

“**Attachment disorder** is a broad term intended to describe **disorders** of mood, behavior, and social relationships arising from a failure to form normal attachments to primary care giving figures in early childhood.”

**Reactive attachment disorder (RAD)** is described in clinical literature as a severe and relatively uncommon **disorder** that can affect children.<sup>[1][2]</sup> RAD is characterized by markedly disturbed and developmentally inappropriate ways of relating socially in most contexts. It can take the form of a persistent failure to initiate or respond to most social interactions in a developmentally appropriate way—known as the "inhibited form"—or can present itself as indiscriminate **sociability**, such as excessive familiarity with relative strangers—known as the "disinhibited form". The term is



“**Abandonment** fears typically stem from childhood loss, such as the loss of a parent through death or divorce, but they can also result from inadequate physical or emotional care. These early-childhood experiences can lead to a fear of being abandoned by the significant people in one's adult life.” Mar 25, 2016

## What are abandonment issues?

At their core, abandonment issues are intense fears of being rejected by another. These fears often act as barriers to meeting new people or prevent you from getting emotionally close to another. Concerns over being hurt and the ensuing emotional pain often serve fuel for the “fear of abandonment” engine. The paradox going is that many who hold these fears also happen to struggle with **codependency issues**.