

More Definitions

- 1. Vulnerable** – being exposed and susceptible to physical or emotional attack or harm. in need of special care, support, or protection because of age, disability, or risk of abuse or neglect. Someone who is completely and rawly open, unguarded with their heart, mind, and soul. Being vulnerable happens when you trust completely. surrender of all control and personal power in regards to letting someone close enough to destroy you!
- 2. Transparent** – clear and without cover up. Self-evident, undisguised, allowing light to pass through so that objects behind can be distinctly seen. easy to perceive or detect.
- 3. Cultivate** – prepared for looking beneath the surface. Dig deep, break up, make ready for planting something new. apply oneself to improving or developing
- 4. Assumption** – not verified, a thing that is accepted as true or as certain to happen, without proof. Belief that comes from arrogance or presumption.
- 5. Withdrawal** – to remove or eliminate participation. Interrupt progress.
- 6. Immaturity** – not fully grown, or ripe. Half finished. To stay juvenile or adolescent.
- 7. Perspective** – an impression from only one viewpoint. Appearing larger or smaller than reality. An attitude or opinion toward one way of regarding something.
- 8. Discomfort** – slight pain, awkwardness, nervous confusion, distress, inconvenient nuisance.
- 9. Disengagement** – process of separating or releasing influence or control. Detached, no longer committed.
- 10. Avoidance** – to keep away from. Prevent affiliation, move in another direction.
- 11. Pretense** – an attempt to make something that is not the case appear true. a false display of feelings, attitudes, or intentions. the practice of inventing imaginary situations in play
- 12. Rationalization** – attempt to explain or justify (one's own or another's behavior or attitude) with logical, plausible reasons, even if these are not true or appropriate. reorganize (a process or system) so as to make it more logical and consistent.