.

- A) True
 B) False

Question 3 of 20

Some of Jesus' friends abandoned him in his hour of need.

- A) True
 B) False

Question 4 of 20

Just because someone is in my family, it does not mean that they will always be my close friend.

- A) True
 B) False

Question 5 of 20

If I want friends, I must first show myself friendly to others.

- A) True
 B) False

Question 6 of 20

If I have a few close friends in my inner circle, that may be all I get in my lifetime.

- A) True
 B) False

Question 7 of 20

In John 15:15, Jesus made it clear that we are His servants.

- A) True
 B) False

Question 8 of 20

A man of many companions may come to ruin.

- A) True
 B) False

Question 9 of 20

Job lost his friends in the Bible because he held on to his faith.

- A) True
 B) False

Question 10 of 20

Jesus had 3 close friends in his inner circle.

- A) True
 B) False

Question 11 of 20

The Bible says that we should be equally "yoked" together with unbelievers.

- A) True
- B) False

Question 12 of 20

The Bible says that "Iron sharpens Iron", so your friends character will rub off on you.

- A) True
- B) False

Question 13 of 20

If a person is a Christian and your friend, he will never let you down.

- A) True
- B) False

Question 14 of 20

Putting people on a pedestal, will set you up for disappointment.

- A) True
- B) False

Question 15 of 20

Jesus should be your best friend above all others.

- A) True
- B) False

Question 16 of 20

Putting people ahead of God is a form of Idolatry.

- A) True
- B) False

Question 17 of 20

Amos 3:3 says that people can walk together in a close relationship, even if they disagree about important values.

- A) True
 B) False

Question 18 of 20

If you claim to be in the light and hate your brother, You are lying and deceive yourself.

- A) True
 B) False

Question 19 of 20

You should take time and choose friends wisely, don't just follow people who are quick to pursue you.

- A) True
 B) False

Question 20 of 20

If you put God first in your life, you may have to drop some friends.

- A) True
 B) False

Test name: Self Acceptance Assessment

Question 1 of 42

I often use inappropriate attempts to hide my personal defects

- A) yes
- B) no

Question 2 of 42

I often over react or feel an attachment to clothes or fashion

- A) yes
- B) no

Question 3 of 42

I need things or titles as status symbols

- A) yes
- B) no

Question 4 of 42

Change of hair color frequently

- A) yes
- B) no

Question 5 of 42

Inability to trust God in basic areas of life

- A) yes
- B) no

Question 6 of 42

Conformity to fads

- A) yes
 B) no

Question 7 of 42

Excessive shyness and self-consciousness

- A) yes
 B) no

Question 8 of 42

Inability to love others

- A) yes
 B) no

Question 9 of 42

Self-criticism

- A) yes
 B) no

Question 10 of 42

Wishful comparison with others

- A) yes
 B) no

Question 11 of 42

Attitudes of superiority and sophistication

A) yes

B) no

Question 12 of 42

Mocking physical features in others

A) yes

B) no

Question 13 of 42

Disabling fear of failure

A) yes

B) no

Question 14 of 42

Continuous underachievement

A) yes

B) no

Question 15 of 42

Name dropping

A) yes

B) no

Question 16 of 42

Social climbing

A) yes

B) no

Question 17 of 42

Inability to accept a life partner

- A) yes
 B) no

Question 18 of 42

Flattery of admired people

- A) yes
 B) no

Question 19 of 42

Extravagance in purchasing items, overspending

- A) yes
 B) no

Question 20 of 42

Living beyond my income to impress others

- A) yes
 B) no

Question 21 of 42

Hypersensitivity to criticism

- A) yes
 B) no

Question 22 of 42

"Fishing" for compliments

- A) yes
 B) no

Question 23 of 42

Neglect of appearance or bodily care

- A) yes
- B) no

Question 24 of 42

Boisterous or argumentative behavior

- A) yes
- B) no

Question 25 of 42

Criticism of other people

- A) yes
- B) no

Question 26 of 42

Inability to give compliments

- A) yes
- B) no

Question 27 of 42

Inability to receive compliments

- A) yes
- B) no

Question 28 of 42

Down-grading personal abilities

- A) yes
 B) no

Question 29 of 42

Flirting with the opposite sex

- A) yes
 B) no

Question 30 of 42

Overdone makeup

- A) yes
 B) no

Question 31 of 42

over use of elevator shoes, boots, or high heels

- A) yes
 B) no

Question 32 of 42

Excessive talking, or rambling on

- A) yes
 B) no

Question 33 of 42

Unhealthy preoccupation with diets, or weight controll

- A) yes
 B) no

Question 34 of 42

Forcing my children to excel

- A) yes
 B) no

Question 35 of 42

Poor eye contact

- A) yes
 B) no

Question 36 of 42

Need for constant approval

- A) yes
 B) no

Question 37 of 42

Comparison of unchangeable features

- A) yes
 B) no

Question 38 of 42

Bizarre or overly dramatic actions or statements

- A) yes
 B) no

Question 39 of 42

Rejection of family or background

- A) yes
 B) no

Question 40 of 42

Exaggeration of achievements

- A) yes
 B) no

Question 41 of 42

Neglect of family to please others

- A) yes
 B) no

Question 42 of 42

Violation of standards to be popular

- A) yes
 B) no

Test name: Self Acceptance 2

Question 1 of 20

God loves only those people who are Christians

- A) True
 B) False

Question 2 of 20

God never disciplines Christians

- A) True
 B) False

Question 3 of 20

God's laws say to love neighbors and your enemies.

- A) True
 B) False

Question 4 of 20

If you do not accept yourself, or love yourself, you will not be able to love others with the love God gives you.

- A) True
 B) False

Question 5 of 20

God planned how every person should look in their physical appearance.

- A) True
 B) False

Question 6 of 20

God is the most important person to love.

- A) True
- B) False

Question 7 of 20

A person should thank God for the mother and father he/she has, even if you do not approve of their character flaws.

- A) True
- B) False

Question 8 of 20

The two greatest laws in the Bible talk about sex.

- A) True
- B) False

Question 9 of 20

In 1 Corinthians 13:4 it says that love is not as important as having powerful faith.

- A) True
- B) False

Question 10 of 20

If you accept yourself, this means that you may have to endure through physical limitations or challenges with your body or appearance.

- A) True
- B) False

Question 11 of 20

God wants you to compare yourself with other people so you can see if you are better than they are

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- A) True
 B) False

Question 12 of 20

God hates atheists and people who reject Him.

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- A) True
 B) False

Question 13 of 20

God says the way a person looks on the outside is more important than inward beauty

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- A) True
 B) False

Question 14 of 20

If you want to accept yourself and have a positive self image, you must be thankful for the parents you have.

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- A) True
 B) False

Question 15 of 20

Accepting yourself may include accepting your families history and how that effects you today.

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- A) True
 B) False

Question 16 of 20

God wants you to accept the things in your life that you cannot change.

-
- A) True
 B) False

Question 17 of 20

When a person does not accept himself, he is really saying he doesn't like the way God made him.

- A) True
 B) False

Question 18 of 20

It is more important to have faith than to show love to another person.

- A) True
 B) False

Question 19 of 20

I am convinced that God has an awesome future in store for me.

- A) True
 B) False

Question 20 of 20

God allows some Christians to be healed and prosper financially. Some Christians suffer for their faith. Not everyone has the same course in life, therefore God must love some more than others.

- A) True
 B) False

Test name: Temptation

Question 1 of 25

If you resist the devil, he will stop tempting you and run away from you.

- A) True
 B) False

Question 2 of 25

The best way to prepare for temptation is to draw closer to God

- A) True
 B) False

Question 3 of 25

After you become a Christian, God wants you to ignore your desires.

- A) True
 B) False

Question 4 of 25

Jesus was never tempted as hard as people are today

- A) True
 B) False

Question 5 of 25

Satan always wants me to think about the end results of doing what he is tempting me to do.

- A) True
 B) False

Question 6 of 25

God has promised to fill all of our needs

- A) True
 B) False

Question 7 of 25

When Satan tempts people to sin, he usually tells them he is tempting them.

- A) True
 B) False

Question 8 of 25

God commands Christians to get rid of sinful desires

- A) True
 B) False

Question 9 of 25

There is nothing a Christian can do to prevent any temptation coming from the devil.

- A) True
 B) False

Question 10 of 25

When people give in to temptation, they usually experience temporary satisfaction and pleasure in what they are doing.

- A) True
 B) False

Question 11 of 25

I should never run away from something that is causing me to be tempted

to sin

- A) True
- B) False

Question 12 of 25

No matter how much time you spend preparing for temptation, Satan will still tempt you to sin

- A) True
- B) False

Question 13 of 25

When a person gives in to temptation, it is usually easier to give in to the same temptation again.

- A) True
- B) False

Question 14 of 25

The best way to get rid of sinful desires is to ignore them

- A) True
- B) False

Question 15 of 25

When a person is tempted to sin, he should immediately curse the devil.

- A) True
- B) False

Question 16 of 25

Satan will never try to make you feel guilty for giving in to temptation after you confess your sin to God

- A) True
 B) False

Question 17 of 25

If I fill my needs God's ways, Satan won't have as many opportunities to tempt me in those areas.

-
- A) True
 B) False

Question 18 of 25

It is a sin to be tempted.

-
- A) True
 B) False

Question 19 of 25

I should always talk to God every time I am being tempted

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- A) True
 B) False

Question 20 of 25

If a person lets his desires get out of control (feeds on them & dwells on them), then temptations to sin can become too hard to resist

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- A) True
 B) False

Question 21 of 25

It is okay to think about doing what you are tempted to do, just so you don't do it.

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- A) True
 B) False

Question 22 of 25

After you give in to a particular temptation, you should make a vow to God that you will never give in to that temptation again

- A) True
- B) False

Question 23 of 25

When I am tempted to sin, I should always try to discover the need (or the root) that Satan is trying to get me to meet.

- A) True
- B) False

Question 24 of 25

According to Proverbs 24:16 a Christian can fail up to 4 or 5 times before he is condemned.

- A) True
- B) False

Question 25 of 25

There is now no condemnation for those who are in Christ. I must learn to repent and move forward when I sin.

- A) True
- B) False