

BAGGAGE – 1 “BAGGAGE CHECK”

For I am poor and needy, and my heart is wounded within me...Help me, O LORD my God; save me in accordance with your love... For he (the LORD) stands at the right hand of the needy one, to save his life from those who condemn him. Psalms 109:22,26 & 31

BAGGAGE CHECK

- **ACKNOWLEDGE YOUR BAGGAGE.**

"Therefore I will not keep silent; I will speak out in the anguish of my spirit.... Job 7:11

Give a name to your baggage:

LETTING GO OF BAGGAGE

- **GOD, HELP RENEW MY MIND WITH TRUTH.**

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

You were taught...to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds... Ephesians 4:22-23

What wrong mindset needs to be renewed?

- **GOD, HELP RESTORE WHAT'S LOST.**

Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up. Psalms 71:20

But I will restore you to health and heal your wounds,' declares the LORD... Jeremiah 30:17

What does God want to restore in your life?

- **GOD, HELP ME RELEASE MY OFFENDER.**

Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. Colossians 3:13

But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be sons of the Most High... Luke 6:35

Who do you need to forgive?
