

**Test name:** Emotions 5

**Question 1 of 20**

Rick Warren says that our ability to feel is a gift from God.

---

- A) True
- B) False

**Question 2 of 20**

He goes on to say that the 3 common extreme behaviors are Emotionalism, Rationalism and Stoicism.

---

- A) True
- B) False

**Question 3 of 20**

In his message we learn that the mind represents intellect, the soul represents our will, and the heart represents emotions.

---

- A) True
- B) False

**Question 4 of 20**

Our feelings are often unreliable. You cannot depend on how you feel and you do not have to accept how you feel.

---

- A) True
- B) False

**Question 5 of 20**

Proverbs 14:12 says that there is a way that appears to be right but in the end it leads to death.

---

- A) True
- B) False

**Question 6 of 20**

Because I do not want to be manipulated, I will control my emotions or they will control me.

---

- A) True
- B) False

**Question 7 of 20**

Proverbs 25:28 says that like an open city with no defenses is the man with no check on his feelings in the NLT.

---

- A) True
- B) False

**Question 8 of 20**

Satan's favorite tool is negative emotions, such as fear, resentment, jealousy, envy, bitterness, worry, anxiety, and shame. If you do not know how to manage your emotions, you are helpless against Satan.

---

- A) True
- B) False

**Question 9 of 20**

If feelings are my god, then God cannot be God.

---

- A) True
- B) False

**Question 10 of 20**

Romans 8:6-8 says that the mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. Those who are in the realm of the flesh cannot please God.

---

- A) True
- B) False

**Question 11 of 20**

1 Peter 4:2 says that from now on you must live the rest of your earthly lives controlled by God's will and not by human desires.

---

- A) True
- B) False

**Question 12 of 20**

In order to manage an unwanted feeling, I must name it, because you cannot manage a vague feeling. Identify your feeling. If you cant name it your cant change it.

---

- A) True
- B) False

**Question 13 of 20**

If I am going to tame a wild emotion, I must have will power and work hard. Zach 4:6 teaches that we can overcome if we are strong.

---

- A) True
- B) False

**Question 14 of 20**

Once a week I should ask God to fill me with His spirit and help me watch my mouth.

---

- A) True
- B) False

**Question 15 of 20**

There are 12 symptoms of unhealthy emotions in the EHS notes.

---

- A) True
- B) False

**Question 16 of 20**

One of the symptoms is ignoring the Ungodly Emotions such as anger, sadness, and fear.

---

- A) True  
 B) False

**Question 17 of 20**

It is a problem when we divide our Lives into "Secular" and "Sacred" Compartments.

---

- A) True  
 B) False

**Question 18 of 20**

Many people are guilty of Spiritualizing Away Conflict.

---

- A) True  
 B) False

**Question 19 of 20**

There are 7 principles to part B of the EHS assessment.

---

- A) True  
 B) False

**Question 20 of 20**

There are 24 pages of quotes from Peter Scazzero about EHS.

---

- A) True  
 B) False