Victim Mentality and SIN

victim

1) a person harmed, injured, or killed as a result of a crime, accident, or other event or action. synonyms: sufferer, injured party, casualty, injured person, wounded person; More

2) a person who is tricked or duped. "the victim of a hoax" synonyms: dupe, easy target, easy prey, fair game, sitting target, everybody's fool, stooge, gull, fool, Aunt Sally; More

3) a person who has come to feel helpless and passive in the face of misfortune or ill-treatment.

So to be fair, though it's not fashionable to say, I am in fact a victim by the very definitions of the term. I don't say this with any kind of pride or grand status but if I do have a victim mindset (I do) it's the result of my having been a literal victim. It's not just something I've made up in my head for attention or sympathy.

The Victim Mindset

We must confess and openly admit to having a 'victim' mindset. If you actively and habitually focus on the **<u>blaming</u>** of my perpetrators for what they did and for the subsequent deterioration of your mental health.

"It's not fair" - "I didn't ask for this" - "I didn't deserve this"

While it may be true, it is not a productive way to build your future and identity.

<u>SIN</u> - an immoral act considered to be a transgression against divine law.

To violate your relationship with God and what He wants for you.

The Holy Spirit will convict you and The Bible will instruct you as to Gods boundaries. When you cross those boundaries, you pull away from His plans.

We are born into sin, we inherit a sinful nature. We are not to continue in sin or choose sin over righteous, godly, or holy living.