#### MASQUERADE—5 HIDING YOUR HURT

## • THERE IS <u>HOPE</u> BEYOND THE <u>HURT</u>.

Find rest, O my soul, <u>in God alone</u>; my hope comes from him. <sup>6</sup> He alone is my rock and my salvation; he is my fortress, I will not be shaken. <sup>7</sup> My salvation and my honor depend on God; he is my mighty rock, my refuge. <sup>8</sup> Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. Psalm 62:5-8

#### IF YOU ARE THE ONE HURTING

### • FIND HOPE, HEALING AND COMFORT IN GOD.

I am with you and will save you,' declares the Lord. Jeremiah 30:11

What is your hurt? What hurt are you concealing?

### **TWO WAYS GOD HEALS**

# 1) GOD HEALS THROUGH HIS <u>PEOPLE</u>.

*Rejoice with those who rejoice; <u>mourn with those who mourn</u>.* Romans 12:15

Praise be to the God...the <u>Father of compassion</u> and the <u>God of all</u> <u>comfort</u>, 4 who comforts us in <u>all our troubles</u>, so that we can comfort those in any trouble with <u>the comfort we ourselves have received from</u> <u>God</u>. 2 Corinthians 1:3-4

# 2) GOD HEALS THROUGH HIS <u>PRESENCE</u>.

But as for me, <u>I will always have hope</u>; I will praise you more and more. Psalm 71:14

*God is our refuge and strength, an ever-present help in trouble.* Psalm 46:1

But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his <u>wounds we are healed</u>. Isaiah 53:5

Because God said, "Never will I leave you; never will I forsake you." Hebrews 13:5

He heals the brokenhearted and binds up their wounds. Psalm 147:3

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. <sup>2</sup> I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." Psalm 91:1-2

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup> neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. Romans 8:38-39