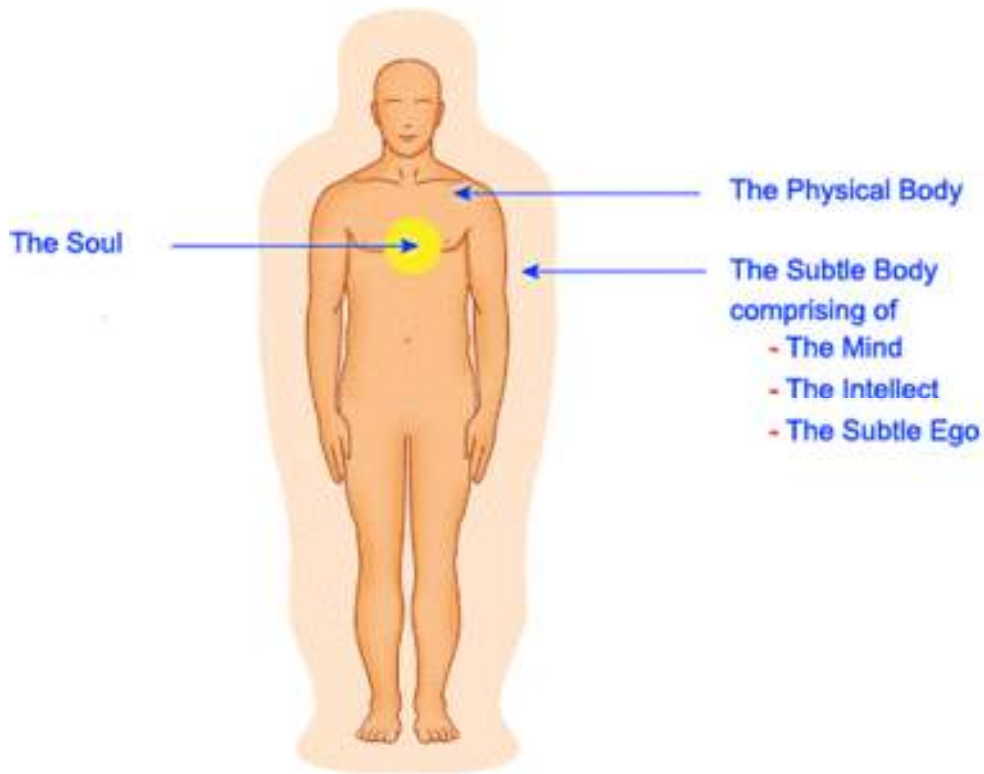


Spiritual emotion (Eternal) and **Behavioral Emotions** (Flesh, carnal, temporary).

“Cousins” - related but not “immediate family” or close enough to be the same.

1. What are emotions?

Emotions are feelings related to our worldly, material life. They are basically the attitudes of the conscious mind. Our emotions give us happiness or unhappiness, and they are related to our “flesh”. Hence in a state of emotion, we identify even more with our 5 senses, mind and intellect. It follows that being highly emotional makes us further entrenched in our worldly existence and increases our awareness about our own (selfish) existence. That is why being driven emotionally in nature takes us that much further away from God.



2. What are spiritual emotions?

On the other hand, spiritual emotion is a state of communion with God. Agape love, deep joy, supernatural peace. It is related to the sub-conscious mind - “heart”. When one’s spiritual emotion is awakened, our spirit is born again. The selfish feelings and worldly passions diminish.

3. How to differentiate spiritual emotion from worldly emotion?

Spiritual Maturity, and discernment are the key. Worldly is superficial, and fickle, Spiritual is deeper and more permanently attached.

In the case of a highly emotional person, many times behavioral emotion is mistaken for spiritual emotion, especially when it appears in a spiritual setting. For example this can happen when a person is in the throes of emotion in worship yet does not know or apply Biblical behavior in life.

Signs of Change from Carnal to Spiritual : (repentance)

Reduction in Ego.

Reduction in fleshly preoccupations.

Experience of selfless love without expectation to benefit.

Feeling after the expressions do not include remorse, emptiness, despondency, etc.