

# **REJECTION:**

We all want honor and respect,

but too often we feel dismissed and our presence is not validated.

## **We can feel rejected when:**

**As a kid -** We didn't get chosen for the team, or we were the last one chosen

Our friend chose to play with someone else

Our parents are too busy to listen

The girl in jr high went to the dance with the other guy

## **As an adult -**

Passed over for a promotion at work

Credit denied, couldn't make enough to pay the bills and your spouse blames you

Experience social rejection in a room full of people and you don't measure up because of clothes, neighborhood, lack of talent, sense of humor, attractive, overweight, kids don't excel in school, car you drive...

You come to church and don't know enough about the bible or how to volunteer

Ps 34:17-20

When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all.

Ps 27:10 -

For my father and my mother have forsaken me, but the Lord will take me in.

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Famous preacher quote:

So many are in prison because they won't accept themselves. So many are so gifted and talented, but they won't express themselves because they fear rejection. They fear man. They fear what people will think. I want to love My people, but they hold Me at arms length and won't let Me really love them because they have been hurt by others. They fear I will reject them because of their weaknesses—like people have—but I will never reject them

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Here are some lesser known facts that describe the various effects rejection has on our **emotions, thinking, and behavior**. Let's begin by examining why rejection hurts as much as it does:

- 1. Rejection piggybacks on physical pain pathways in the [brain](#)**
  - 2. Tylenol reduces the emotional pain rejection elicits.** In a study testing the hypothesis that rejection mimics physical pain
  - 3. We can relive and re-experience social pain more vividly than we can physical pain.**
  - 4. Rejection destabilizes our "Need to Belong."**
  - 5. Rejection creates surges of [anger](#) and aggression.**
  - 6. Rejections send us on a mission to seek and destroy our [self-esteem](#)**
  - 7. Rejection temporarily lowers our IQ**
  - 8. Rejection does not respond to reason**
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## Our sin creates rejection – (alienation)

Genesis 3 - The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. <sup>7</sup> At that moment their eyes were opened, and they suddenly felt shame at their nakedness.

**GOD WILL SOMETIMES  
END A RELATIONSHIP  
FOR YOUR PROTECTION.  
DON'T CHASE AFTER THE  
PERSON HE'S TRYING TO  
SAVE YOU FROM. -@TRENTSHELTON**

John 8:4 “Teacher,” they said to Jesus, “this woman was caught in the act of adultery. <sup>5</sup> The law of Moses says to stone her. What do you say?” <sup>6</sup> They were trying to trap him into saying something they could use against him, but Jesus stooped down and wrote in the dust with his finger. <sup>7</sup> They kept demanding an answer, so he stood up again and said, “All right, but let the one who has never sinned throw the first stone!” <sup>8</sup> Then he stooped down again and wrote in the dust. <sup>9</sup> When the accusers heard this, they slipped away one by one, beginning with the oldest, until only Jesus was left in the middle of the crowd with the woman. <sup>10</sup> Then Jesus stood up again and said to the woman, “Where are your accusers? Didn’t even one of them condemn you?”

<sup>11</sup> “No, Lord,” she said. And Jesus said, “Neither do I. Go and sin no more.”

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## **Christ was rejected –**

Ps 118:22 The stone that the builders rejected has become the cornerstone.

**John 1:11** - He came to his own, and his own people did not receive him.

**John 7:5** - For even his own brothers did not believe in him.

Luke 4: When they heard this, all in the synagogue were filled with rage. <sup>29</sup> They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. <sup>30</sup> But he passed through the midst of them and went on his way.

## **Jesus in Mathew 8-**

**He healed the leper, he healed the centurians servant, he healed Peters mother in law, cast out 2 devils, he calmed the storm (all in this chapter) they quote Isaiah “He took up our infirmities, and bore our diseases”.** Then – in verse 17 –

Then the whole town went out to meet Jesus. And when they saw him, they pleaded with him to leave their region.

\*Triumphal entry was one week before the last supper

and being traded for Barabas

## **Chorus from the song “ABOVE ALL” –**

**Crucified, Laid behind the stone, You lived to die  
Rejected and alone**

**Like a rose trampled on the ground, You took the fall  
And thought of me, Above all**

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## **When people reject our witness –**

Luke 10:16 - the one who rejects you rejects me, and the one who rejects me rejects him who sent me.”

John 15:8 –

“If the world hates you, know that it has hated me before it hated you.

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## **Because of our wounded spirit... We have rejected God –**

**Our Pride says we have the right to be hurt, we feel entitled to compensation.**

Genesis 3 - When the cool evening breezes were blowing, the man and his wife heard the LORD God walking about in the garden. So they hid from the LORD God among the trees. <sup>9</sup> Then the LORD God called to the man, “Where are you?” <sup>10</sup> He replied, “I heard you walking in the garden, so I hid. I was afraid because I was naked.”

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<sup>1</sup> Samuel <sup>10</sup> - <sup>17</sup> Later Samuel called all the people of Israel to meet before the LORD at Mizpah. <sup>18</sup> And he said, “This is what the LORD, the God of Israel, has declared: I brought you from Egypt and rescued you from the Egyptians and from all of the nations that were oppressing you. <sup>19</sup> But though I have rescued you from your misery and distress, you have rejected your God today and have said, ‘No, we want a king instead!’

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**Ps 94:14** - For the Lord will not forsake his people; he will not abandon his heritage;

**MOST CHRISTIANS DON'T  
HEAR GOD'S VOICE BECAUSE  
WE'VE ALREADY DECIDED WE  
AREN'T GOING TO DO  
WHAT HE SAYS.**

**A.W. TOZER**

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