

pas·sive-ag·gres·sive

adjective

adjective: **passive-aggressive**

- 1 of or denoting a type of behavior or personality characterized by indirect resistance to the demands of others and an avoidance of direct confrontation, as in procrastinating, pouting, or misplacing important materials.

Passive-aggressive behavior is the indirect expression of hostility, such as through [procrastination](#), [stubbornness](#), sullen behavior, or deliberate or repeated failure to accomplish requested tasks for which one is (often explicitly) responsible.

a "pervasive pattern of negative attitudes and [passive resistance](#) to demands for adequate performance in social and occupational situations." Passive-aggressive behaviour often utilises [malicious compliance](#); that is, veiling one's intent to not do something in performing the specific task in such a way that an unwanted result is caused.

Ten things Passive Aggressive people say...

1. "I'm not mad."
2. "Fine." "Whatever."
3. "I'm coming!"
4. "I didn't know you meant *now*."
5. "You just want everything to be perfect."
6. "I thought you knew."
7. "Sure, I'd be happy to."
8. "You've done so well for someone with your education level."
9. "I was only joking"
10. "Why are you getting so upset?"

8 Examples:

1. Resenting the demands of others
2. Deliberate procrastination
3. Intentional mistakes
4. Hostile attitude
5. Complaints of injustice and lack of appreciation
6. Disguising criticism with compliments
7. The last punch
8. The silent treatment

A defense mechanism that allows people who aren't comfortable being openly aggressive get what they want under the guise of still trying to please others. They want their way, but they also want everyone to still like them.

Passive Aggressive people in the Bible -

The words of his mouth were smoother than butter, but war was in his heart:

his words were softer than oil, yet were they drawn swords.

Psalms 55:21 KJV

Jezabel - (see article below)

Rom 1: But God shows his anger from heaven against all sinful, evil men who push away the truth from them. **19** For the truth about God is known to them instinctively; God has put this knowledge in their hearts. **20** Since earliest times men have seen the earth and sky and all God made, and have known of his existence and great eternal power. So they will have no excuse when they stand before God at Judgment Day.

21 Yes, they knew about him all right, but they wouldn't admit it or worship him or even thank him for all his daily care. And after a while they began to think up silly ideas of what God was like and what he wanted them to do. The result was that their foolish minds became dark and confused.

22 Claiming themselves to be wise without God, they became utter fools instead. **23** And then, instead of worshiping the glorious, ever-living God, they took wood and stone and made idols for themselves, carving them to look like mere birds and animals and snakes and puny[g] men... So it was that when they gave God up and would not even acknowledge him, God gave them up to doing everything their evil minds could think of. **29** Their lives became full of every kind of wickedness and sin, of greed and hate, envy, murder, fighting, lying, bitterness, and gossip. **30** They were backbiters, haters of God, insolent, proud, braggarts, always thinking of new ways of sinning and continually being disobedient to their parents.

31 They tried to misunderstand,[h] broke their promises, and were heartless—without pity. **32** They were fully aware of God's death penalty for these crimes, yet they went right ahead and did them anyway and encouraged others to do them, too.

Always associated with LIES:

Their tongue is as an arrow shot out; it speaketh deceit: one speaketh peaceably to his neighbour with his mouth, but in heart he layeth his wait. Jeremiah 9:8 KJV

Thine habitation is in the midst of deceit; through deceit they refuse to know me, saith the LORD. Jeremiah 6:9 KJV

Then the LORD said unto me, The prophets prophesy lies in my name: I sent them not, neither have I commanded them, neither spake unto them: they prophesy unto you a false vision and divination, and a thing of nought, and the deceit of their heart. Jeremiah 16:16 KJV

He who hates, disguises [it] with his lips, And lays up deceit within himself; Proverbs 26:24

Hatred is covered by deceit, His wickedness will be revealed before the assembly. Proverbs 26:26

A ROOT of fear -

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7 KJV

Christian Article:

Passive-aggressive behavior is very destructive. Like driving a wedge between people, it is an incubator for hurt and resentment. Over time, the hurt and resentment accumulate and gain strength.

Those in relationships with passive-aggressive people may have feelings of hurt, betrayal, confusion, and insecurity. The person acting with passive-aggressive behavior may feel rejected. This dysfunctional relationship may eventually destruct—ending in loss of employment, loss of friendship, estrangement or even divorce.

The passive-aggressive person resists agreement in covert ways. A passive-aggressive person may *appear* to agree with what is to happen and then he or

she sabotages the situation by not following through (inaction) or by undermining it (action). In other words, a person doesn't agree, but fails to state their objection to the situation. This is a defense mechanism for avoiding emotional pain. A passive-aggressive person does not like confrontation. Some may not even be conscious of what they are doing.

From a biblical stand point, passive-aggressive behavior would be considered a stronghold (mindset). People in relationships become frustrated with the behavior of passive-aggressive people. This frustration is a mild form of anger. Over time, frustration becomes stronger and can grow to outward displays of full-blown anger, resentment, or rage resulting in severe dysfunction and the likely break-up of the relationship.

Romans 7:15-20

¹⁵ I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁶ And if I do what I do not want to do, I agree that the law is good.

¹⁷ As it is, it is no longer I myself who do it, but it is sin living in me.

¹⁸ I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.

¹⁹ For what I do is not the good I want to do; no, the evil I do not want to do--this I keep on doing. ²⁰ Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

Apostle Paul is stating that our sin nature (flesh) is greatly influencing us to sin. To be set free from our own passive-aggressive behavior, we need to figure out why we do this. It should be known that passive-aggressive behavior is a symptom of something deeper. So many times Christians pray for the symptoms rather than the root causes. Subsequently, they don't receive healing.

Ahab is passive. Jezebel is aggressive. Together, they create a deadly, codependent power couple who wants to steal, kill and destroy anyone who stands in their way.

Although Jezebel is the aggressor of this corrupt codependent couple, Ahab is aggressive in his own right—just not outwardly so.

Understanding the concept of codependency is vital to recognizing the Jezebel-Ahab dynamic.

Merriam-Webster's dictionary defines codependency as a "psychological condition or a relationship in which a person is controlled or manipulated by another who is affected with a pathological condition"; or, more broadly, "dependence on the needs of or control by another."

Ahab was dependent on Jezebel's control, and Jezebel was dependent on Ahab's needs. Together they ebbed and flowed to get what they wanted from each other—and to get each other to do what they wanted.

Of course, codependency isn't reserved for Jezebel-Ahab type relationships. You can be codependent without coming under the influence of a Jezebel or an Ahab spirit. But where you find Jezebel, you often find a codependent Ahab and vice versa.

Passive-Aggressive Codependents in Action

In the 1 Kings 21 account, we witnessed passive-aggressive codependents in action. Jezebel executed her aggressive plan perfectly, using passive Ahab, fearful eunuchs and others to do away with her opposition. Although these individuals were clearly influenced by spirits, modern psychology attempts to explain these behaviors, and we can learn plenty about the workings of Jezebel and Ahab from a quick study.

According to the New York University (NYU) Langone Medical Center, a person with a passive-aggressive behavior pattern "may appear to comply or act appropriately, but actually behaves negatively and passively resists." This is what Ahab did when Naboth told him no. On the surface, he seemed to comply with Naboth's wishes and went away peacefully. But he behaved negatively—climbing into bed and refusing to eat—in passive resistance.

NYU also lists symptoms of passive-aggressive personality disorder. These include a contradictory and inconstant behavior: "A person with this behavior pattern may appear enthusiastic to carry out others' requests, but purposely performs in a manner that is not useful and sometimes even damaging." This characterizes Ahab's entire reign. He accepted the crown and committed to keeping a covenant with the

Lord, only to marry a foreign woman who brought foreign gods into the land. He then went on to give her authority that didn't belong to her, and she used it to kill the prophets of Jehovah and innocent Naboth.

Master Blame-Shifters

Passive-aggressive personality disorder is also characterized by intentional avoidance of responsibility, NYU reports: "Some behaviors that may be used to avoid responsibility include: procrastination—to delay or postpone needlessly and intentionally; deliberate inefficiency—purposefully performing in an incompetent manner; forgetfulness." Finally, NYU lists several other traits, many of which we can apply directly to Ahab from the Naboth incident alone.

For example, NYU points to "feelings of resentment toward others."

Ahab resented Naboth for not handing over his vineyard.

Stubbornness is another passive-aggressive trait. Ahab was stubborn against God's will. Passive-aggressive people also tend to be argumentative. Ahab argued with Elijah, calling him his "enemy" (1 Kin. 21:20) and one who "troubles Israel" (1 Kin. 18:17).

Jezebel's Unexpressed Anger

Both Jezebel and Ahab have unexpressed anger or hostility. Ahab never expressed his anger or hostility toward Naboth—he let Jezebel handle it. NYU's list of characteristics of passive-aggressives include being easily offended, being resentful of useful suggestions from others, blaming others, being sulky and being chronically impatient. Again, keep in mind, please, that not everyone you meet who manifests passive-aggressive traits has an Ahab or Jezebel spirit. You may just be dealing with an immature person who saw that type of behavior modeled on the home front or in the workplace and unconsciously adopted the pattern. But where you find Jezebel and Ahab, you will find these characteristics.

Passive-aggressive traits—arguing, resenting, blaming, sulking and impatience—are essentially works of the flesh but can be fortified by demon spirits if we do not work with the Holy Spirit to grow in the grace of Christ. When we embrace rather than reject the flaws in our souls, the Holy Spirit shows us we are walking on dangerous ground.