# SO OTHERS NAY LIVE:

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#### FOREWARD

When I was first asked to be a part of Band of Brothers, I said "No." Thursday nights were my night with my family. I only have Fridays off, and I was really good at cramming things into the other days to stay very busy.

By the time the second Wave rolled around, and knowing that I was bummed about not being in the first Wave, I made a decision to change some things. I was going to give up my softball night (cutting something out of my schedule to make room) so that I could be a part of BOB.

I've made some really bad choices in my life, but I can say, without a doubt, that this was *not* one of them! I got plugged in the best that I could and gave as much as I could. What I saw in that Wave was amazing. Stories of guys giving up drug and alcohol addictions, humbling themselves to confess affairs, porn addiction after porn addiction, on top of several other stories that were brought to our Platoon Time each week.

Having been involved in ministryfor a number of years, as well as a pastor at a church in Tulsa, OK, one thing that stands out to me is that men do not like to talk! They don't like to share their junk with anyone, for fear of looking like a failure. Band of Brothers is something special. Not only are guys opening up and sharing their stories, but they are drawing together in a tight knit biblical community that creates a very intense accountability. It's an environment that is very authentic and literally allows a guy to walk up to you and call you out on something, break down and ask for prayer, or swallow his pride and ask for help.

Your life-changing story is about to be rewritten. God loves showing off and will start with you, if you allow the kind of transparnecy and accountability in your life that Band of Brothers has to offer. You have the opportunity to regenerate your life and your heart, in ways that you never thought possible. In turn, your story can be used to encourage others who are where you USED to be.

I can't say how honored I am to be a part of a group of men that have such a heart for the Church. These men have taken up their crosses and have become the hands and feet of Christ to those around them. They are always looking for ways, places, and people to serve, giving their lives to the call of Christ...

SO OTHERS MAY LIVE!!

Rob Beckley lead singer, *Pillar* 

#### PREFACE

Why are we here?

#### SO OTHERS MAY LIVE!!

From the very beginning of the Band of Brothers Men's Ministry, our number one priority was to get the men of the Church plugged into a strong brotherhood. One where they would not just show up every other week, read a few verses from the Bible, answer a couple of soft-ball questions, and then shoot the breeze about their golf game or their latest investment for the next half hour.

Our goal was that they would find the heart of God for their lives as they began to learn what it meant to lay everything down, so that others might find life through their sacrifice.

The amazing thing is — it has worked!! We have seen marriages restored, addictions broken, and even entire churches re-energized through the hearts and the sacrifice of the men that have gone through Band of Brothers. For the first time in a long time, we've seen guys actually get excited about going to a men's group and being intentional about getting connected with other men in the church. And that excitement has been infectious. Each Wave has grown in ways that we could never have expected, and we consider ourselves truly blessed and honored that God has entrusted us with this ministry.

So what will Band of Brothers look like for you? First of all, if you just stumbled upon this book online or in a book store, we ask that you would prayerfully consider finding a group of other men to go through this together. One of the biggest hurdles for guys is opening up to other men, and leaning on them for strength and prayer and accountability. Yes, you could just go through this study all on your own, but we promise you – the results will be so much greater if you surround yourself with a group of guys, your "Platoon" for the next ten weeks.

If you got this book through an already established Band of Brothers regiment, and you are getting ready to go through an official 10-week Wave – well, prepare to get uncomfortable! If, at the end of this 10 weeks, you have not felt challenged or stretched or had someone get in your face – you either faked your way through the whole study, or your Platoon Leader failed to do his job.

We have spent far too many years on the sidelines of the true "Christian" walk. The men of the Church have grown apathetic and lazy, and have given over much of the leadership to the women. We have denied the responsibilties we have been entrusted with, in exchange for Sunday afternoon football and frisbee golf.

#### IT STOPS NOW.

Make the decision, in your heart, right now, that you will give 110% for the next ten weeks.

Commit to being "all-in" for the men in your Platoon, *EVERY WEEK*, whether you know any of them or not. That means you show up, not just physically, but mentally and emotionally, *EVERY WEEK*.

Commit to being brutally honest and transparent about where you are in life right now, regardless of how foolish you might think you look.

Commit to "hiding God's Word in your heart" by memorizing the memory verse each week, and allowing it to transform the way you think and react to all of life's circumstances.

Commit to chase after God with your life – not just on Sunday mornings – but every moment of every day of every week.

Yeah, you're probably gonna fail at it, and you might crash and burn in disastrous and spectacular ways. But if you commit, right now, that you will pick yourself up, dust yourself off, and <u>STAY CONNECTED</u> with your Savior and your brothers, we guarantee the results will be much different than they have been for you in the past.

So are you ready? God has an amazing journey all planned out for you – all you have to do is take the next step...

We are so very excited that you have decided to join us on our journey. We pray that God will open up your heart, that He would move in powerful ways in your life, and that He would pour out His blessings upon you and the men that come alongside of you, as together you let go of **YOU** and pick up your crosses so that others can find life through Jesus Christ!

Why are we here?

#### SO OTHERS MAY LIVE!!

#### Michael Butters

Executive Director, Band of Brothers Men's Ministry, Inc.

#### MEMORY VERSES

"So I run with purpose in every step..." 1 Corinthians 9:26

"Put on all of God's armor so that you will be able to stand firm against all of the strategies of the devil." Ephesians 6:11

"For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." 2 Timothy 1:7

"Remember the Lord, who is great and awesome, and fight for your brothers..." Nehemiah 4:14

"The Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Matthew 20:28

"Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood."

Hebrews 12:3-4

"The Lord is close to the brokenhearted; He rescues those whose spirits are crushed." Psalm 34:18

"Learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:29

"The Lord has told you what is good, and this is what He requires of you: to do what is right, to love mercy, and to walk humbly with your God." Micah 6:8

"I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me..." Acts 20:24

# 1 THE DISCIPLINED SOLDIER

#### **MEMORY VERSE:**

"So I run with purpose in every step..." 1 Corinthians 9:26

"Discipline is the soul of an army. It makes small numbers formidable; procures success to the weak, and esteem to all."

- George Washington

ATTEN	DANCE
STUDY	GUIDE

Discipline. Simply say the word in today's churches and most people, especially the guys, get turned off. Although they may not say it out loud, what most of them are thinking (and what you and I are thinking if we're really honest) is, "Hey, I'm at church to sing some songs I really like, get fed spiritually by the pastor, and maybe catch up with a few people while I'm here. Discipline sounds too much like hard work, and I do enough of that at my job. Besides, we just want to be about grace, not works... Right?"

The attitude of most Christians in America today is that discipline is too traditional. Too legalistic. It's just not any fun. But if you're willing to dig deep into God's Word, His 'instruction manual' for His church, you'll find that the idea of discipline is firmly rooted throughout the Old and the New Testaments.

The apostle Paul was one of the strongest voices for leading a disciplined life as you follow Jesus Christ. In 1 Timothy 4:8-10, Paul tells us that,

"Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come. This is a trustworthy saying, and everyone should accept it. This is why we work hard and continue to struggle, for our hope is in the Living God, who is the Savior of all people and particularly of all believers."

Think about it this way: think about an Olympic swimmer, or a NFL linebacker, or a champion marathon runner. To say that they live a disciplined life would be a serious understatement! They each spend countless hours in the gym, or on the field, or at the track, each and every week, year round. They monitor their speed, their calorie intake, their rest — every aspect of their life, with a dedication and drive that goes way beyond that of the normal, everyday guy at the office.

But look again at what Paul says: "Physical training is good, but training for godliness is much better..." All that time those guys spend training and working out and perfecting their bodies to be the best that they can be – that's good, **BUT** there's something a whole lot better out there to train for.

Paul keeps this line of thought going in 1 Corinthians 9:24-25, once again using athletics to paint a picture for us:

"Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should."

When Paul talks about "disciplining his body like an athlete, the Greek word he used was the word, "doulagogeo." The definition of this word is:

# "To make a slave and to treat as a slave, i.e. with severity, subject to stern and rigid discipline."

That doesn't sound much like the half-hearted attempt that most of us make at Christianity, does it? The road that Paul is pointing us down in these verses is not an easy one. It will demand your time, your energy, and ultimately your life. But the prize at the end is well worth the sacrifice. The importance of that statement cannot be overlooked: *THE PRIZE AT THE END IS WELL WORTH THE SACRIFICE!* If you truly believe that, then you will begin to order your steps, running with purpose in every single one of them.

At this point, some of you may be thinking to yourself, "What the heck did I get myself into?! I'm really not looking for this kind of challenge in my life right now. All I was wanting was to hang out with these guys for a few weeks ad then check it off my list of 'Things I Need to Do to Be a Good Person...'"

Well, that may be the case. That might have been all you had in mind to get out of being a part of Band of Brothers. But what if God has a bigger plan for your life? Aren't you tired of sitting on the bench? Aren't you ready to get in the game? To make an impact? To leave a legacy? Aren't you ready to become that "one" that truly makes a difference in this world?

The Greek philosopher Heraclitus put forth the challenge in these powerful words:

"Out of every one hundred men, ten shouldn't even be there, eighty are just targets, nine are the real fighters, and we are lucky to have them, for they make the battle. Ah, but the one, one is a warrior, and he will bring all the others back."

Doesn't that stir something way down deep inside of you? Can't you feel a part of you crying out, "I want to be the one!!" Here's a news flash for you: **YOU WILL NOT GET THERE BY ACCIDENT**. It's not just gonna fall into your lap one day. The walk of a fully devoted follower of Christ is one that is intensely purposeful. You will have to learn to be disciplined. But again, the prize is worth it. As Paul said, it is an "eternal prize." It is the embrace you'll get on the other side, as your Savior and King wraps his arms around you and says, "Well done, good and faithful servant!"

. . . . . .

So lets get practical. We know that there is a prize of great worth at the finish line. We know that the road to get there is a long one, and, as Jesus told us in *Matthew 7:14*, the road is narrow and the gate is small. We also know just from living with ourselves that it's gonna take a *LOT* of discipline to keep us headin' in the right direction. So how do we get started on that road? What's our first step? Teddy Roosevelt said,

# "I dream of men who take the next step instead of worrying about the next thousand steps."

So let's take it one step at a time...

. . . . . . .

Let's go once again to the analogy of athletics. With the abundance of fast food chains and 24 hour gyms, we have turned into a culture of "before and after" pictures. Most of us are pretty good at "letting ourselves go" and enjoying our pizza and beer a little too much. Next thing you know, you're looking at pictures from last summer's beach vacation, wondering how in the world did you end up looking like that?! So you get out the camera, stand there in your gym shorts with a pathetic look on your face, and snap your "before" shot. What that photograph represents is an honest, in-your-face representation of where you're at right now. There's no PhotoShop editing, no fancy lighting to try to hide the imperfections – it's all there for you to see.

For our purposes, the evaluation on the next page is your "before" photo. Your first step on this road is to take a look at each of these areas, and honestly assess where you're at in each discipline. Where are you the most "flabby?" What are some of the key areas you really want to start working out? Under each discipline, write down **WHY** you rated yourself at that level. Again, be honest in your assessment of yourself. Once you've finished your assessment, and identified why you rated yourself at that level, share with your Platoon what your 2 biggest areas of struggle are:

EVALUATION:										
	Do	or			0	K			Gr	eat
BIBLE STUDY	-	-		4	5				_	
PRAYER	1	2	3	4	5	6	7	8	9	10
MEMORIZING SCRIPTURE	1	2	3	4	5	6	7	8	9	10
SHARING THE GOSPEL	1	2	3	4	5	6	7	8	9	10
SERVING OTHERS	1	2	3	4	5	6	7	8	9	10
<b>LEADING</b> (at home, work, etc)	1	2	3	4	5	6	7	8	9	10
PURITY	1	2	3	4	5	6	7	8	9	10

Good. You've got your "before" picture in front of you. You know how you stand right now in your Christian walk. So what next? It's time to start dreaming. It's time to get a vision for your life, because as Proverbs 29:18 says,

<sup>&</sup>quot;Where there is no vision, the people perish."

Now is where you take a look into the future, and you begin to see in your mind what that "after" picture could look like. Where is your life falling apart right now as a result of your lack of discipline?

- Is it your marriage?
- Your relationship with your kids?
- If you're single, is it your dating life, or lack of it?
- Is it your struggle to find meaning in the mundane, the routine of life?
- Is it your job?
- Your finances?
- Your friendships?
- Or is it your relationship with God? Have you grown distant, or disconnected?
- Or maybe you know deep down that you never really have had a relationship with Him?

Whatever it is, it is time to get a vision for how you want your life to look at the end of this study. It's time to start exercising and stretching out those "faith muscles" — ask God to show you the impossible that could happen in your life. He is the Restorer of that which was lost, so don't be afraid to ask Him for those things which you thought could never happen! Not to make you feel insignificant, but seriously, who are you to say or think that God cannot or will not heal and forgive and restore and rebuild?

Write down the vision for what you want your life to look like below...

# WHAT IS MY VISION?

Awesome. Now lets connect those two photos. How do you get from that "before" pic of where you stand spiritually right now, to that "after" pic of where you want your life to be 10 weeks from now?

The answer is that you **DEVELOP AN ACTION PLAN**. As the saying goes, "If you fail to plan, you are planning to fail." The Bible puts it this way in Proverbs 21:5,

"The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty."

In other words, if you just try to jump right off the couch and start bench pressing 300 lbs, you're gonna get crushed!

Your last step in this chapter is: take a look back at those **2** big areas of spiritual discipline that you are struggling with. Now **COME UP WITH AT LEAST 1 ACTION STEP** that you want to work towards in both of those areas this week.

For example, if you are really struggling with Bible Study, your action step could be that you will commit to read the Bible at least 15 minutes, for 5 days this next week. Then, to keep yourself accountable, you could text or email your Platoon Sgt a specific verse that stood out to you each day, with a short explanation of what it meant to you...

Whatever it is, be specific with your action steps, and be intentional about including accountability with your Platoon Sgt and your brothers.

Most importantly, DON'T BE AFRAID TO CHALLENGE YOURSELF – YOU ARE CAPABLE OF FAR MORE THAN YOU THINK!!

#### **ACTION STEPS:**

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"It is one thing to praise discipline, and another to submit to it." – Miguel de Cervantes

"Whatever you do, work at it with all your heart, as working for the Lord, not for man..." – Colossians 3:23

# NOTES:

#### **MISSION OBJECTIVES:**

- Don't forget your memory verse!
- Be accountable to the men in your Platoon for the goals that you have set.

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"So I run with purpose in every step..." 1 Corinthians 9:26

# 2 SPIRITUAL WARFARE

#### **MEMORY VERSE:**

"Put on all of God's armor so that you will be able to stand firm against all of the strategies of the devil." Ephesians 6:11

"It is true that God may have called you to be exactly where you are. But, it is absolutely vital to grasp that He didn't call you there so you could settle in and live your life in comfort and superficial peace." – Francis Chan

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

So how did it feel to follow through on those one or two new action steps last week? Stay strong brother, and keep your focus. Remember, you are running with purpose in **EVERY** step now, and you've got a whole marathon ahead of you to perfect your stride. Lean on your brothers, and hang tough!

Spiritual warfare. What are your thoughts when you hear those words? Are they familiar terms in your vocabulary? Or does it make you feel like things just got a little weird around here...

For most of us, whether you've grown up in church or not, the whole idea of spiritual warfare, real-life battles between angels and demons and God vs. Satan, really sounds more Hollywood than anything else. Sure, we may acknowledge that we believe in God, and that there might be some sort of enemy out there fighting against us, but it's not something we actively engage our thoughts on throughout the day, is it?

Yet, if we get into God's Word, and start to truly read and study it, we begin to see that the idea of spiritual warfare is not only in the Bible, but it is happening behind the scenes in just about every book of the Bible. Take a look at Daniel 10, verses 12-21. Here we find Daniel in agony and confusion about a dream he just had – so much so that he hasn't been able to eat for three weeks! He's pretty much wiped out, on the ground, unable to move, when an angel comes to him and shares the following:

"Don't be afraid, Daniel. Since the first day you began to pray for understanding and to humble yourself before your God, your request has been heard in heaven. I have come in answer to your prayer. But for twenty-one days the spirit prince of the kingdom of Persia blocked my way. Then Michael, one of the archangels, came to help me, and I left him there with the spirit prince of the kingdom of Persia... Soon I must return to fight against the spirit prince of the kingdom of Persia, and after that the spirit prince of the kingdom of Greece will come. Meanwhile, I will tell you what is written in the Book of Truth..."

What an amazing, almost unbelievable passage of scripture! Spirit princes, archangels, heavenly battles... Seriously?!? These verses give us a window into the realities of what is happening all around us. The angel told Daniel that the moment Daniel began praying, he was dispatched to come to Daniel's aid. But along the way he apparently ran into some pretty fierce opposition, and for 3 weeks he had to battle this demon on his own until reinforcements came. Once his fellow soldiers got there, the angel was finally freed up to come to help Daniel out. Pretty crazy story, isn't it?!

In 2 Kings, chapter 6, we find another story that "opens our eyes" to the unseen things that are going on all around us. The prophet Elisha had been thwarting the attacks of the Aramean king upon Israel, constantly using his prophetic powers to warn the Israelites of the Aramean advances. Finally, the king of Aram got fed up with Elisha and had him tracked to a city called Dothan. He ordered his army to lay siege to the city, which is where the story picks up in verses 15-17:

"When the servant of the man of God (Elisha) got up and went out early the next morning, an army with horses and chariots had surrounded the city. "Oh, my Lord, what shall we do?" the servant asked.

Don't be afraid," the prophet answered. "Those who are with us are more than those who are with them."

And Elisha prayed, "O Lord, open his eyes so he may see." Then the Lord opened the servant's eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha."

At times, God didn't let His people see the spiritual armies around them, but instead He opened up their ears to hear the sounds of battle, as He did for King David and his men in 2 Samuel 5:23-25.

"So David inquired of the Lord, and the Lord answered, "Do not go straight up, but circle around behind them and attack them in front of the balsam trees. As soon as you hear the sound of marching in the tops of the balsam trees, move quickly, because that will mean the Lord has gone out in front of you to strike the Philistine army."

David did as the Lord commanded him, and he struck down the Philistines all the way from Gibeon to Gezer."

In the New Testament, in the book of Mark chapter 5, verses 2-10, we find Jesus again bringing to the forefront the reality of the "spiritual forces" that surround us:

"When Jesus got out of the boat, a man with an evil spirit came from the tombs to meet him. This man lived in the tombs, and no one could bind him anymore, not even with a chain. For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him... When he saw Jesus, he shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God?

Then Jesus asked him, "What is your name?"

"My name is Legion," he replied, "for we are many." And he begged Jesus again and again not to send them out of the area."

If you skip ahead to the last book of the Bible, all of a sudden the reasoning and the almost frightening truth behind all of this warfare is laid out for us. In the twelfth chapter of the book of Revelations, John is given a startling vision of what is happening in the heavens. The saga begins in verse 3:

"Then another sign appeared in heaven; an enormous red dragon with seven heads and ten horns and seven crowns on his heads. His tail swept a third of the stars out of the sky and flung them to earth. The dragon stood in front of the woman who was about to give birth, so that he might devour her child the moment it was born... Her child was snatched up to God and to His throne... And there was war in heaven. Michael and his angels fought against the dragon, and the dragon and his angels fought back. But he was not strong enough, and they lost their place in heaven...

Then the dragon was enraged at the woman and went off to make war against the rest of her offspring – those who obey God's commandments and hold to the testimony of Jesus."

Seriously, doesn't that sound like a storyline out of 'Lord of the Rings' or some movie like that? But that is straight from God's Word. And in case you haven't figured it out – the dragon and all of his angels are Satan and his demons, and the offspring of the woman that he is now coming after... yeah, that's you and me.

So what's the big deal? Why make so much fuss about something we cannot even see? Because it is absolutely critical that you understand this point:

When you decide be intentional and engage in the battle, you WILL get shot at, and pretty quickly you're gonna end up taking some hits.

# DISCUSSION:

So now that you have a better foundation to work from, within your platoon, talk about **WHY** you think it is so important to understand that we are in the midst of a spiritual battle. What are the implications?

"We are locked in a battle. This is not a friendly, gentleman's discussion. It is a life and death conflict between the spiritual hosts of wickedness and those who claim the name of Christ." - Francis A. Schaeffer

If you truly understand that you are getting ready to enter into a real battle, where you are going to get shot at, and you **WILL** get hit, are you willing to engage? No matter what is waiting for you on the frontlines?

If your answer is **YES**, make a verbal commitment to your platoon right now, and check the box below.



#### YES, I AM READY TO ENGAGE!!

Good! You've decided to join your brothers and enter into the battle — that is a *HUGE* decision, so do not take it lightly. Again, be prepared to start taking some shots. Up until now, there's a good chance that you haven't been a very big 'blip' on the enemy's radar. But now that your eyes are opened to his schemes and his desire to take you out, he's gonna do all that he can to get you out of the game. From the very first wave that we have gone through at Band of Brothers, we have consistently seen guys come under heavy fire *directly following this study*. Make no mistake, that is *NOT* a coincidence!

So what do we do now that we've made that commitment? Think about the WWII paratroopers you've seen in those old war movies or documentaries. When they had to make the jump into Normandy, they had to cram everything they could into big "leg bags" so that they would be ready for virtually any circumstance that they encountered when they hit the ground. Well, it is equally important that we put on all of the armor that God has given us as His soldiers so that we too can be fully prepared.

In Ephesians 6:11-13, the apostle Paul tells us to,

"Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm."

That sounds pretty cool, right? Put on all of God's armor. But what does that really mean? Is that just meant to fire us up, but not really give us any real kind of application? Absolutely not. Below you'll find some real, tangible

examples of what God's armor looks like, and how you can put it on every day. Prepare yourself soldier – the battle has just begun! Ephesians 6:14-18 (NIV84) tells us to, "Stand firm then, with the belt of \_\_\_\_\_\_ buckled around your waist, "I have chosen the way of truth; I have set my heart on your laws." Psalms 119:30 • "Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me." John 14:6 with the breastplate of \_\_\_\_\_ in place, "Dear children, do not let anyone lead you astray. He who does what is right is righteous, just as He is righteous." 1 John 3:7 "For in the Gospel a righteousness from God is revealed, a righteousness that is by faith from first to last, just as it is written: 'The righteous will live by faith.'" Romans 1:17 and with your feet fitted with the readiness that comes from the Gospel of "Consider the blameless, observe the upright; there is a future for the man of peace." Psalms 37:37 "Lord, you establish peace for us; all that we have accomplished you have done for us." Isaiah 26:12 In addition to all this, take up the shield of \_\_ with which you can extinguish all the flaming arrows of the evil one. "Now faith is being sure of what we hope for and certain of what we do not see." Hebrews 11:1 "Be on your guard; stand firm in the faith; be men of courage; be strong." 1 Corinthians 16:13

• "The Lord is my strength and my song; He has become my salvation. Shouts of joy and victory resound in the tents of the righteous." Psalms 118:14-15

Take the helmet of

 "My soul finds rest in God alone; my salvation comes from Him. He alone is my Rock and my salvation; He is my fortress, I will never be shaken." Psalms 62:1-2

and the sword of the S	pirit, which is the	

• "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work." 2 Timothy 3:16-17

And \_\_\_\_\_ in the Spirit on all occasions with all kinds of prayers and requests.

- "Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus." 1 Thessalonians 5:16-18
- "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7

With this in mind, be \_\_\_\_\_ and always keep on praying for all the saints."

• "Be self controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings." 1 Peter 5:8-9

As you can see, God is not a "meek and mild" God that is always on the defense. Yes, He provides powerful sheilds and helmets and all sorts of other armor, but take a look at the force of the offensive weapons he has given us: the sword of the Spirit, God's Holy Word, has been given to us freely – we can study it, memorize it, pray it over our homes and families – it has the answer to every problem, every circumstance we could ever face. And as the writer of the book of Hebrews stated,

"The Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Now **THAT'S** a weapon you'll want to have in your arsenal! Hopefully, since the last B.O.B. meeting, you have begun taking steps to bring His Sword into your life every day. If not, start today!!

There's one more thing you'll need to complete your uniform. You've got your armor and your sword — now it's time to cover all of it with your secret weapon: the power of prayer. The Bible says that even the demons know the Word of God. Satan himself quoted scripture when he tried to de-rail Jesus at the beginning of His ministry. So it's not enough to just study and memorize the Bible. You've got to have a constant connection with it's Author, or it's just another good history/self-help book.

Picture any group of soldiers as they're in the middle of battle. They've almost always got a radio operator in each unit, who is constantly relaying info back and forth between the men and their commanding officers. That's what it should look like for each of us as we engage the enemy in battle, with the exception being that we *ALL* have a radio strapped to our back. You can either choose to make use of it, and seek the wisdom and counsel and advice of the only One who can truly give it, or you can shut the radio off, ignore all the chatter, and try to fight the battle in your own strength and limited insight. But remember, Proverbs 19:21 tells us that,

"Many are the plans in a man's heart, but it is the Lord's purpose that prevails."

#### EVALUATION:

On a scale of 1-10, how would you rate your prayer life?

1 2 3 4 5 6 7 8 9 10

What does that tell you about your relationship with, and more importantly, your dependence upon Jesus?

\*\* Make a commitment to your brothers to spend time praying for each of them this week. Hold each other accountable! \*\*

"Convince your enemy that he will gain very little by attacking you. This will diminish his enthusiasm." – Sun Tzu

"All right, they're on our left, they're on our right, they're in front of us, they're behind us... they can't get away this time." – Lt. Gen. 'Chesty' Puller (when surrounded by 8 enemy divisions)

# NOTES:

#### MISSION OBJECTIVES:

- Don't forget your memory verse!
- Pray for your brothers this week, either in person, or by text or email. Doesn't matter how, just pray for them!

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"Put on all of God's armor so that you will be able to stand firm against all of the strategies of the devil." Ephesians 6:11

# 3 <u>Fear</u>

MFI	MΩ	RV	VFI	$RCF\cdot$

"For God has not given us a spirit of f	fear and timidity, but
of power, love, and self-discipline." 2	? Timothy 1:7

"Courage is being scared to death... and saddling up anyway." – John Wayne

ATTEN	DANCE
STUDY	<b>GUIDE</b>
MEMORY	VERSE

#### Welcome back soldier!!

So how was your week? Did you feel like you were more aware of the "strategies of the devil?" Did you come under fire from the enemy? If you did, then you can be certain that you are now fully on his radar. The great thing about it though is that once you are truly engaged in the battle, you are already on the path to victory! In the book of Revelation we get an amazing glimpse into the future, where we see Jesus leading His armies, standing triumphantly on the field of battle - what a glorious promise we have to hold on to!

. . . . . .

But let's get down to business. That victory is guaranteed, but it is a victory we may or may not see in our lifetime. In the meantime, we have very real battles to face, each and every day. As Oswald Chambers said,

# "We look upon the enemy of our souls as a conquered foe - so he is, but only to God, not to us."

God promises us in His Word that He will go with us into every battle we fight in His name, but that doesn't change the reality that many times, as we step into enemy territory, we get scared.

Fear is a part of all of our lives, whether we admit it or not. Usually even more so when we enlist into the Kingdom army. When we become followers of Christ, God does not take away all adversity, painful circumstances, or intimidating situations. He does not flip a switch that automatically makes us healthy, wealthy, and wise. No... Instead, more often than not, He calls us to step out of our comfort zones and face our fears on a daily basis. Like all true heroes of any good epic adventure, we are commanded to stay in the fight until the war is won, no matter how tough it gets.

In the first chapter of the book of Joshua, we find one of the greatest leaders of the Old Testament, Moses, dead on top of a mountain overlooking the land of Canaan. We also find his assistant, Joshua, now put in charge of literally millions of refugees, preparing to invade an entire region with the intent of driving out all of its inhabitants and setting up shop there permanently. God gives Joshua his marching orders, and then in verses 6-7, He gives him this command:

"Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them. Be strong and very courageous..."

God wasn't simply going to hand over the Promised Land to the Hebrew people – they would have to overcome their fears, and fight for what they were promised.

King Solomon, before he became the wisest man to ever rule the nation of Israel, first had to overcome his own fears. As his father, King David, was lying on his death bed, he handed over the throne and all it's responsibilities to young Solomon. In 1 Chronicles 22:12-13, King David gives him the very same command the Lord gave to Joshua:

"May the Lord give you discretion and understanding when He puts you in command over Israel, so that you may keep the law of the Lord your God. Then you will have success if you are careful to observe the decrees and laws that the Lord gave Moses for Israel. Be strong and courageous. Do not be afraid or discouraged."

Even Peter, the Rock of the early church, had to face his fears in the early days of the Church. The night that Jesus was taken captive by the Roman soldiers – hauled off under the cover of darkness to stand trial before the High Priest – Peter was forced to confront his fears when the people accused him of being one of Jesus' disciples. Unfortunately, as happens to so many of us, Peter fell victim to his fears, and he did the very thing he had said he never would – deny his friend and mentor, Jesus, in His hour of greatest need. Matthew 26:69-75 gives us the heart-wrenching account:

"Now Peter was sitting out in the courtyard, and a servant girl came to him. 'You also were with Jesus of Galilee,' she said.

But he denied it before them all. 'I don't know what you're talking about,' he said.

Then he went out to the gateway, where another girl saw him and said to the people there, 'This fellow was with Jesus of Nazareth.'

He denied it again, with an oath: 'I don't know the man!'

After a little while, those standing there went up to Peter and said, 'Surely you are one of them, for your accent gives you away.'

Then he began to call down curses on himself and he swore to them, 'I don't know the man!'

Immediately a rooster crowed. Then Peter remembered the word Jesus had spoken: 'Before the rooster crows, you will disown me three times.'

And he went outside and wept bitterly."

We all have fears. Sometimes we overcome them. Sometimes they overcome us. But as long as we are in these earthly bodies, we will have to face them in order to grow, no matter what area of life we are talking about. As C.S. Lewis said,

"Courage is not simply one of the virtues, but the form of every virtue at the testing point."

So how about you? What are the fears you are facing in your life right now? You can't say spiders or heights... *GO DEEP* with this one! Are you afraid of failing as the spiritual leader of your home? Are you afraid of leaving the security of your current job to go do what God has called and gifted you to do? Are you afraid of what it might mean to *REALLY* sell out for Christ? What is it that paralyzes you? Write it down, and be bold enough to share it with your group.

Here's where we get down to it. As a follower of Christ, you are called to lay down your life for *His* cause. Jesus himself tells us in Matthew 16:24-25 that

"If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it." Think about it: isn't pretty much **ALL** fear ultimately rooted in selfishness? Aren't we afraid of what might happen to **US**? What people might say or think about **US**? What **WE** might have to give up?

And here we have Jesus telling us that if we truly want to be His followers, we must turn from those selfish ways. He doesn't give us an option. He doesn't water anything down for us. You either trust Him, and follow where he leads, or you hang on to your fears, and you watch from the side of the road as He walks on by. The first step in letting go is to identify those fears. The second step is to figure out what you're gonna do about them.

#### ACTION STEP:

So what is  $\underline{\mathbf{1}}$  thing you will do this week to face your fears head-on? **BE SPECIFIC!** Write it down, and tell your Platoon and your Platoon Sgt so they can help lift you up in prayer and accountabilty this week.

Two final questions for this chapter:

- 1. Do you <u>TRULY</u> believe it is possible to live a life free from fear? Why or why not?

  (Be honest in your answer don't just give in to
  the "church-y" response)
- 2. What would your life look like if you could say with complete certainty:

  "I have no fear of anything that could happen to me or my family because I know without a doubt that God is in control."

write down your answers on the next page...

1.

Step out in boldness this week brothers! You cannot discover your purpose until you overcome your fears...

"Those who fear the Lord do not fear bad news; they confidently trust the Lord to care for them. They are confident and fearless and can face their foes triumphantly." – Psalm 112:7-8

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear." – Nelson Mandela

#### NOTES:

#### MISSION OBJECTIVES:

- Don't forget your memory verse!
- Be bold as you face your fears, and don't try to face them alone.
   Enlist the support of your brothers – that is what they are here for!

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

# 4 BROTHERHOOD

#### **MEMORY VERSE:**

"Remember the Lord, who is great and awesome, and fight for your brothers..." Nehemiah 4:14

"American soldiers in battle don't fight for what some president says on TV, they don't fight for mom, apple pie, the American flag...they fight for one another." – LTC Hal Moore

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

Well, men – you are now into week number four of Band of Brothers. What are your thoughts so far? Have those disciplines you began in week one stuck? It's been said that if you do anything for 21 days straight it will become a habit. What do you think – any new habits (good ones, that is!) forming in your life yet?

How did last week go as you stepped out of your selfishness, and stepped into trusting Jesus to handle your fears? It's not easy, but keep in mind the reward, that heavenly prize, that awaits the champion!

. . . . . .

This chapter is one of the most pivotal of the entire series of the Band of Brothers study. Buy into it, and you will find not only a group of guys that will hold you accountable for a bunch of memory verses and questions, but you will also become a part of a fellowship of true brothers for life. The kind of men that you can say without a doubt,

"From this day to the ending of this world, we in it shall be remembered – we few, we happy few, we band of brothers. For he today that sheds his blood with me shall be my brother." – Shakespeare, 'Henry V'

Unity. Brotherhood. For a lot of us men, especially those of us that are the "Lone Ranger" personalities that like to get everything done by ourselves, the idea of unity and true brotherhood is a foreign concept. Yeah, you may have your group of buddies that watch the big game together, or play poker together, or go get drinks after work together, but is that really what unity is all about?

Let's dig in, right at the start. Think back over the last three weeks. What were your toughest disciplines that you were struggling with in your life? What were your biggest fears? Your worst sins? You don't have to write them down again, just think back on all of it.

Now, being completely honest with yourself, on the next page, write down the names of 3 guys in your life that you could open up to with the tough stuff like this... anytime of the day or night – you could call them up and they would have your back...

1. 2. 3.

It's harder than you thought, isn't it? It might be easy to come up with the names of 2 or 3 guys from work that you can hang out with and complain about your jobs or your spouses or your favorite teams, but when it comes down to the stuff that really matters, who can you turn to? Yet God's Word is very clear on this point: a true man after God's heart will pursue real, Biblical brotherhood – not as a nice little addition to give him someone to hang out with on the weekends, but as an absolutely essential part of his Christian walk.

Take a look at the scriptures below, and let the weight of what the Bible says about unity among brothers really sink in:

"A friend loves at all times, and a brother is born for adversity." – Proverbs 17:17

"As iron sharpens iron, so one man sharpens another." – Proverbs 27:17

"Lead a life worthy of your calling, for you have been called by God. Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace." – Ephesians 3:1-3

"How good and pleasant it is when brothers live together in unity!" – Psalms 133:1

The Hebrew word for "live together in unity" in Psalm 133:1 is the word "yachad." Literally it can be translated "when brethren are joined in dwelling" or "when brethren dwell together." Or, in other words, when brothers do life together. Again, it is so much more than just meeting with a group of guys to watch a movie or talk about some Bible verses. It's about inviting each other into your homes. Praying over each other. Digging in and doing battle together when a brother is hurting. Celebrating with all that's inside of you when he succeeds.

#### THAT IS WHAT BROTHERHOOD IS ABOUT!

Can you see that brotherhood is important to God? In His wisdom, when He created each of us, He put inside of us different needs that could only be filled by others. There is the overarching need that He put in all of us to have a relationship with Him. Without that, you will have missed the point of life entirely, and you will have spent your years on this earth in pursuit of a whole lot of things that won't be worth a dime when you're dead.

He also placed inside of each of us a need for fellowship and community. You may be thinking you can do life all on your own, that you've been successful up to this point. But the truth is – you are missing out. You have settled for what you think is the "good life" because you honestly don't know any better.

So this is the challenge to you:

Open up.

Drop your guard.

Make the commitment before the men in your platoon **THIS WEEK** that you are ready to make that change. That you are ready to do battle with a Platoon of brothers at your side, instead of charging off to fight the enemy all on your own.

Men, there is something special that happens when you fight alongside your brothers. Those that have served in the military understand this. Even just going through boot camp together creates friendships that last a lifetime. But those relationships are forged with an unbreakable bond when they enter into the fires of battle together.

LTC Hal Moore, Commander of the 7<sup>th</sup> Cavalry in Vietnam, whose heroic leadership was made famous in the movie "We Were Soldiers," wrote these words about the brotherhood that is found in war:

"We killed for each other, we died for each other and we wept for each other. And in time we came to love each other as brothers. In battle our world shrank to the man on our left and the man on our right and the enemy all around. We held each other's lives in our hands and we learned to share our fears, our hopes, our dreams as readily as we shared what little else good came our way."

Or take this quote from the character 'Hoot', who, in the movie "Black Hawk Down," went through hell and back to go deep into enemy territory to rescue his brothers that were in danger:

"When I get home people will ask me, 'Hey Hoot, why do you do it man? Why? You some war junkie?' You know what I'll say? I won't say a g----n word. Why? They won't understand. They won't understand why we do it. They won't understand that it's about the men next to you, and that's it. That's all it is."

These guys got it. There is a strength that is found only in the foxhole next to your brother. As King Solomon wrote in Ecclesiastes 4:12,

A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

So lets go back a few pages. Take a look at the section where you were supposed to write down the names of 3 men in your life that you could truly call a brother. Did you write any names down? If so, after reading this chapter, do you still feel like those are the men that God has called you to do life with?

What if you didn't write any names down? Are you willing to take the next steps? Are you willing to open up to your platoon and let *them* fill those spaces?

# WHAT WILL IT TAKE FOR YOU TO GET TO THAT PLACE IN YOUR LIFE?

On the next page, write down at least  $\underline{\mathbf{2}}$  specific action steps you will take this week to start being intentional about developing relationships with your brothers, and share those steps with your Platoon.

# ACTION STEPS 1. 2.

The sacrifice is worth it. Your brothers need you, and you need them. If you choose to hold out on them, either they will fall in their time of need, or it will be you that falls. What will your choice be?

"The quest stands upon the edge of a knife. Stray but a little and it will fail. But hope remains, if friends stay true." – Lord Elrond, 'Lord of the Rings'

"A single twig breaks, but the bundle of twigs is strong." – Tecumseh



## MISSION OBJECTIVES:

- Don't forget your memory verse!
- Be intentional about strengthening your Platoon this week – get together with one or more of your brothers for lunch or coffee – do LIFE together!

## PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"Remember the Lord, who is great and awesome, and fight for your brothers..."

Nehemiah 4:14

## SPECIAL OPS: COMMUNION

Let's go back to the Old Testament, and look at one of the most powerful displays of God's judgement and mercy as you prepare your heart for communion this week.

At the end of the book of Genesis, we find the Hebrew people, once favored and welcomed by their host nation of Egypt, now enslaved under the rule of a new Pharoah. In the following book of Exodus, the people have lost hope for their freedom. A Hebrew man named Moses – raised as a child in the Egyptian ruler's household, then exiled for murdering an Egyptian foreman – now has returned from his time in the wilderness with a vision from God and a mission to free the Hebrew people from slavery.

In Exodus, chapter 7, Moses and his brother Aaron begin unleashing God's judgement upon the Egyptians, sending plague after plague on the entire nation in an effort to convince Pharoah to let the Hebrews go free. The Bible says that Pharoah's heart was hardened at each punishment though, until the full measure of God's wrath and glory was displayed in one final plague.

In the twelfth chapter of Exodus, the Bible says that the Lord went through the entire nation of Egypt, sending His death angel before Him, and killing the firstborn son of all the Egyptian families. As He was performing this awesome and terrifying work of judgement, He was also showing His undeserved mercy upon the Hebrew people. For any one of the Hebrew families that killed a lamb and painted it's blood on the doorposts of their home, the angel would pass over their home, sparing their first born, and sparing them from God's holy wrath. As they stayed hidden in their homes throughout that night, they ate a meal together that was very specifically descibed to the people by the Lord. This meal became known as the Passover meal, to celebrate the night that God called His people out of slavery, when He passed over their homes and set them apart.

Now let's skip ahead to the New Testament. In Matthew, chapter 26, we find Jesus and His disciples, just hours before He was to be arrested and beaten and tried before the Jewish Council, reclining at a table, celebrating together that very same Passover meal. It was at this meal that Jesus shared with His men the very first Communion Service of the Church. Matthew 26:26-28 tells us,

"While they were eating, Jesus took bread, gave thanks and broke it, and gave it to His disciples, saying, 'Take and eat; this is my body.' Then He took the cup, gave thanks and offered it to them, saying, 'Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins.'"

Just as hundreds of years earlier, God had called His people out of slavery, and they commemorated that night by celebrating the Passover meal togther, so you and I have been called out as well. God has called us out to be one people, unified under the banner of His Son, Jesus Christ. As you take part in Communion this week, our prayer is that you would realize that you are now part of a Brotherhood of Christ – that you have been called out, set apart to do life together in the service of your King, because of HIS blood that was shed, and HIS body that was torn. Celebrate in worship with your brothers, and honor the life that was laid down so you could be 'passed over,' and experience life and freedom and true brotherhood in the name of Jesus!

## ACTION STEP:

Celebrate communion with your Band of Brothers group this week

"When we drink the cup of blessing, aren't we taking into ourselves the blood, the very life, of Christ? And isn't it the same with the loaf of bread we break and eat? Don't we take into ourselves the body, the very life, of Christ? Because there is one loaf, our "many" ness becomes "one" ness.

Christ doesn't become fragmented in us. Rather, we become unified in him. We don't reduce Christ to what we are; he raises us to what he is." – 1 Corinthians 10:16-17

## 5 SERVANT LEADERSHIP

#### **MEMORY VERSE:**

"The Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Matthew 20:28

Do you wish to rise? Begin by descending. You plan a tower that will pierce the clouds? Lay first the foundation of humility." – St. Augustine

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

Congratulations brothers – you have now reached the halfway point of this Wave of Band of Brothers!! Let's keep the momentum going, and continue to press on as, through the power of Jesus Christ, we become more like the men we have been called to be!

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If last week's chapter on Brotherhood and Unity was a "turn-around point" in teaching us that life is not about us travelling down the road of independence and doing it on our own, then this week's chapter is where we put our wheels on new ground and go full speed ahead down the road of living as a servant to all those around us.

If you look at what most of the 'world' says is a good leader, you would probably hear things like: ambitious, successful, driven, good communicator, powerful. Even things such as attractive, or wealthy often creep into our image of what we think a good leader looks like.

As He did with so many things that people believe in this life, Jesus took all those thoughts and threw them under the bus. Then, just to make sure we heard Him right, He backed the bus up and ran over 'em again!

Take a look again at these powerful words spoken by the Son of God in His last few years of His life here on earth:

"If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it." – Matthew 16:24-25

Spend just a few moments reflecting on those words. Turn from your selfish ways. Take up your cross. Give up your life. Kind of flies in the face of everything we are bombarded with at our jobs, from the media, and even from our own families sometimes, doesn't it? In the words of Thomas a Kempis,

#### "Jesus has now many lovers of the heavenly kingdom but few bearers of His cross."

Think about who Jesus was. Really. Jesus Christ was the Son of the Creator of the entire universe. Every blade of grass, every star in the sky, every hair on the head of every man, woman, and child on the entire earth — His Dad made it all. Out of scratch. From just a word out of His mouth. That is power we cannot even begin to comprehend. And it wasn't just Jesus's Dad doing it all by Himself. The apostle John tells us in his Gospel, chapter 1, verses 1-4, that,

"In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of men."

The "Word" that John was referring to was Jesus. So not only was He there at the beginning of all things, He was the very foundation upon which it was all created! This very same Jesus, the Son of the Most High, by whom *ALL* things were brought to be, gave it all up to come to this earth. To live in a human body, susceptible to pain, discomfort, emotions — everything *YOU* face, he would go through. The apostle Paul tells us in Philippians 2:3-8 that we should,

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others.

YOUR ATTITUDE SHOULD BE THE SAME AS THAT OF CHRIST JESUS: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness.

And being found in appearance as a man, he humbled himself and became obedient to death— even death on a cross!"

By choice, He made Himself nothing, taking the very nature of a servant. He told His followers very clearly what His mission was for the short time that He had with them:

"Whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." – Mark 10:43-45

Do not think that He said all of these things because He was weak, or lacking in power. Yes, He was fully man while He was on this earth, but that doesn't mean He didn't have access to all of His Father's power. In Jesus' final hours, while in the Garden of Gethsemene, a squad of Roman soldiers came in the night to arrest Him. Peter, in a moment of insane bravery and devotion to his friend, grabbed a sword and took a swipe at them, cutting of one of the men's ears. Jesus, understanding that this was all part of His Father's plan, pulled Peter back, healed the man's ear, and then said to His loyal friend,

"Put your sword back in its place," Jesus said to him, "for all who draw the sword will die by the sword. Do you think I

cannot call on my Father, and he will at once put at my disposal more than twelve legions of angels? But how then would the Scriptures be fulfilled that say it must happen in this way?" – Matthew 26:52-54

Jesus came to serve, no matter what it would cost Him. That is how He led. And He calls **ALL** of His followers to lead in the very same way.

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True Christ-like leadership **ALWAYS** comes in the form of service and sacrifice. What does that look like for you? Let these thoughts below penetrate your heart, and see which ones make you the most uncomfortable. Chances are, that is an area where you are not leading as Christ has called you to lead:

#### DO YOU WANT TO BE A LEADER IN YOUR MARRIAGE?

Turn off Sportscenter and tell your wife to take the night off while you wash the dishes and bathe the kids.

#### DO YOU WANT TO BE A LEADER TO YOUR KIDS?

Disengage from your job at 5:00 and go home so you can wrestle with your sons or play dolls with your daughters.

#### DO YOU WANT TO BE A LEADER AT WORK?

Show up early, do your job with excellence, and be 'that guy' that is always encouraging everyone with a smile on his face.

#### DO YOU WANT TO BE A LEADER OF MEN?

First submit wholly to Christ, get in His Word, talk to Him daily, and then pour your life out for your brothers – be the true brother they can go to for wisdom, encouragement, accountability. **BE AVAILABLE!!** 

So what about **YOU**? Where are you either trying to lead by force or power or position? Or where are you choosing to abdicate leadership to someone else out of fear or just plain laziness? And yes, believe it or not, you cannot lead if you are too lazy to get off your rear end! The Bible says that,

"The sluggard's craving will be the death of him, because his hands refuse to work. All day long he craves for more, but the righteous give without sparing." – Proverbs 21:25-26

So, how would you rate the way you serve those who God has put into your life in the following areas: (DON'T SUGAR-COAT IT!!)

	poor				great
Your wife (or girlfriend)	1	2	3	4	5
Your children	1	2	3	4	5
Your church	1	2	3	4	5
Your neighbors	1	2	3	4	5
Your co-workers	1	2	3	4	5

. . . . . .

It is very important that you stop at this point and acknowledge the **WHY** behind all of this service and sacrifice. It's easy, especially as a Christian in the American church, to get caught up in serving others, but all for the wrong reasons. Many times, if we're truly honest with ourselves, we serve to feel better about ourselves. It makes us feel like we're making a difference, that we are important and needed. Those aren't necessarily bad reason to serve others – they're just not the **BEST** reasons. Again, Jesus points our hearts away from ourselves, and tells us in Matthew 5:14-16,

"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds AND PRAISE YOUR FATHER IN HEAVEN."

## "I HAVE BROUGHT YOU GLORY ON EARTH by completing the work you gave me to do."

Jesus did all that He did, went through all the sacrifice and hurt and suffering – yes, so that we could be forgiven and experience eternity with Him and His Father – but ultimately, He did all of it so that His Father's name would be praised and glorified on this earth. If you lose that as your driving force behind laying your lives down for others, then you will either burn out, or you'll just be spinning your wheels in the mud. As C.S. Lewis put it,

"If you read history you will find that the Christians who did most for the present world were precisely those who thought most of the next. It is since Christians have largely ceased to think of the other world that they have become so ineffective in this."

So when we say, "Why are we here?" and you say, "SO OTHERS MAY LIVE!" – follow the example and passion of Jesus. Don't just serve so that they may live for their own desires or gain. Serve so that they will see Jesus in your actions, and that the Name of your Father in Heaven might be praised and glorified!

. . . . . .

So here's your challenge for this week: Take a look back at the evaluation you filled out on the previous page. Now, come up with at least 1 action step you can do *THIS WEEK* in each of these areas that would show those you lead that you love and care for them. Put some thought into it, and try to be a little more radical than "pick up my dirty socks off the floor" or "share my bag of chips with the guy in the next cubicle." Remember, you are pointing them towards Jesus. *HIS* name is the reason for all that you do. Lead in the power of the Lord this week, and continue to lean on your brothers to give you guidance and encouragement as you lay down *YOUR* lives so that *OTHERS* may live!

## **ACTION STEPS**

How will you lead each of the people below by serving them this week? Write down 1 thing you can do in each area.

YOUR WIFE OR GIRLFRIEND

YOUR CHILDREN

YOUR CHURCH

YOUR NEIGHBORS

YOUR CO-WORKERS

"Do you wish to rise? Begin by descending. You plan a tower that will pierce the clouds? Lay first the foundation of humility." – St. Augustine

"The highest form of worship is the worship of unselfish Christian service. The greatest form of praise is the sound of consecrated feet seeking out the lost and helpless." – Billy Graham

## NOTES:

## MISSION OBJECTIVES:

- Don't forget your memory verse!
- Look for opportunities to serve those around you. If you don't see any opportunities, CREATE THEM YOURSELF!!
- Lean on your brothers to hold you accountable

## PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"The Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Matthew 20:28

## SPECIAL OPS: LEADERSHIP

## 10 Principles for Success

Maj. Richard Winters, 101st Airborne

- 1. Strive to be a leader of character, competence, and courage.
- 2. Lead from the front. Say, "Follow me!" and then lead the way.
- 3. Stay in top physical shape--physical stamina is the root of mental toughness.
- 4. Develop your team. If you know your people, are fair in setting realistic goals and expectations, and lead by example, you will develop teamwork.
- 5. Delegate responsibility to your subordinates and let them do their job. You can't do a good job if you don't have a chance to use your imagination and creativity.
- 6. Anticipate problems and prepare to overcome obstacles. Don't wait until you get to the top of the ridge and then make up your mind.
- 7. Remain humble. Don't worry about who receives the credit. Never let power or authority go to your head.
- 8. Take a moment of self-reflection. Look at yourself in the mirror every night and ask yourself if you did your best.
- 9. True satisfaction comes from getting the job done. They key to a successful leader is to earn respect--not because of rank or position, but because you are a leader of character.
- 10. Hang Tough! Never, ever, give up.

# 6 <u>A STRONG DEFENSE</u>

#### **MEMORY VERSE:**

"Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood." Hebrews 12:3-4

"Tis the business of little minds to shrink, but they whose heart is firm, and whose conscience approves their conduct, will pursue their principles unto death." – Leonardo da Vinci

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

So how was your "on-the-job" leadership training last week? Were you intentional about serving those around you, leading and pointing them towards Christ? If you fell short of what you were wanting to accomplish, **DON'T GIVE UP!!** You are not only fighting against the culture you live in, but also your own natural tendancies towards selfishness and recognition. It will take time to get where God wants you to be – just make the most of the time you have!

. . . . . .

Well, if things in your life have not intensified over the past 5 weeks, get ready, 'cause the battle is getting ready to blow up in your face!

By the fall of 1944, the Allied Forces had moved swiftly throughout German-controlled areas of Europe. They were making good progress against the Axis Empire, and, according to all of their intelligence reports, they had Hitler and his army on the run. The Allied leadership became prideful. Cocky. They assumed that Hitler was done for. That his men had been demoralized and lacked the will to fight anymore. They believed that complete victory was close at hand.

Hitler wasn't finished though. Planning for a massive counter-attack beaan in September of 1944. In complete secrecy, he mobilized 4 entire armies to a focused area of the Allied line, the area known as the Ardennes. In order for his plan to work, Hitler needed three things to happen: they needed bad weather to minimize the use of Allied air forces, they needed to move their armies into position quickly and quietly, and they needed to capture the Allied fuel supplies because they did not have enough of their own to complete the offensive. December, all those conditions were met, and Hitler's army – the army that was thought to be discouraged and defeated – launched what was to be the biggest and bloodiest battles of all of WWII, the Battle of the Bulge. It was the place where American forces would face their toughest challenge as their enemy threw all that he had at them in an effort to change the course of the war. Much of the fighting centered in and around the major crossroads town of Bastogne. That was where the US military would either dig in and make their stand, or they would lose the battle, and the momentum of an entire war could shift direction...

Just like the commanders of the Allied Forces, each of us are also susceptible to being blindsided by our enemy. And just like those commanders, there are often 2 factors that contribute to us getting attacked:

## 1. Our overestimation of our own strength and abilities

## 2. Our underestimation of the strength and abilities of our enemy

Both of those factors combined cause us to let our guard down, and tremendous casualties are the end result – both in our own life and those that surround us. At the root of it all, we neglected the importance of one thing: a strong defense.

#### 1 Peter 5:8-9 says for us to:

"Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. RESIST HIM, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings."

Be self-controlled and alert. Think about the times in life when you have given in to sin and temptation. Were you self-controlled during that time? Were you alert?

Not even close, right?

99.9% of those instances in our lives where we get de-railed and thrown off course by sin, we have done exactly the opposite of what Peter was warning us to do. We let go of all self-control, acting as if someone else had strings tied to our arms and legs, making us do all sorts of things we don't want to do. We become completely unaware of the schemes of our enemy, our alertness gets all hazy, and all of a sudden we lose all perception of what is right and wrong. At least, that's the way we act, isn't it?

So how does our spiritual enemy plan and scheme to try to take us out of the game? Remember back in Chapter 2, we read that Ephesians 6:11 tells us that we need to

## "Put on all of God's armor so that you will be able to stand firm against all strategies of the devil..."

If we can simplify his 'strategies' down to one major plan of attack, what would that plan be? To get us to fall into sin, right? Sin separates us from God. It is what destroyed that bridge that we once had, long ago, when man walked in fellowship with the God of the universe. But Satan broke through the lines, and

that relationship between the Creator and the created was damaged beyond repair. Or so the enemy thought. Praise God, He had an amazing plan of attack that the enemy had absolutely no defense for. He sent His Son, Jesus Christ, to die upon a cross, so that **YOU** could be forgiven, and that bridge could be completely rebuilt using the timbers from that 'old rugged cross.'

But Satan didn't give up. Remember again what we read in Chapter 2. When Satan realized that he had been defeated, he turned his attention towards the "rest of the woman's offspring." Because of the sacrifice of Jesus, Satan no longer had the power to keep us from having that relationship with God that we are in so desperate need of. So he changed his methods. He began to go after our minds, luring us into sin and temptation, feeding us the great lie:

# THAT THOSE SINS HOLD FAR MORE PLEASURE AND GRATIFICATION THAN ANYTHING GOD MIGHT BE ABLE TO OFFER

And what happens when we fall into those sins? We begin to spiral through an endless cycle of sin – guilt – shame – feelings of worthlessness – sin again – more guilt – more shame, and on and on it goes. And that unbreakable bridge that Jesus laid before us? Suddenly we begin to think it's not as sturdy as it looks, and, through the enemy's lies and our own shame, we fall victim to the thought that our relationship with God is damaged, and all that work that Jesus did for us just wasn't enough.

Let's dig a little deeper into the history of the Battle of the Bulge, and see if we can't pull some spiritual application from what happened there. Remember, there were 3 conditions that needed to be met in order for Hitler's counter-offensive to be successful:

- 1) They needed the cover of bad weather so that the Allied forces couldn't use their superior air forces to conduct surveilance of the Axis army's movement, and then bomb their troops or supply lines.
- 2) They had to move all 4 of the necessary armies into position, quickly and quietly, so that they would be able to have complete surprise at the onset of the attack.
- 3) They needed to be able to attack and take control of certain Allied fuel depots so that they could use that fuel to keep their massive amounts of tanks, troop transporters, and supply vehicles moving.

Just looking at those conditions on the surface, you would think that the chances of all 3 of those things coming together to create a successful, large-scale ambush would be almost impossible. But it worked. And it could have been a

devastating blow. Satan's tactics are remarkably similar to those used by Hitler's army...

One of Satan's best tools to get us to fall into sin is to distract us. Send a "snow storm" of bad weather our way to get us focused on our circumstances, rather than on God. In Matthew 13, Jesus uses a story about a farmer scattering some seeds on the ground to warn us of Satan's tactics. He tells us of four different kinds of seeds. The fourth kind was planted in good soil, took root, and produced all sorts of good fruit — an illustration of a believer that is truly walking with God and living a righteous life. But there were three other types of seed that didn't survive.

"When anyone hears the message about the kingdom and does not understand it, the evil one comes and snatches away what was sown in his heart. This is the seed sown along the path. The one who received the seed that fell on rocky places is the man who hears the word and at once receives it with joy. But since he has no root, he lasts only a short time. When trouble or persecution comes because of the word, he quickly falls away. The one who received the seed that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful..." – Matthew 13:19-22

The "evil one" distracts us by keeping us too busy to study and really dig into God's Word so we can truly understand all that it says. He distracts us by sending trouble or persecution into our lives, causing us to doubt that God is really for us. He distracts us by surrounding us with circumstances that cause stress and anxiety and fear. Or he distracts us by just throwing a bunch of shiny stuff in front of us that we think we 'need.' The cover of bad weather. It keeps us from being alert and aware. It keeps us from focusing on the enemy's movements. And before long, he's got his entire army manuevered right into our front lines.

Our enemy also moves quickly and quietly under the cover of those distractions. His attacks are most effective when we are not looking for them.

Again, in chapter 13 of the book of Matthew, Jesus shares another story to illustrate this. It is the story of another farmer planting his field...

"The kingdom of heaven is like a man who sowed good seed in his field. But while everyone was sleeping, his enemy came and sowed weeds among the wheat, and went away. When the wheat sprouted and formed heads, then the weeds also appeared..." – Matthew 13:24-26

The Bible is very clear when it describes our enemy. No where does it portray him as slow, or stupid, or not very bright. Our enemy is intelligent – far more than what we give him credit for. His attacks will come quickly, and under the cover of darkness, and they will be strong enough to take you out completely if you are spiritually 'asleep.'

His final tactic for trying to lead you into sin is to use your own resources against you. He will do all that he can to steal your "fuel supplies", and use them for his own gain. He might use your ego. Your pride. Cause you to think you deserve to be treated in this way or that. You deserve that promotion. You deserve that respect from your wife. You deserve that recognition from your peers. And if you don't get it, you become bitter. You hold a grudge. You use it as an excuse to dive back into those things that used to provide you comfort.

For others of you, he might use your self-esteem against you, using the words and actions of those around you to deliver devastating blows that knock you off course. Where you once felt successful and knew that you had the favor of God, now you are insecure or fearful because of failure or criticism.

Let's be clear here — our enemy has absolutely no power to make us think a certain way or believe something about ourselves. But, he has the power to surround us with all the right conditions so that we allow ourselves to think in a way that is contradictory to everything God's Word says about us.

Sin is a powerful weapon. It can take us out of the game like nothing else. But we do not have to let it. Genesis 3:6-7 says,

"Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, BUT YOU MUST MASTER IT."

We do this by following the counsel of Paul in 2 Corinthians 10:5, when we

"... take captive every thought and make it obedient to Christ."

and by always looking for the way out, as Paul said in 1 Corinthians 10:13,

"God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, HE WILL ALSO PROVIDE A WAY OUT so that you can stand up under it."

When it comes to the habitual sins in our lives, whether it is looking at pornography, laziness around the house or at work, gorging ourselves to the point of obesity, apathy towards your wife or kids, addiction to your jobs, addiction to your hobbies... Whatever it is, you have to come to a point in your life where you say

## I AM DRAWING A LINE IN THE SAND.

**YOU** have to make a decision to dig in for the long haul. **YOU** have to bring your brothers into the fight with you. **YOU** have to make your stand. For no one else can do it for you...

. . . . . .

So where do you need to make your stand? Your enemy is going to continue to throw all of his forces where he can do the most damage, so where will that attack be? Psalm 139:23-24 says,

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting."

## ACTION STEP

Ask God to search your heart, and then show you those places in your life where you have let the enemy gain ground. Then **CALL IT WHAT IT IS**.

### Don't say, "I struggle with lust."

Say, "I am addicted to pornography and masturbation, and I cannot get free."

#### Don't say, "I drink too much."

Say, "I am an alcoholic, and it is ruining every relationship I have and I don't know how to stop."

### Don't say, "I'm a little overweight."

Say, "I am addicted to food and I eat as a way to try to cope with my insecurities."

#### Don't say, "I get a little too mad sometimes."

Say, "I have serious anger issues, and I am terrified that I am going to lash out physically at those I love if I don't get some help."

## WHERE WILL YOU MAKE YOUR STAND? WRITE IT DOWN.

So here's the beautiful thing about being a follower of Christ. You've identified the sin in your life. Now confess it to your brothers in your Platoon. Call in for reinforcements. You will not find healing without them. James 5:16 says,

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."

Whether you believe it or not, there is healing and forgiveness for you brothers! All you have to do is follow this simple formula:

## CONFESSION + PRAYER = HEALING!

Lean on your brothers. Be transparent with them. Confess your sins before God and your brothers. Seriously, do you really think God doesn't already know what you've been doing? Let your brothers surround you in prayer, and then do the same for them. God's promise to us is that we would find healing as a result. Doesn't that sound infinitely better than the sin cycle you've been living in?

## **ACTION STEPS**

Here's where you have to put your shovel to the ground and start digging your foxhole. The enemy will continue to attack you in this area. He's not going to give up on you just because you confessed. If anything, he's gonna attack even harder in these areas to try to weaken your defenses. So it is absolutely essential that you get some action steps in place. What are you going to do to strengthen your foxhole and fortify your position? You've got to get serious here. If you're struggling with porn, don't just tell your Platoon that you're going to stop going to those sites. That'll last all of about 30 minutes once you get home. Get radical with your action steps. **DO WHATEVER IT TAKES** to keep the enemy from gaining ground.

Write down at least 3 action steps to deal with your sin, and **HOLD EACH OTHER ACCOUNTABLE!!** 

1.

2.

3.

"Let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us..." – Hebrews 12:1

"Farthest from your mind is the thought of falling back; in fact, it isn't there at all. And so you dig your hole carefully and deep, and wait." – 506<sup>th</sup> PIR, "Currahee Scrapbook"

## NOTES:

#### MISSION OBJECTIVES:

- Don't forget your memory verse!
- Draw your line in the sand and HOLD YOUR GROUND!!
- Make it your Standard Operating Procedure to confess your sins to your brothers, and let them pray over you – that is where the healing starts!

## PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood." Hebrews 12:3-4



#### **MEMORY VERSE:**

"The Lord is close to the brokenhearted; He rescues those whose spirits are crushed." Psalm 34:18

"God cannot give us a happiness and peace apart from Himself, because it is not there. There is no such thing." – CS Lewis

ATTEN	DANCE
	GUIDE
MEMORY	VERSE

Wounds. Whether you realize it or not, chances are pretty good that you've taken some pretty serious hits throughout your life, and more often than not, the wounds you have received in your past have shaped who you are today. Sometimes those wounds come from those we love or respect. Sometimes they come from those whose only role in life seems to be to tear us down. The wounds could have been inflicted many years ago, possibly during our childhood. Or they could have taken place as recent as this morning. The reality is that, no matter how tough of a 'skin' we put on our outside, the words that are said to us or about us throughout our lifetimes leave an impact – sometimes for the good, but many times for the bad...

"An idea is like a virus, resilient, highly contagious. Once an idea has taken hold of the brain it's almost impossible to eradicate. An idea that is fully formed - fully understood - that sticks; right in there somewhere. The smallest seed of an idea can grow. It can grow to define or destroy you." – 'Inception'

Proverbs 18:21 says that,

#### "The tongue has the power of life and death..."

The things that are said to you either bring life to your soul, or they can bring a painful, internal death of the man you were created to be. Take a look at these examples and see if any of them resonate deep inside of you...

- Your wounds could have come from a physically or verbally abusive father, or maybe your dad just checked out every day when he got home from work.
- Your wounds could have come from a mom that criticized everything you did, or turned her back on you and the rest of your family, and turned to drugs or alcohol or sex instead.
- Maybe your wounds came from people you had thought were your friends, but they betrayed your trust, or simply disappeared from your life.
- Maybe your wounds came from failure after failure after failure in your quest to find that perfect girl that would meet all your needs and make you feel like the man you knew you were meant to be.
- Possibly your wounds came in the form of rejection for that position at work that you knew in your heart was meant for you, but you get passed up for it again and again.
- Maybe your wounds came from someone in the church, someone who claimed Christ, but instead spewed out judgement and hypocrisy.

Think back throughout your life? You may not be able to recall a specific time or place when it occurred, but most of us have been hit at one time or another, either literally or figuratively, by someone who held a position of influence in our lives.

How did you respond to those words or actions? Take a few moments and close your eyes. Think back to those hurts. Pray that God would open the doors of your heart that you might have locked shut long ago because they were too painful to open.

## DO IT NOW, BEFORE YOU MOVE ON TO THE NEXT PAGE

"The troubles of my heart have multiplied; free me from my anguish..." – Psalm 25:17

. . . . . .

It is hard to unlock those doors, isn't it? As men, we are practically trained from birth to "suck it up," "rub some dirt on it," or "just shake it off." And yeah, we're pretty good at shakin it off, at least on the outside, but the reality is that it is **MUCH** easier said than done.

"Most of the appearance of happiness in the world is not happiness, it is art. The wounded spirit is not seen, but walks under a disguise." – Bishop Robert South

So what did God reveal to you? Where did He open up those wounds of your past? Take some time and write those wounds down. Identify them, and be as specific as you can. If you didn't come up with anything, put this book down and try it again... If you have never been wounded in your life, you've either been incredibly sheltered, or you're just not going deep enough. Try it again...

## WHERE HAVE I BEEN WOUNDED?

So hopefully you have dug deep enough and you have started to uncover some of the things that you have internalized from your past. At this point you may be thinking to yourself, "Why in the world would I want to uncover all these things? I mean, if I wanted to remember I wouldn't have covered them up in the first place, would I?"

The reason this is so crucial to your growth as a Christian man is that when you uncover and acknowledge those wounds from your past, you begin to find a deep healing that you would have never been able to find otherwise. And when you begin to find that healing, you begin to move forward. As John Eldredge said in his book 'Wild at Heart,'

"A wound that goes unacknowledged and unwept is a wound that cannot heal."

. . . . . . .

So as with any physical wound, before we move forward and fully embrace that healing, we have to find out what damage was done by the wound. How deep did the bullet go? Did it hit any major organs or arteries? What kind of lasting damage was caused? In talking about your emotional or spiritual wounds you could ask it this way,

"How have the wounds that were inflicted upon my heart in the past influenced the way I think and act and perceive things in my life today?"

If the first question of this study, "How were you wounded?" had your brain hurting from using areas it hasn't used in awhile, then this one is really going to stretch you! Here are some examples to help you start heading in the right direction...

Maybe your dad was that dad who was always yelling at you, telling you to "Do it right, kid!" or "That was a pathetic effort!" You lived your childhood feeling like you never measured up to who he wanted you to be. Those verbal knives went deeper and deeper, and now you find yourself as

an overly ambitious adult. Driven. A workaholic. Putting in the late hours. Always striving for the next promotion, no matter what it costs you. WHY do you do all that? Is it possible that you are trying to live up to a standard that was forced upon you as a kid, and consciously or unconsciously, you are still trying to measure up?

Maybe it was the words of an ex-girlfriend or your ex-wife. Loser. Failure. Good for nothing. She tore you down and delivered the painful blow of rejection from someone you had given your heart to. And now you refuse to fully commit to any woman. You're content to float around from relationship to relationship, using women for sex or for a few days or weeks of a good time. Either that, or you've decided it's not worth it anymore, so you just stop caring. You find fulfillment in food or alcohol or drugs. Now you've lost your purpose. You've gotten fat. Lazy. WHY? Because you internalized those words and all of that hurt, and you believed a bunch of lies as truth.

What is it for you? How have your wounds shaped who you have become? Again, put down this book, and take some time to ask God to show you the truth of what you have allowed into your heart.

## DO IT NOW, BEFORE YOU MOVE ON TO THE NEXT PAGE

"Free me from the trap that is set for me... be merciful to me, O Lord, for I am in distress;my eyes grow weak with sorrow, my soul and my body with grief." – Psalm 31:4,9



Now write down what He has showed you...

HOW HAVE THOSE WOUNDS SHAPED ME INTO WHO I AM TODAY?

## CAUTION!

As you are digging into your past and exposing those wounds, and as you ask God to show you how those wounds have shaped you over the years, DO NOT allow yourself to fall into a "victim" mentality. If you start blaming others for your feelings and emotions and attitude you will miss the heart of God entirely.

Think of it like this: In the company "YOU, Inc" you will always hold at least 51% of the stocks in your company. No one ever has the power to make you do anything, because you are the primary shareholder. When it comes to who you are today, <u>TAKE OWNERSHIP</u> of how YOU let others shape your life...

. . . . . . .

So can you see it yet? Are you starting to realize that, strong as you might have thought you were, you have allowed your past to guide you down roads you were never meant to go? Hopefully, God has begun to open your eyes and your heart. If so, you are in a *GREAT* place! You've left the road that was paved for you by others, and you've begun to once again travel down that narrow path. And along the way, you are going to find healing and forgiveness and ultimately, freedom. Sounds like a good direction to be heading doesn't it?

"He has sent me to bind up the broken-hearted, to proclaim freedom for the captives and release from darkness for the prisoners." – Isaiah 61:1

"Whenever anyone turns to the Lord, the veil is taken away. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom." – 2 Corinthians 3:16-17

When we finally begin to find healing in those areas we have let define us, we find that freedom in Christ that we never before believed was possible. All of a sudden, you realize that **GOD'S OPINION OF YOU IS THE ONLY THING THAT MATTERS**. And instead of trying to fight and scrape and wear yourself out trying to get to the top, trying to prove yourself and measure up to someone else's standards, you now put your trust in God's Word that says,

"And the Lord has declared this day that you are his people, his treasured possession as he promised..." – Deuteronomy 26:18

Instead of looking to sex or drugs or alcohol or food to help comfort the rejection you've tried to mask for years, you can now rest in His promise that says that you are

## "... God's chosen people, holy and dearly loved..." – Colossians 3:12

Instead of living in fear because of insecurites that took root years ago in your life as a result of painful discouragement, you can now find courage and say as the writer of the Psalms said,

"When I called, you answered me; you made me bold and stouthearted." – Psalms 138:3

And the greatest thing of all that you will experience as you allow Christ to heal those places of your heart:

# YOU WILL FINALLY KNOW THE FREEDOM OF BEING ABLE TO FORGIVE THOSE WHO HAVE WOUNDED YOU

When you get to that point of healing – when you realize that the wounds that were inflicted upon your heart were given by someone who had experienced deep wounds in their own lives, but never dealt with them; when you realize that the sinfulness of others and the pain caused by their words or actions was no more sinful than the words and thoughts and actions that are in **YOUR** own heart – when you get to that point, and realize that Jesus has forgiven **YOU**, then your only rational response will be to forgive the people that hurt you. Choose to not forgive, and you will stop the growth of the Holy Spirit within you.

"He that cannot forgive others breaks the bridge over which he must pass himself; for every man has need to be forgiven." – Thomas Fuller

Forgive, as **YOU** have been forgiven, and you will find healing.

"A man's wisdom gives him patience. It is to his glory to overlook an offense." – Proverbs 19:11

So here's your action step to finish out this chapter. This is a tough study – maybe the hardest one emotionally in this book. It would be good to enlist some help from your brothers in walking all of this out. Your assignment this week is to get together with one of your brothers. Meet up, *IN PERSON*, outside of Platoon Time, and really dig into all that you have written down. Make sure you get some good prayer time over each other. And together, with the power of Christ strengthening our resolve, may we all find freedom!

ACTION STEP:		
(Do not leave Platoon Time without setting up lunch, coffee, whatever with one of your brothers)  THIS WEEK, I AM MEETING WITH:		
DATE:	_	
TIME:	_	
LOCATION:	-	

"Here bring your wounded hearts, here tell your anguish; Earth has no sorrow that Heaven cannot heal." - Thomas More

"The boy who is going to make a great man must not make up his mind merely to overcome a thousand obstacles, but to WIN in spite of a thousand repulses and defeats." - Theordore Roosevelt

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." - Martin Luther King, Jr.



## MISSION OBJECTIVES:

- Don't forget your memory verse!
- Get together IN PERSON with one of your brothers this week. Pray over each other, and allow God to begin to heal your wounds.

## PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"The Lord is close to the brokenhearted; He rescues those whose spirits are crushed." Psalm 34:18

# & REST

#### **MEMORY VERSE:**

"Learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:29

"Grant me, most dear and loving Jesus, to rest in You...above everything that is not Yourself, oh my God." – Thomas a Kempis

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

Peace.

Rest.

Do those words describe your life right now? If you're like most guys, probably not. Our lives today are characterized by fast food restaurants on every corner, microwave ovens in every house, DVRs so we can fast forward through commercials, and calendars crammed full with work, exercise, activities — you name it, its probably in there. It seems as if we are *ALWAYS* on the go. See if any of these hit home for you...

- In the name of "providing for our families", we work sixtyplus hours a week, and as a result, hardly even get to see that family we're working so hard for...
- In the name of "preparing our kids to be more successful", we cart them around to 3 different activites, 3 different nights of every week, and spend countless dollars and hours getting them ready to go pro, even though they're only 4 years old...
- In the name of "having good family time", we take out an extra loan to buy that lake house, or the new boat, or a couple of four wheelers, and then end up having to work even more hours to pay off the loans, and all the toys then become burdens and the enjoyment is gone within a year...
- In the name of "serving Christ", we show up at the church every time the door is open, leading Bible studies, collecting offerings, going to prayer meetings, discipling others, all while our kids get shuffled off to hour after hour of childcare or late nights when they should be home in bed, or just learning the value of a family...

And what does it all add up to? Stress. Anxiety. Exhaustion. Frustration. Burnout. Is it any wonder that the writer of Psalms 62 cries out,

"Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation..." – Psalms 62:5-6

When was the last time you found *true* rest in the Lord? Not rest as in "Man, I slept really good last night," or "I love my Sunday afternoon nap in the recliner," but *REAL* rest in the power and sovereignty of Jesus? Chances are pretty

good that you are saying to yourself right now, "I don't even know what that means to 'rest in the Lord..."

The best place where we can go to figure it out is in God's Holy Word, the Bible. The Bible is one of God's great gifts to His Church, but unfortunately many times we get 'turned off' by all the "do's and don'ts" everyone is always talking about, and we get the wrong idea that God only shows up when He needs to crack the whip as we get out of line. So we leave our Bible on the bookshelf or in a closet where all it's doing is collecting dust.

But think of it this way — let's say your brand new BluRay player just stopped working. Right in the middle of Gladiator, or Braveheart, or some other epic guy movie, right before Rocky is about to knock the Russian down for the count, the movie just stops. You jump up and check all the connections, change the batteries in the remote. Nothing. So what do you do? You get out the instruction manual. You slow down, and you take the time to figure out how your BluRay player was designed to work. It may take some patience, and you may have to learn a new lingo that you're not real familiar with, but in the end, you figure out what's wrong, you fix the BluRay player, and Rocky singlehandedly ends the Cold War and establishes peace on earth.

The Bible has many different purposes. It tells us of the unbelieveable greatness of the God we serve. It provides a rich history of how God guides and directs His people. But it is also meant to be the instruction manual for our lives. It is not meant to be a book full of rules and regulations to take all the fun out of our lives. You were designed, by the Chief Engineer, to operate in a certain way. When we choose to humble ourselves and acknowledge the fact that maybe He knows whats best for our lives, then things tend to go better for us. That doesn't mean life is gonna be easy and you won't ever have any problems – anyone who preaches that 'gospel' is selling you a flatout lie.

What it does mean is that, in the middle of **ANY** circumstance, good or bad, you find rest and peace because you have learned how life is supposed to be lived, and you know that the Creator is always there to walk you through those tough times.

So, get into God's Word!! It's going to be virtually impossible to ever find the rest and peace God has promised if you don't know what it means or where to look for it. So let's get after it!

The book of Psalms speaks often of resting in the Lord:

"He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.'" – Psalm 91:1-2

When you live under his will and His protection, you'll find rest under His shadow, like laying down in the cool grass under a big old oak tree on a picture perfect spring afternoon...

"Be at rest once more, O my soul, for the Lord has been good to you. For you, O Lord, have delivered my soul from death, my eyes from tears, my feet from stumbling, that I may walk before the Lord in the land of the living." – Psalm 116:7-9

When you take the time to slow down and remember all of the good things the Lord has done for you, you will realize that nothing is beyond His control, and you can rest from all of your stumbling around through life...

"I have set the Lord always before me. Because he is at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure, because you will not abandon me to the grave..." – Psalm 16:8-10

When you fix your eyes on Jesus, setting Him and the sacrifice He made always before you, you will learn to rest and rejoice knowing that He has paid your debt, and there is **LIFE** beyond the arave!

"I lie down and sleep; I wake again, because the Lord sustains me. I will not fear the tens of thousands drawn up against me on every side." – Psalms 3:5-6

When you trust in the promises of His Word, and believe that He is all you'll ever need to sustain you, you will no longer fear anything that man can do to you, and you will find rest and peace as you lay down to sleep...

The book of Proverbs narrows it all down to one thing to find true rest in Jesus:

"The fear of the Lord leads to life: Then one rests content, untouched by trouble." – Proverbs 19:23

Whoa. Hold on now... So how does *fearing* God give us rest? Fear sounds a whole lot more stressful than it does peaceful, right? It does, until you dig a little deaper into the real meaning of the original language. Throughout most of the Old Testament, when referring to "fearing the Lord," the writers used the Hebrew word **'yirah'** (yir-aw'), which can be translated as 'fear', 'terror,' or 'reverence.' As one commentator described it,

"It can be compared to the feeling of looking at the nighttime sky and being awed by the immensity of space and simultaneously terrified by the thought of our smallness in such a vast expanse. That is to say, it is the feeling of being overwhelmed by a reality greater than oneself and greater than that encountered in ordinary life." — Rabbi Jeffrey Goldwasser

When you begin to get an accurate picture in your mind and in your heart of how sovereign and all-powerful our Creator truly is, and you begin to understand that **NOTHING** happens outside of His control, and then you combine all that with Romans 8:28, which says

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

When you bring all of that together and accept it in your heart as truth, all of a sudden it becomes perfectly clear what the apostle Paul meant in Philippians 4:7 when he spoke of

"the peace of God, which transcends all understanding, (which) will guard your hearts and your minds in Christ Jesus."

. . . . . .

Peace.

Rest.

They're sounding pretty good right about now, aren't they? The paradox in all of this is that, to get to that point of finding rest, you are going to have to work at it. You can't just stop working or throw off all your responsibilities and take a bunch of vacation days whenever you want. We all know that, for most of

us, vacations aren't near as restful as we imagine them to be in our minds beforehand, plus the work piling up for when we get back tends to stress us out even more.

True rest in Christ Jesus is more of a peace within your heart. It is a trusting in God that makes absolutely no sense to the outside world, and most likely doesn't make a whole lot of sense to you either. *That is why it takes work*. It takes deliberately training your mind to think in that direction. You've got to start exchanging all of the lies and distractions of the circumstances that surround you, for the truth and focus of God's Word. You have to learn to let go of your fear and anxiety about all of the things that could happen, and lay it **ALL** at Jesus' feet, believing that He loves you and cares enough about you to guide you through it.

Take a look at these words of Jesus. Read them slowly. Let every word sink in...

"Do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Who of you by worrying can add a single hour to his life?

And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?

So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." – Matthew 6:25-34

Ok, so what do we do with all of these verses and ideas we have been talking about? How do we get them to actually be a part of who we are? Eventually, the goal is that we would be able to rest our minds in Jesus at any time of the day, no matter what our circumstance. But like we said earlier, this is going

to take some training to help us move our minds in that direction. The best way to be able to do that is to intentionally create opportunities to rest in Him – to deliberately carve out time out of our day to slow down, and simply enjoy His presence.

#### **ACTION STEPS**

So here is your action step for this week. Pick  $\underline{\mathbf{3}}$  days out of your week where you will give God 30 minutes of your uninterrupted attention. Mornings would be the ideal time to do it, but we're not going to be legalistic about it. Maybe it'll be on your lunch hour at work. Maybe it'll be in the evening after you help get all the kids in bed. It isn't so important when you do it, but that you do it, period.

Here are the guidelines for your 30 minutes:

- GET OUTSIDE. There is something special about getting outside in God's creation, almost as if you can hear Him clearer when you get outside the confines of man-made structures. If possible, get to a place away from a bunch of noise and busyness. If not, try to find a nice city park somewhere. Again, the location ultimately isn't what's important. Just try to get away from your daily distractions.
- NO MUSIC. It's tempting to have your ipod going with your earphones in. But a lot of times, even if it's great worship music you're listening to, even that can sometimes drown out the voice of God in our lives. Minimize the noise as much as you can. Get somewhere where you can hear the wind in the trees, or a stream rolling through a rock bed. But let God have the attention of your heart.
- NO BIBLE OR DEVOTIONALS. This is not meant to be your time in the Word. God absolutely speaks to us through His Word, as He guides us and teaches us about His story, but He also has things to say specifically to our hearts that don't necessarily come from His Word. (NOTE: that being said, everything that you attribute as coming from God during this time must first line up with what the Bible says, or else it is not from Him. ALWAYS run your thoughts through the filter of His Word!)
  - So make sure you get your Bible reading in at another time during the day, but set it aside for this time.
- FOLLOW THE INSTRUCTIONS IN THE ACTION STEP BOXES ON THE FOLLOWING PAGES:

#### ACTION STEP - DAY #1

- Ask God to calm your heart and remove any distractions from your mind.
- Spend about 5 minutes being quiet. No talking. No praying. Focus your thoughts on Him and Him alone.
- When your mind has quieted down, ask Jesus this question:

"Jesus, will you please show me the areas in my life where I have allowed the enemy and my 'old self' to take root in my heart?"

- Now just be quiet. For 20 minutes (set the alarm on your phone if you need to), just be silent before Him. If your mind starts to wander, just refocus, and ask Him the question again. Don't be tempted to check out because it feels too weird or unnatural. Just like someone with a spinal injury must retrain their legs to work right, you are retraining the 'ears' of your heart to listen for His voice. Be patient.
- For the last 5 minutes of your time, write down what God showed you. If you didn't hear anything, don't get discouraged. This might take some time. Spend these last few minutes praising God for who He is, and ask Him to prepare your heart even more for your next time with Him.

#### ACTION STEP – DAY #2

- Ask God to calm your heart and remove any distractions from your mind.
- Spend about 5 minutes being quiet. No talking. No praying. Focus your thoughts on Him and Him alone.
- When your mind has quieted down, ask Jesus this question:

# "Jesus, will you please speak to my heart and show me the truth of who I am in You?"

- Now just be quiet. For 20 minutes (set the alarm on your phone if you need to), just be silent before Him. If your mind starts to wander, just refocus, and ask Him the question again. Don't be tempted to check out because it feels too weird or unnatural. Just like someone with a spinal injury must retrain their legs to work right, you are retraining the 'ears' of your heart to listen for His voice. Be patient.
- For the last 5 minutes of your time, write down what God showed you. If you didn't hear anything, don't get discouraged. This might take some time. Spend these last few minutes praising God for who He is, and ask Him to prepare your heart even more for your next time with Him.

#### ACTION STEP - DAY #3

- Ask God to calm your heart and remove any distractions from your mind.
- Spend about 5 minutes being quiet. No talking. No praying. Focus your thoughts on Him and Him alone.
- When your mind has guieted down, ask Jesus this guestion:

# "Jesus, will you please show me how I can best bring glory to Your name in my life right now?

- Now just be quiet. For 20 minutes (set the alarm on your phone if you need to), just be silent before Him. If your mind starts to wander, just refocus, and ask Him the question again. Don't be tempted to check out because it feels too weird or unnatural. Just like someone with a spinal injury must retrain their legs to work right, you are retraining the 'ears' of your heart to listen for His voice. Be patient.
- For the last 5 minutes of your time, write down what God showed you. BE
   AS SPECIFIC AS YOU CAN. Spend these last few minutes praising God for
   who He is, and ask Him to prepare your heart even more for your next
   time with Him.

<sup>\*\*</sup> share with your Platoon the things you heard from the Lord this week.

We pray that these times you spent in quiet and solitude this week with Our Lord will set a strong foundation for the same kind of habit in your future. Make it a priority. Spend time with Him. Not presenting to Him your wish list. Not questioning why you're in this or that situation. But just sitting in the "yirah" of the Lord, humbly listening to what He might have to say to you. Find rest in Him, for His yoke is easy and His burden is light.

"Grant me, most dear and loving Jesus, to rest in You above created things, above health and beauty, above all glory and honour, above all power and dignity, above all knowledge and skill, above all fame and praise, above all sweetness and consolation, above all hope and promise, above all merit and desire, above all gifts and favours that You can bestow and shower upon us, above all joy and jubilation that the mind can conceive and know, above all things visible and invisible, and above everything that is not Yourself, oh my God."

— Thomas a Kempis

"Great peace have they who love your Law, and nothing can make them stumble." – Psalms 119:165

"A faith that moves mountains is a faith that expands horizons, it does not bring us into a smaller world full of easy answers, but into a larger one where there is room for wonder." – Rich Mullins

# NOTES:

#### MISSION OBJECTIVES:

- Don't forget your memory verse!
- Be intentional about your times of rest this week. If you need it, set the times on your calendars, and then have your brothers hold you accountable for those times

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"Learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:29

# 9 <u>HANDS AND FEET</u>

#### **MEMORY VERSE:**

"The Lord has told you what is good, and this is what He requires of you: to do what is right, to love mercy, and to walk humbly with your God." Micah 6:8

"To sin by silence, when they should protest, makes cowards of men." – Abraham Lincoln

ATTEN	DANCE
STUDY	GUIDE
MEMORY	VERSE

So how did your rest go last week? Like we said in the action steps, don't get discouraged if you never felt like you got any words from the Lord. The important thing is that you continue to make the time to be quiet before Him and listen. In time, you WILL learn to hear His voice!

#### Why are we here?

#### SO OTHERS MAY LIVE!!

Our rallying cry at Band of Brothers. By now, if you've given your Platoon and this program a hundred percent, then those words, 'SO OTHERS MAY LIVE' should mean a whole lot more to you now than they did a few weeks ago. We exist to serve. That's it. That is the common denominator of all of our 'purposes' here on this earth. We are called to lay down our lives for others, so that they may see Jesus in us and make the choice to accept Him, and then turn around and do the same for others. It is all for His name, and His glory!

#### "Real living is living for others." - Bruce Lee

Back in chapter 5, 'Crossroads,' we talked about leading by serving. We learned that the only way you'll ever truly be an effective leader in your homes, or your workplace, or your church, is when you realize that the most powerful leaders are those that serve their followers, rather than their own egos or selfish ambition.

This chapter will have similar concepts, but this is where you step out of your circle of influence, and begin to be the hands and feet of Jesus to the rest of the world. It is full of people who desperately need Jesus in their lives, people in 3<sup>rd</sup> world countries, and people just down the street. Romans 10:14-15 says,

"How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? And how can they preach unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'"

Those people that you interact with every day – your mailman, the guy behind the counter at the convenience store, the lady that bags your groceries. They all need Jesus in their lives. And guess what? Could it be that the reason God has put them in your path on a regular basis is so **YOU** can be the one to point them towards Him? Imagine what our days would look like, how our focus would

shift completely, if we intentionally viewed those around us as potential targets for the Kingdom. It would make it pretty difficult to lead a self-centered life, or to fall back in to our self-gratifying sins and addictions, if our one goal was to point others to Him, wouldn't it?

# "The only way you can serve God is by serving other people." – Rick Warren

So how do we serve others? Do we just strike up a conversation with everyone we meet, and boldly tell them that they need to accept Jesus into their lives? Possibly. For some people, that is exactly what they need to hear. But honestly, especially in the US, you're not gonna get very far with that approach. So what do we do? How do we most effectively reach the world for the Lord? There are probably countless methods and proven strategies within the church community that we could look at, but for this study we are going to focus on 3 tactics:

- 1. USING YOUR EARS
- 2. SACRIFICING YOUR TIME
- 3. OPENING YOUR WALLET

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## LISTEN

One of the hardest things for people in America to do these days seems to be slowing down enough to hear what people are saying. We're always on the go, always going to the next appointment, the next activity, the next errand that has to get finished. And every day, we speed by people who are dealing with internal struggles and fears and addictions. For many of them, the solution to their problems could easily be found if someone would just stop and listen, but you and I are just too busy.

In the book of Ecclesiastes, you can almost feel the weight of King Solomon's regret as he looked back on his life. Throughout that book, he tells all about how he had spent his life pursuing riches, education, wisdom, fame, pleasure – always on the move, always going forward. And in the end, after all of his many accomplishments and experiences, what was his conclusion when looking back on his life? It was all meaningless. The only thing he found that truly mattered was to

"Fear God and keep his commandments, for this is the whole duty of man." – Ecclesiastes 12:13

And what are those commandments? In the words of Jesus they are

"Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments." – Matthew 22:37-40

So the question is, can you really love your neighbor if you won't take the time to slow down and listen to what is going on in their life?

#### **ACTION STEP #1**

Is there someone specific that comes to mind, outside of your close friends and family, that you need to intentionally spend some time listening to? Maybe a neighbor that you usually try to avoid because they talk so much. Maybe the greeter at the grocery store that you see every week but never say more than "hello" to.

Think about it.

If you cannot think of anybody, pray that God would open up your eyes to see the opportunities that are all around you, and that you would have the willingness to slow down and make time for them.

Report back to your Platoon Sgt this week and let him know how you did.

Who do I need to spend time with this week, and just listen to?

"The greatest compliment that was ever paid me was when one asked me what I thought, and attended to my answer." – Henry David Thoreau

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## TIME

Our time is valuable to us. "Time is money," right? That's an incresting statement when you look at it in light of what Jesus says in Matthew 6:24

"No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money."

So if time really is money, then how we spend it is a pretty good measure of where our heart is. And ultimately, we really only have two places we can spend our time – on us, or on others. If we buy too much 'us' then we will not have anything left in our account for 'others.' Make sense?

It takes time to slow down and listen. It also takes time to serve those in need. Chances are good that you have a single mom in your church that could use some help mowing her yard every once in awhile. Chances are good that you have an elderly neighbor down the street that could use some help shovelling snow out of their driveway, or raking leaves, or carrying in their groceries. Chances are good that you live in a city where there are homeless that could use a meal, or kids in a shelter that could would love for someone to come play with them, or elderly in a nursing home that just want someone to come sit and talk with them. There are needs that can be met **ALL AROUND US**. Open your eyes. Pray that God would open your heart. Chase after the heart of God that we see in Deuteronomy 10:18-20,

"He defends the cause of the fatherless and the widow, and loves the alien, giving him food and clothing... Fear the Lord your God and serve him. Hold fast to him and take your oaths in his name."

Love those that have no one to love them. Hold fast to the ways of the Lord. Serve Him, by serving others with your time. Besides, you never know who you might really be serving.

"Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it." – Hebrews 13:2

#### **ACTION STEP #2**

**a)** Identify someone in your life, outside of your close friends and family, that you can be intentional about serving this week. How will you serve them with your time?

**b)** Prayerfully seek out a ministry or organization that you can begin to serve at on a regular basis.

Some examples are:

Mentoring at a local school Serving meals at a food bank or homeless shelter Volunteering at a nursing home Playing with kids at a shelter for foster children

BY GIVING JUST ONE HOUR A WEEK, WHO KNOWS WHAT KIND OF IMPACT YOU COULD MAKE ON SOMEONE'S LIFE FOR AN ETERNITY?

"If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody." – Chinese Proverb

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## GIVE

The final arena in which we will challenge you to serve others is with your money and your possessions. Regardless of what class of society you belong to, or what tax bracket you are in, there is **ALWAYS** someone that is worse off than you. Always. It is one of the more subtle attacks of the enemy that he causes us to

believe that no one has it as bad as poor, pitiful little me. We buy into his lies, and we use it as an excuse to close up our wallets and cliing tightly to all the stuff that belongs to us. But listen to the words of Deuteronomy 15:7-11

"If there is a poor man among your brothers in any of the towns of the land that the Lord your God is giving you, do not be hardhearted or tightfisted toward your poor brother. Rather be openhanded and freely lend him whatever he needs...

Give generously to him and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to. THERE WILL ALWAYS BE POOR PEOPLE IN THE LAND. THEREFORE I COMMAND YOU TO BE OPENHANDED toward your brothers and toward the poor and needy in your land."

True, you may be going through a hard season in life. You may not have much to your name at all. But look at the story that Jesus shared in Mark 12:41-44. Like He does so many times, he highlights an extreme example to show us that **none of us** have any ground to stand on in our excuses.

"Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a fraction of a penny.

Calling his disciples to him, Jesus said, 'I tell you the truth, this poor widow has put more into the treasury than all the others. They all gave out of their wealth; but she, out of her poverty, put in everything—all she had to live on.'"

Unfortunately though, the problem for most of us is not so much that we don't have the money to give, but that we really just don't want to. We like our stuff. We like our oversized homes, our jacked-up trucks, and our supersized combo meals. We like our big screen TVs, our DVRs that can record 16 different shows at once, and our smart phones with all the latest gadgets and updates. We like our jet skis, our motorcycles, our boats, and our vacations that we have to have at least once a quarter. We like our stuff. And stuff costs money. If we give our money away, we can't buy more stuff, can we? If we sell our stuff, and use the money to give to those who really need it, how will we survive?

Now you and I may not voice our thoughts like that out in the open, but be honest – isn't that really how you feel deep down inside, especially when the pastor passes around the collection plate? It's almost as if we lock all the doors, bolt all the shutters closed, and go hide in the cellar when people start talking about giving to the poor. We all want to be followers of Christ, just as long as it

doesn't infringe too much on my lifestyle. But God's Word does not leave room for that. Take a look at the brutal, in-your-face honesty of 1 John 3:17-18

"If anyone has material possessions and sees his brother in need but has no pity on him, HOW CAN THE LOVE OF GOD BE IN HIM? Dear children, let us not love with words or tongue but with actions and in truth."

Or these words of Paul in 1 Timothy 6:9-10

"People who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge men into ruin and destruction. For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs."

Or the words of King Solomon, one of the wealthiest men in history, in Proverbs 28:27

"He who gives to the poor will lack nothing, but he who closes his eyes to them receives many curses."

The love of God is not in those who do not give to those in need. The love of money is the root of all kinds of evil. Your stuff that you value so much is not blessed by the Lord when you shut your eyes to the needs of those around you... Pretty harsh words, aren't they? But look at your heart as you read all of this. Is it on the defensive? Are you looking for reasons why this doesn't apply to you? If so, it might just be that you have let your bank account get a hold on your heart. It is time to release it! The solution is easy – start giving stuff away! Go around the house and start gathering all the things you haven't used in the last 6 months. Throw it in the trunk and take it down to the local homeless shelter. Or have a garage sale and give all the proceeds to that family down the street that is struggling to make ends meet. Commit to give above and beyond your ten percent of your paycheck that you should be giving to your church already, and be creative about looking for ways to give that extra money away. Or get really crazy, and downsize to a smaller house, or give your car to someone who needs it rather than trade it in. Be like the men and women of the early Church, who were so generous that the Bible says,

"There were no needy persons among them. For from time to time those who owned lands or houses sold them, brought the money from the sales and put it at the apostles' feet, and it was distributed to anyone as he had need.

Joseph, a Levite from Cyprus, whom the apostles called Barnabas (which means Son of Encouragement), sold a field

#### **ACTION STEP #3**

Commit to give *intentionally* to someone in need this week. It may be someone you know that is hurting financially. It may be a ministry that is meeting needs in your community, and you want to bless them by donating to their cause.

Maybe you don't have anything specific on your heart. OK, so get \$50 out of the ATM when you leave Band of Brothers tonight and ask God to bring someone across your path that could use it. And when He does, give it away, no questions asked.

What will **YOU** do?

"As base a thing as money often is, yet it can be transmuted into everlasting treasure. It can be converted into food for the hungry and clothing for the poor. It can keep a missionary actively winning lost men to the light of the gospel and thus transmute itself into heavenly values. Any temporal possession can be turned into everlasting wealth. Whatever is given to Christ is immediately touched with immortality." – A.W. Tozer

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If you consider yourself to be a follower of Christ, then you must live as He did. While He was here on earth, He gave absolutely no indication that He valued money or possessions of any kind. They could be used as tools in furthering the Kingdom, but any use otherwise would simply be a distraction to take His eyes off of the prize – glorifying His Father's name.

When you begin to let go of the idea that all of these things and money are 'yours' and that you earned the right to have so much, when you realize that **EVERYTHING** was given to you so that you could be a blessing to others, then you will become passionate about the things God is passionate about. You will find

inside of you a voice that speaks out for things that really matter, instead of the latest toy that you just have to have. You will find a cause worth giving your life to.

Not for fame.

Not for reward.

#### SO OTHERS MAY LIVE!

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy." – Proverbs 31:8-9

"Be without fear in the face of your enemies. Be brave and upright, that God may love thee. Speak the truth always, even if it leads to your death. Safeguard the helpless and do no wrong; that is your oath. Rise a knight..." – 'Kingdom of Heaven'

# NOTES:

#### MISSION OBJECTIVES:

- Don't forget your memory verse!
- Be intentional about seeking out people to serve, by listening, giving your time, or giving money – DON'T WAIT FOR THE OPPORTUNITIES TO COME TO YOU – CREATE THEM!!

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"The Lord has told you what is good, and this is what He requires of you: to do what is right, to love mercy, and to walk humbly with your God." Micah 6:8

# 10 <u>FINISH STRONG</u>

#### **MEMORY VERSE:**

"I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me..." Acts 20:24

"The mass of men worry themselves into nameless graves while here and there a great unselfish soul forgets himself into immortality." – Ralph Waldo Emerson

ATTENDANCE
STUDY GUIDE
MEMORY VERSE

Congratulations brothers!! You've made it! We pray that over the past 10 weeks God has gotten hold of your heart. We pray that God has begun a shift within you, moving your focus off of yourself, and onto Him alone.

We pray that you have begun to discipline and order your steps, taking control of your thoughts and words and actions so that you may be able to run this race with excellence.

We pray that you have begun to engage your heart in the spiritual battle that rages all around you. That you would intentionally put on God's armor, each and every day, and that you have begun to live a life of prayer.

We pray that as you step into the battle, that you will continue to let go of your fears, and place all of your trust and faith in the Lord, believing with all that is in you that He is who He says He is.

We pray that you have begun to learn the importance of having a group of brothers around you that will have your back in all of the battles that really matter, and that you would continue to strengthen those friendships long after this study is over.

We pray that you have begun to lead those around you by laying down your lives for them. That you are intentionally looking for ways you can lead by example those in your family, your work places, and your churches.

We pray that you have begun to rid yourself of all of the sins that have been holding you back, and that you would continue to rely upon the Lord to give you the strength you need to make your stand against sin in your life.

We pray that you have begun to look deeply into your past, revealing the wounds you have internalized and allowed to shape who you are today, and that you would have the courage and fortitude to forgive those that have hurt you.

We pray that you have begun to learn what it truly means to rest in the Lord. That you have begun to intentionally carve out time within your day to just sit quietly before the Lord and allow Him to speak to your heart.

We pray that you have begun to purposefully open your eyes to the needs that surround you, in your neighborhoods, your city – wherever God has placed you. And that in obedience to His Word, you have begun to create margin in your schedules and your wallets to be able to help meet those needs.

And now, at the end of this Wave of Band of Brothers, we pray that you will begin to learn the importance of leaving a legacy. A legacy of discipline and courage and faith in Jesus Christ. A legacy of self-sacrifice, honor, integrity, and strong spiritual leadership.

Imagine your life as you wish it to be, and then take steps to get there. There is a great scene in the movie 'Gladiator' where Maximus is preparing to lead his fellow soldiers into the final battle in the campaign to expand the Roman empire. He rallies their courage, inspiring them to run head-on into possible death with these words:

"Three weeks from now, I will be harvesting my crops. Imagine where you will be, and it will be so. Hold the line! Stay with me! If you find yourself alone, riding in the green fields with the sun on your face, do not be troubled. For you are in Elysium, and you're already dead! Brothers, what we do in life echoes in eternity."

Imagine where you will be, and it will be so. But to get there, you must hold the line. You must be willing to lay down your desires, your wants. You have to be willing to lay it all down and say, "Lord whatever it takes to glorify your Name in my life, I am willing to do it."

And what if it does take your life? Maybe not literally, but what if you are called to live the rest of your life not being able to do what **YOU** want to do?

What if God has called you to stay in that job that you despise, because you are the only one there that carries the name of Jesus into that place? And you make the decision to humbly submit to him and work not only diligently, but also cheerfully, when everyone around you is saying quit and move on...

What if God has called you to stay in that marriage where you are constantly being either verbally beat down, or just thrown aside? Where you have not been truly loved for year after year? But you make the choice to not only stay, but to cover your bride with a love and a grace that makes absolutely no sense at all...

What if God has called you to sell the stuff you have been placing so much value in – your motorcycle, your boat, your lake home, whatever – in order to free up more of your time and resources to build His Kingdom? What if He has called you to move out of that big, fancy new house into a smaller, more modest home, so that you could live on less income, and give abundantly to those in need?

What is it for you? God calls us to a life of radical obedience. Or, as Oswald Chambers says it, "reckless abandonment."

# WE ARE NOT CALLED TO LOOK LIKE THE WORLD. WE ARE CALLED TO BE DIFFERENT. TO STAND OUT. TO BE SET APART.

Take a look at your life right now. Are you striving after the things the world strives for? Or are you swimming against the current, choosing the narrow path instead? Brothers, what we do in life, echoes in eternity.

We will all leave a legacy behind us. The question is: what kind of legacy will it be? Will it be of a life lived for this world, or for the next? Will people talk of all your worldly acheivements and success, of the size of your bank account or the amount of toys you owned, or, like Tristan in the movie 'Legends of the Fall,' will your life be lived in the 'borderlands?'

"He had his honor and a long life, and he saw his children grow and raise their own families. Tristan died in in the moon of the popping trees. He was last seen in the north country, hunting. His grave is unmarked, but it does not matter. He had always lived in the borderland, anyway. Somewhere between this world and the other. IT WAS A GOOD DEATH. "

. . . . . .

Before you really examine your legacy and what it will take to get there, let's go all the way back to week one of this study. One of your action steps was to fill out an evaluation of where you stood on various spiritual disciplines. It was to serve as your 'before picture' as you began your spiritual fitness program. Go back and look at how you rated yourself in all of those areas. Look at **why** you rated yourself at those levels. Take a look at the action steps you were going to take to begin moving forward.

Now here's the challenge: fill out that same evaluation. Take your time as you examine your life in each of these areas. Prayerfully ask God to reveal to you the truth of where you stand. Do not simply rate yourself higher because that is what was expected of you. If you haven't changed or seen any improvement, don't fake it. That won't do you any good at all. Be honest wih yourself and with your brothers.

EVALUATION:											
	Poor			OK					Great		
BIBLE STUDY	_	2		4	_			8	_		
PRAYER	1	2	3	4	5	6	7	8	9	10	
MEMORIZING SCRIPTURE	1	2	3	4	5	6	7	8	9	10	
SHARING THE GOSPEL	1	2	3	4	5	6	7	8	9	10	
SERVING OTHERS	1	2	3	4	5	6	7	8	9	10	
<b>LEADING</b> (at home, work, etc)	1	2	3	4	5	6	7	8	9	10	
PURITY	1	2	3	4	5	6	7	8	9	10	

So how did you do? Was there improvement? If so, then congratulations!! You are on the right path. Continue to push hard, asking Jesus to give you the strength to press forwards.

Here's the tough part... what if you haven't seen any improvement at all? What if, after this entire study, you are exactly where you were 10 weeks ago? If that is the case, as harsh as it may sound, you have missed the point of this entire study. You might have gotten in some great fellowship, and had a good time hanging out with a bunch of other men, but you missed Jesus somewhere along the way.

In Mark 6:47-50, the disciples have moved on in their journey, but without Jesus by their side. The story picks up with them on a lake in the middle of a storm...

"When evening came, the boat was in the middle of the lake, and he was alone on land. He saw the disciples straining at the oars, because the wind was against them. About the fourth watch of the night he went out to them, walking on the lake. He was about to pass by them, but when they saw him walking on the lake, they thought he was a ghost. They cried out, because they all saw him and were terrified. Immediately he spoke to them and said, 'Take courage! It is I. Don't be afraid."

The disciples were overtaken by their circumstances. All they saw was the wind and the waves that surrounded them on all sides. So much so that Jesus was about to pass them by. And when they did finally see Him, they were terrified because they did not recognize who He truly was.

Many of you are in that same boat right now. Over the past 10 weeks, you might have put on a good show, but honestly you are terrified. Your circumstances haven't changed. You're still dealing with the exact same problems you had when you showed up that first night. And Jesus is about to pass right by you. The problem is that **you have not truly seen Him for who He really is**. You have not believed the Scriptures you have read, or the testimonies you have heard. You may have attempted to put a fresh coat of paint on everything, but in reality the walls of your house are crumbling because you have built it on a weak foundation.

But there is good news brother! God knows right where you are. It doesn't matter if you dropped the ball during this study. His promise to you is the same right now as it was 10 weeks ago, and it'll still be the same 10 years down the road. Put your faith in Him. Completely. Whole heartedly trust him with your life – every bit of it. When you do, when you acknowledge Jesus as the only one who can calm the seas in your life, that is when He will step towards you, get in the boat, and take control of the rudder. But **you** have to let go first. **You** have to let go of your security, your addictions, your fears... all of it.

His promise is forever, but why wait? Why put it off until tomorrow? Your legacy could start today. Right now. For 10 weeks you have said, 'So others may live!' But before others can find life, you must first find it yourself. And **TRUE** 

life comes only through laying yours down completely at the feet of Jesus, humbly submitting to His will for your life, and accepting Him as your Lord and Savior.

#### **Now** is your time.

**Now** is when your story begins.

Forget about all that stuff you have been dragging along behind you for so long, and fix your eyes on Jesus. As Hebrews 12:1-2 says,

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of our faith..."

Forget about all of that, and lay your life down at His feet. All it takes is a simple prayer. There aren't any magic words, it just has to come from your heart. Romans 10:9-10 says that,

"If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved."

Stop what you are doing right now. Dig deep into your soul, and ask yourself: Have I ever truly submitted my life to Jesus? If your answer is no, then the next question has to be: Why not now?

Just the fact that you have given up night after night to be a part of this ministry, and you've sat in on multiple Platoon Times when you could have been out doing countless number of other things; just that alone should show you that God is doing something in your heart. So why fight it? Make this **YOUR** moment, **YOUR** time, when **YOU** decide to change your legacy.

# **ACTION STEP:**

If you're ready, all you need to do is say these simple words, from your heart: (If you're alone, consider calling one of your brothers and praying together with him. If you're at Band of Brothers, let your brothers surround you, and pray together with all of them at your side.)

#### Lord Jesus,

I come before you in humility.

I confess that I am a sinner, and I am in desperate need of a Savior.

I ask that you would come into my life right now.

Be my Lord.

Be my Savior.

Forgive me of my sins, and bring me into an eternal relationship with You.

Fill me with your Holy Spirit, and create in me a clean heart.

I love You Jesus, and I praise You for your wonderful gift of salvation!

It is in your holy name that I pray, AMEN!!

AMEN!!! The Bible says that all of heaven is rejoicing right now because of the decision you just made! WELCOME into the family of God!! You have made the most important decision you will ever make in creating a lasting legacy — don't ever let go of the feelings you have right now!

. . . . . . . .

For the rest of you – those who are walking boldly before the Lord, growing in faith and good works, here is your challenge: DON'T LET UP!

You've pushed hard the past 10 weeks. You've grown closer to God, and you have grown closer to your brothers. But don't put it on cruise control just

because Band of Brothers is over with for this Wave. If anything, all this was over the past 10 weeks was Basic Training. The real battle starts when you leave Band of Brothers tonight.

Will you continue to challenge yourself, stepping farther and farther out in faith, living a life of radical obedience to WHATEVER God calls you to?

Will you continue to serve those around you with a passionate love and devotion and loyalty, pointing them towards Jesus in ALL that you do?

Will you continue to build up and strengthen your brothers, standing firmly by their sides as you wage war TOGETHER in the name of Jesus Christ?

Will you lay down your life, SO OTHERS MAY LIVE?

That is your final action step, brothers. Live radically under the banner of HIS holy name. Don't ever go back to a mediocre faith. Don't ever get satisfied with a normal life. Leave a legacy that will impact generations long after you are gone.

Take hold of all that Jesus has to offer and find victory, no matter what the cost!

Why?

#### SO OTHERS MAY LIVE!

"You ask, what is our policy? I say it is to wage war by land, sea, and air. War with all our might and with all the strength God has given us, and to wage war against a monstrous tyranny never surpassed in the dark and lamentable catalogue of human crime. That is our policy. You ask, what is our aim? I can answer in one word. It is victory. Victory at all costs - Victory in spite of all terrors - Victory, however long and hard the road may be..." — Winston Churchill



#### MISSION OBJECTIVES:

 Live a life worthy of your calling, no matter what it costs you!

# PRAYER REQUESTS:

(please write down the requests for all of the members of your platoon for this week, and be diligent about lifting them up throughout the week)

"I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me..." Acts 20:24