

# DELIVERANCE

To free from bondage or restraint. To liberate, redeem or rescue.

PS 18:2 The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge.

2 Peter 2:9— the Lord knows how to rescue godly men from trials

Deut.3: 22 You shall not fear them, for the Lord your God shall fight for you.

Isaiah 54:17 No weapon formed against you shall prosper

Isa. 59:19 - When the enemy shall come in like a flood, the Spirit of the Lord will lift up a standard against him and put him to flight

Matthew 4:10 Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.' "

Luke 10:19 Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

John 8: 32 Then you will know the truth, and the truth will set you free." They answered him, "We are Abraham's descendants and have never been slaves of anyone. How can you say that we shall be set free?" Jesus replied, "I tell you the truth, everyone who sins is a slave to sin

2 Cor 10:3,4 For though we live in the world, we do not wage war as the world does. <sup>4</sup> The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

Ephesians 6: 11-12 Put on God's whole armor of God, that you may be able successfully to stand up against the strategies and the deceits of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

1 Peter 5: Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. <sup>9</sup> Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

1 John 4:4 You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

[John 16:33](#) "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Matt 12:43 - "When an impure spirit comes out of a person, it goes through arid places seeking rest and does not find it. <sup>44</sup> Then it says, 'I will return to the house I left.' When it arrives, it finds the house unoccupied, swept clean and put in order. <sup>45</sup> Then it goes and takes with it seven other spirits more wicked than itself, and they go in and live there. And the final condition of that person is worse than the first.

## **Steps and / or process:**

1. On rare occasions it may be an instantaneous work of the Holy Spirit during prayer. This must be followed up by filling yourself with God's word. (memorizing, meditating, and studying scriptures)
2. Pray for wisdom to see the root of the problem.  
(You should seek counsel at this time, but not be totally dependent on a counselor for answers. Ask the Holy Spirit to reveal the root of the problem)
3. Take responsibility and stop blaming others.
4. Repent and confess the sin openly
5. Forgive anyone who has hurt or offended you.
6. Clean your closet, your cabinet, your desk drawer, or any place that might harbor temptation for sin (booze, magazines, etc.)
7. Be accountable to a spiritual authority or friend.

MT 6:13

And lead us not into temptation, but deliver us from the evil one. '

***Unresolved issues*** such as trust, abandonment, rejection, forgiveness, denial, enabling, etc., can lead to “self medicating” or trying to fix a problem with alcohol, drugs, sex, food, over spending, etc.

## **1. Handling conflict** (learning new skills to work through issues)

Are you passive, assertive, aggressive (passive/aggressive) ?  
“assertive” is the only healthy disposition.

- a. with family: kids, parents, siblings
- b. at work – co-worker, boss, employees
- c. with friends – neighbors, confronting— being confronted

## **2. Strongholds**

– addictions, unforgiveness, bitterness, - curiosity of ungodly philosophies, habits, or lifestyles.

## **3. Open doors**

– unresolved issues, entertainment, influences from worldly people (gossip, slander, rebellion) movies, games, etc

## **4. Protection**

– feeding / starving influences – prayer, reading (memorizing, speaking) Gods word