



Books by Dr. Backus

- Finding the Freedom of Self-Control*
The Good News About Worry
The Healing Power of a Christian Mind
The Hidden Rift With God
Learning to Tell Myself the Truth
Teaching Your Children to Tell Themselves the Truth
 (with Candace Backus)
Telling Each Other the Truth
Telling the Truth to Troubled People
Telling Yourself the Truth (with Marie Chapien)
What Your Counselor Never Told You

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Finding the Root of the Problem

- I'm tired of always comparing myself to others.
- My husband and I can't stop fighting.
- A friend of mine drinks too much.
- Some people make me so mad.
- My wife is constantly depressed.

ALL OF US HAVE STRUGGLES IN LIFE. We try to change our ways or thought patterns. We try to understand why life isn't going the way it should.

Perhaps you, your spouse, another family member, or a friend has needed some help. Visiting a counselor seemed to make no difference. No improvement. No breakthrough.

When healing doesn't occur or last, it may be because the root of the problem hasn't been exposed.

In *What Your Counselor Never Told You*, Dr. William Backus reveals the much ignored and denied basis for common emotional and psychological problems. Drawing from decades of research and practice, he shows that many distresses in life can be traced back to one of seven traits or characteristics, most commonly known as the Seven Deadly Sins. The key is understanding which of these traits are more dominant in your life, and therefore troublesome, and then learning how to embrace God's remedy.

**Includes Self-Assessment Questions
For Individual and Group Use**