

4 realms of prayer

We must pray in the spirit, our flesh does not want to pray and doesn't know how

Emotion

Aggression

My will / persistence

Intellect- Analyze and reason

Only by the spirit!

Quiet yourself and listen, then the spirit

Will lead you into Gods presence

It must be private

It must be silent

Issues don't arise when you pray, they are

Are revealed...now you know what to pray

Worldly meditation says to empty your mind

Godly meditation says fill your mind with Gods word

4 realms:

1. Requesting - worry is a useless attempt to control
2. Reference- worship in response to Gods character
3. Resisting - spiritual warfare, resist the devil, rebuke the devourer
4. Reading - get his word into you