

## **Emotional Sins...**

*Your Emotions are the “gateway” to your spirit –*

*external / internal, - Shallow / deep, - Superficial / structural,  
Cosmetic / horsepower under the hood -*

*Most people don't get passed the GATE –  
Like the Tabernacle model...*

Are our emotions as God gives them, sinful? (what have we done with them?)

**Pete Scazzerro** says “you can not be spiritually mature if you are emotionally unhealthy and imbalanced”

Many of us minimize and reduce the consequence and responsibility of sin from ourselves. We “label” our issues as mere struggles. After all I’m ok and your OK, cause nobody’s perfect.

William Backus – “what your counselor never told you” - 7 deadly emotional sins  
Pride, envy, anger, greed, sloth, lust, gluttony,

Living by and being led by our “feelings” is carnal, secular, temporary, destructive, and eventually damning to our soul. God wants to go deeper into our SPIRIT.

It is a sin when our worship to God is “purely emotional” or “purely void of all emotion”. John 4:24 (in spirit and in truth)

---

**1. When anger turns to rage –**

**Cain**

violent, uncontrollable anger.

**2. When sadness turns to suicidal depression – Elijah, Jonah, Job, Saul**

severe despondency and void of all hope.

**3. When the “fear of God” is replaced with the fear of men – Aaron,**

an unpleasant emotion that someone or something is dangerous, likely to cause pain, or a threat.

**4. When Joy is reduced to worldly happiness –**

Great fulfillment, deep satisfaction /or fleeting waffling, vacillating 30 second smile

**5. When Love is reduced to lust –**

Deep unselfish committed affectionate gift / sensual passionate appetite to take

**6. When Peace is traded for anxiety –**

Tranquil freedom with harmony and order / or nervous worry and unease

---

Gen 4 - Cain was very angry, and his face was downcast. <sup>6</sup> Then the LORD said to Cain, “Why are you angry? Why is your face downcast? <sup>7</sup> If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.” <sup>8</sup> Now Cain said to his brother Abel, “Let’s go out to the field.”<sup>[d]</sup> While they were in the field, Cain attacked his brother Abel and killed him. <sup>9</sup> Then the LORD said to Cain, “Where is your brother Abel?” “I don’t know,” he replied. “Am I my brother’s keeper?”

"He sat down under a solitary broom tree and prayed that he might die. “I have had enough, Lord,” he said. “Take my life, for I am no better than my ancestors who have already died.” - 1 Kings 19:4

Prov 9:10 - The fear of the LORD is the beginning of wisdom, “The fear of man lays a snare, but whoever trusts in the LORD is safe” ([Proverbs 29:25](#)).

[Nehemiah 8:10](#)

And Nehemiah continued, “Go and celebrate with a feast of rich foods and sweet drinks, and share gifts of food with people who have nothing prepared. This is a sacred day before our Lord. Don’t be dejected and sad, for the joy of the Lord is your strength!”

**Psalm 28:7** - The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving. Reckless love of God... lyrics ... sing it...

### 1 John 2:16

For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world.

Mark 4:39 - Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm.

Phil 4:7 - And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

So what do we do?

One remedy... REPENT

SLOW down... commune with God, build your spirit