## **Overcoming Spiritual Strongholds**

Dr. Brandon Park | November 16, 2014

Are you fighting internal battles that seem to be getting the best of you? Have you ever felt like you were under attack? Have you ever felt like all hell was breaking loose in your life?

In Luke 4:31-37, the demonic spirit within a demon-possessed man began to cry out, "Leave us alone!" Satan would rather the church just leave him alone.

The less you understand of Satan's domain, the more he will be able to operate under the cover of \_\_\_\_\_\_.

In Acts 16:16, the Bible says that there was a woman who was going around harassing Paul and Silas and she had the demonic "spirit of python" (lit. in the Greek). In Genesis, Satan masquerades himself in the form of a serpent. A snake / serpent is a picture of how Satan wants to operate in our lives. A python doesn't kill with its bite or with its venom. It kills by wrapping itself around the victim and squeezing slowly and tightly. A python is after one thing — breath

nd squ	eezing slowly and tightly. A python is after one thing – <i>breath</i> .
	WHEN YOU ARE UNDER A
Peopl	e today know when they are having a heart attack because they have been educated as to the
	signs. I think a lot of time Christians are blindsided by spiritual attacks because they do not
	e warning signs to look for. Jentezen Franklin, in his book <i>The Spirit of Python,</i> points out
	arning signs when you may be under attack:
1.	. ,
	God wants to do in your life. When you have spiritual desire, your heart is on fire for God!
	(See Psalm 63:1.) But now, worldly pursuits are far more important and take the place of
	your pursuit of God. You just don't care about spiritual things any more. When you're
	under spiritual attack, the enemy seeks to constrict the desire for God in your life.
2.	Physical We are created beings—spirit, soul, and body. If my
	body is weak, it allows things to get into my mind (soul), and that allows things to
	negatively affect my spirit. (See story of Elijah in 1 Kings 19:1-4. Even after that tremendou
	victory, fatigue left Elijah open for attack and feeling like a failure.) Many times we face ou
	greatest attacks just before a great promotion or just after a great victory. Fatigue in your
	body wears on your mind.
3.	"" There are times when it seems that all of your resources
	dry up and/or break down at the same time. The enemy attacks in this way to get you to
	take your eyes off of God and put your eyes on money. He wants to get you to start
	worrying rather than worshipping. Always remember there are two times in your life
	when you are especially vulnerable to temptation: when you have and
	when you have Psalm 37:25, "I have been young, and now am old; Ye
	I have not seen the righteous forsaken, nor his descendants begging bread."
4.	Weak "Could you not watch with Me one hour?" Jesus asked
	His disciples. Then He told them, "Watch and pray, lest you enter into temptation. The spirit
	indeed is willing, but the flesh is weak" (Matt. 26:40-41). Just hours after saying this, Peter found
	himself under attack, and he denied that he even knew the Lord. In every failure of your life
	there are always two common denominators: a dusty and a broken-down
	Satan wants to squeeze prayer and Bible reading out of your agenda.
5.	Feeling and helpless. The word circumstance comes from two
	words: circum (encircle) and stance (stand). Sometimes it feels like you're standing but
	there is trouble all around you. If the enemy can get you to lose hope, he can get you to
	stop living by faith.
6.	Old and resurface. You find that old iniquities
	begin to resurface in your life. Some consider iniquities to be those old habits that your
	soul wants to fall back on when things aren't going your way—things that indulge the flesh
	When Moses led the Israelites out of Egypt, every time they encountered a little hardship
	they complained and wanted to go back – to SLAVERY! (Exodus 16:3).
7.	Pulling away from relationships. There was a time when you were in
	services every time the doors were opened. Look around. Have you pulled out of

relationships with people at church or with people in your small group? Are more and

more of your friends worldly-minded rather than spiritually-minded?

	orld than you do with people who serve Christ, you are not connected to the right people. church is a place of power. Satan's tactic is to divide and conquer. He wants to remove you be church and from the place of power so that He can gain power over you.
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	TO GIVE SATAN A IN YOUR LIF
The	vord "devil" comes from the Greek word diabolos. It's a compound word made up of the Gree
words a	ia and ballo. Dia means "through" and it has the idea of "penetrating something all the way
through	"The devil is looking for some sort of "entry point" to gain access into your life. The second
part of	hat word is balos, which means "to throw." The devil, diabalos, is one who repetitiously
	accusations at the mind until he ultimately penetrates.
	life will always move in the of the dominant images you allow to resid
•	mind. Those images become thoughts that will eventually become actions.
	Ephesians 4:22-27. Paul says that we are to FIRST put off the old way of life. SECOND, renew
-	nd and put on your new self. THIRD, "Do not give the devil a foothold" (vs. 27).
	S: Mountain climbing. A foothold doesn't have to be very big – just big enough to latch onto.
	ighold" or a "foothold" of Satan is anything that is associated with your old self that acts as a ent for the devil to gain ground, gain access, and gain power in your life.
-	n the disciples asked Jesus why they were unable to cast the evil spirit out of the child, Jesus
	his kind does not go out except by prayer and fasting" (Matt. 17:21). The Bible speaks of
•	or Vexing Spirits – they oppose your mind and body and bring
	depression, fear, and excessive worry. The enemy whispers "You just need to give up."
•	Spirits – these are evil spirits that are responsible for wrong
	teaching, false teaching, and wrong thought patterns (See 1 Tim. 4:1).
•	Spirits – there are higher-level territorial principalities that try
	to control certain areas. (See Daniel 10). There are concentrations of demonic spirits acros
	America where cities have become drug strongholds, sex-trafficking strongholds, etc.
If de	nons are left alone – they will continue to operate unhindered in the lives of people. According
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1.	Loss of <u>spiritual</u> <u>desire</u> . The goal is to turn you away from what
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	when you are especially vulnerable to temptation: when you have <u>nothing</u> and
	when you have everything . Psalm 37:25, "I have been young, and now am old; Yet
4	I have not seen the righteous forsaken, nor his descendants begging bread."
4.	Weak <u>prayer</u> <u>life</u> "Could you not watch with Me one hour?" Jesus asked His disciples. Then He told them, "Watch and pray, lest you enter into temptation. The spirit
	indeed is willing, but the flesh is weak" (Matt. 26:40-41). Just hours after saying this, Peter found
	himself under attack, and he denied that he even knew the Lord. In every failure of your life
	there are always two common denominators: a dusty  Bible and a broken-down
	altar . Satan wants to squeeze prayer and Bible reading out of your agenda.
5.	Feeling overwhelmed and helpless. The word circumstance comes from two
5.	words: circum (encircle) and stance (stand). Sometimes it feels like you're standing but
	there is trouble all around you. If the enemy can get you to lose hope, he can get you to
	stop living by faith.
6.	Old habits and lifestyles resurface. You find that old iniquities
٥.	begin to resurface in your life. Some consider iniquities to be those old habits that your
	soul wants to fall back on when things aren't going your way—things that indulge the flesh.

7. Pulling away from \_\_\_\_godly \_\_\_ relationships. There was a time when you were in services every time the doors were opened. Look around. Have you pulled out of relationships with people at church or with people in your small group? Are more and more of your friends worldly-minded rather than spiritually-minded?

they complained and wanted to go back - to SLAVERY! (Exodus 16:3).

When Moses led the Israelites out of Egypt, every time they encountered a little hardship

\*Your friends are a \_\_\_\_photograph\_\_\_ of your future. If you have more in common with people in the world than you do with people who serve Christ, you are not connected to the right people.

Your church is a place of power. Satan's tactic is to divide and conquer. He wants to remove you from the church and from the place of power so that He can gain power over you.

## II. \_\_\_Refuse \_\_\_ TO GIVE SATAN A \_\_\_\_Foothold \_\_\_\_ IN YOUR LIFE

The word "devil" comes from the Greek word diabolos. It's a compound word made up of the Greek words dia and ballo. Dia means "through" and it has the idea of "penetrating something all the way through." The devil is looking for some sort of "entry point" to gain access into your life. The second part of that word is balos, which means "to throw." The devil, diabalos, is one who repetitiously throws accusations at the mind until he ultimately penetrates.

Your life will always move in the <u>direction</u> of the dominant images you allow to reside in your mind. Those images become thoughts that will eventually become actions.

Read Ephesians 4:22-27. Paul says that we are to FIRST put off the old way of life. SECOND, renew your mind and put on your new self. THIRD, "Do not give the devil a foothold" (vs. 27).

ILLUS: Mountain climbing. A foothold doesn't have to be very big – just big enough to latch onto. A "stronghold" or a "foothold" of Satan is anything that is associated with your old self that acts as a placement for the devil to gain ground, gain access, and gain power in your life.

When the disciples asked Jesus why they were unable to cast the evil spirit out of the child, Jesus said, "This kind does not go out except by prayer and fasting" (Matt. 17:21). The Bible speaks of...

- Tormenting or Vexing Spirits they oppose your mind and body and bring depression, fear, and excessive worry. The enemy whispers "You just need to give up."
- <u>Deceiving</u> Spirits these are evil spirits that are responsible for wrong teaching, false teaching, and wrong thought patterns (See 1 Tim. 4:1).
- Territorial Spirits there are higher-level territorial principalities that try
  to control certain areas. (See Daniel 10). There are concentrations of demonic spirits across
  America where cities have become drug strongholds, sex-trafficking strongholds, etc.

If demons are left alone – they will continue to operate unhindered in the lives of people. According to Ephesians 6:12, demons are identified as "the rulers of the darkness of this world." Rulership has the idea of authority. A demon's level of authority is based upon the <u>darkness</u> in a person's life. The more darkness, the more authority they have. The light of God's Word dispels that darkness and that power is broken.

## III. Release GOD'S POWER TO Overcome YOUR STRONGHOLD

Satan has a threefold plan for you: 1.) CHOKE out your prayer life, 2.) CONSTRICT your faith, and 3.) CONFLICT your relationships.

Carrie Park quote: "Prayer is the battle, Faith is the key, Love is the antidote to make Satan flee."

- Prayer is the Battle. There are two things that are vital to a successful prayer life: a time of prayer and a place of prayer. In Acts 16, when Paul and Silas were going into the temple to pray that is when the woman with the Spirit of Python came to harass them. Satan wants to choke your prayer life. One of the greatest tragedies of prayerlessness is the <u>unemployment</u> of angels. When you don't pray, the spiritual battle that is going on in the unseen world begins to turn in your enemies favor. (Read Matthew 18:18). When you don't pray on a regular basis it's like you're not breathing
- Faith is the Key. When it comes to faith Satan wants to CONSTRICT. It
  was when Paul and Silas were going out on their first missionary journey. That was when
  they encountered this woman who had this demonic spirit of python. When you're trying to
  go further and expand your influence for the Lord, Satan will try to limit you by constricting
  your faith and vision. You feel like there's this invisible force around your business or
  around your ministry.
  - Love is the Antidote to make Satan Flee. Satan wants to cause conflict. 1 John 4:18 says, "Perfect love drives out fear." The way you love others whom you have a conflict with will drive the work of Satan out of your life. The words that you use can give power to the devil. Your words spoken in anger can be used as tools of Satan to destroy your relationships. Proverbs 18:21, "Death and life are in the power of the tongue." An atmosphere in the home where this is constant bickering, fussing, and feuding empowers the wrong kingdom.