

## PREPARE YOURSELF TO PRAY !

### WHAT IS PRAYER?

Communicating with God. Talking to Him and letting Him talk to me. A two-way street. (An attitude not a duty)

### WHY PRAY?

You must talk to someone to build a relationship with them. Not just because we want something

### WHEN TO PRAY?

Early in the morning, late at night, before meals / after meals, “Now I lay me down to sleep . . .” - Pray without ceasing! When your in need, when your thankful, lonely, scared, nervous, etc.

### WHO SHOULD PRAY?

Parents children, leaders, people who sin, people in need, “ I would that ALL men pray . . .”, but- ” God hears not the prayers of a sinner”. Unsaved people must get right with God before trying to carry on a relationship with Him.

### WHERE SHOULD WE PRAY?

At home, at church (“my father’s house will be called a house of prayer”), at school, at work, at the doctor’s office, at the restaurant,at Wal-Mart!

### HOW DO WE PRAY?

we will discuss, types, people, patterns, power, hindrances, and postures of prayer...

## TYPES OF PRAYER

- 1. PUBLIC**—don’t be as the publicans and hypocrites don’t be a show off! Matthew 6:5
- 2. PRIVATE**—get personal and intimate—go into your closet come out of your closet Matthew 6:6
- 3. CONFESSION**—to admit, disclose, acknowledge personal shortcomings / sins Romans 10:9 / 1 John 1:9
- 4. SUPPLICATION**—ask for God to supply—earnest, humble, plea 1 Timothy 2:1
- 5. INTERCESSION**—to stand in the gap—on behalf of someone or something Romans 8:26,27
- 6. PETITION**—a request to a superior authority—a formal application 1 John 5:14, 15
- 7. DECLARATION**—to affirm or state emphatically— to proclaim or make a resolution Hebrews 2:12 / 1 John 1:1-5
- 8. DETERMINATION**—making a consistent decision —persistence Luke 18:1-8
- 9. REQUISITION**—to express a desire for something– to ask for Matthew 7:7-11/ Phillipians 4:6
- 10. INQUISITION**—a search for information, knowledge, or facts, an investigation Judges 18:5
- 11. MEDITATION**—waiting, contemplating, consider at length, to ponder. To tarry, to be delayed Psalm 1:2 / Acts 1:4 / Isaiah 40:31
- 12. ADORATION**—expression of the deepest love, to adore Matthew 22:37 / 1 John 4:7,8

**13. CONSECRATION**—making a vow, dedication of a baby, set apart as sacred, sanctified for use Exodus 13:2 / 2 Chronicles 7:5-7

**14. INVOCATION**—inviting His presence, welcome Him to join a service or participate in something. Exodus 33:14-16

**15. BENEDICTION**—a closing prayer or blessing, usually asking God to bless what has already taken place

**16. INSPIRATION**—seeking revelation (reveal the definition of) or interpretation to a vision, or dream. Daniel 2:24-28 / Revelations 1:1 / Galations 1:11,12

## **DIAGRAM OF THE LORD'S PRAYER**

### **I. "Paternal" OUR FATHER WHICH ART IN HEAVEN,**

**A. He is our Father, he has adopted us as children (Abba)**

**B. Security in knowing our place in the family**

### **II. "Presence" Hallowed be thy name**

**A. The names of God and their meaning:**

YAWEH— "I AM"

JEHOVAH TSIDKENU— My sanctifier

JEHOVAH SHALOM— my peace

JEHOVAH SHAMMAH— His presence

JEHOVAH RAPHE— my healer

JEHOVAH JIREH— my provider

JEHOVEH NISSI— my banner

JEHOVAH ROHI— my shepherd

ELOHIM—Ultimate, Supreme one

EMMANUEL— God with us

ADONI—Lord, Master

**B. Biblical references**

*"the name that is above every other"*

*"at His name every knee shall bow"*

*"by no other name can you be saved"*

*"Thou shalt not take His Name in vain"*

### **III. "Priority" THY KINGDOM COME, THY WILL BE DONE**

**A. In me (my personal life to line up with the word)**

**B. My family (spouse, children, parents, etc.)**

**C. My church (Pastor, leadership, harvest of souls)**

**D. Nation (City, state, congress, president)**

**IV. “Provision” GIVE US THIS DAY OUR DAILY BREAD**

- A. Supply for our needs, wants, desires**
- B. Prosperity to further serve God**
- C. Be specific, be tenacious**

**V. “Pardon” FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS**

- A. Our sins, our offenses / toward God, toward people**
- B. Release others, bless them (7 X 70)**
- C. Set your will to forgive in advance**
- D. Don't nurse it, rehearse it or disperse it !**

**VI. “Power” LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL**

**A. Put on the whole armor of God:**

Loins gird about with truth

Breastplate of righteousness

Feet shod with preparation of the gospel of peace

Shield of faith

Helmet of salvation

Sword of the spirit

**Matthew 4:1**—He was led into the wilderness to be tempted (to be proven) We don't have a testimony without a test!

**B. Pray a hedge of protection around you and your family**

**VII. “Praise” FOR THINE IS THE KINGDOM, THE POWER & THE GLORY FOREVER**

**A. Always give Him the credit**

**B. Thank Him for answers to prayer**

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**POWER IN PRAYER**

**FASTING—**

when you fast, wash your face and comb your hair

this faith only comes by prayer and fasting

even now declares the Lord, return to me with all your heart, with fasting and weeping

and mourning my knees are weak through fasting and my flesh faileth

the spirit is willing but the flesh is weak

**AUTHORITY—**

approach the throne of God boldly

the effectual fervent prayer of a righteous man availeth much

when you've done all to stand . . . Stand - (having confidence God will do it)

**UNITY—**

if two shall agree, it shall be done

they all joined together constantly in prayer, and they were all in one accord (no doubts, not skeptical, not fearful)

### **TONGUES—**

he who prays in the spirit is edified (your mind does not understand, your spirit must be in charge) the spirit knows our infirmities,  
he prays with groanings and utterings that can not be understood

People of prayer:

**ABRAHAM**—Genesis. 18:23 **MOSES**—Exodus. 33:11,12

**SAMUEL**-1 Sam 7:8,9 / 12:23 **DAVID**—Psalm 5:1,2

**JERIMIAH**-Jerimiah 29:7,12-13 / 33:3 / 42:4

**JOB**—Job 16:17 / 42:8-10 **ELIJAH**—James 5:17-18

**PAUL**-1 Corinthians 14:13-18 **HANNAH**—1 Samuel 1:27

**DANIEL**—Daniel 6:10 **JONAH**—Jonah 2:1,2

**HABAKKUK**-Hab.1:2 / 3:1,2 **NEHIMIAH**— Ch. 1:4,6

**ESTHER**—Esther 4:3,15,16 **JAMES**—James 5:13-16

**JESUS**—Matthew 4:1,2/ Matthew 26:36-41 / Mark 1:35 / Luke 6:12 / John 17:9, 20

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**E. M. Bounds**— Power Through Prayer

**Leonard Ravenhill**— Prayer, Key to Revival

**Billy Graham**— "The keys of success to any crusade: 1. prayer 2. prayer 3. prayer"

**Evelyn Christenson**— What Happens When Women Pray?

**Dr. Paul Yonggi Cho**— Prayer Mountain, Soul Korea

## **HINDERANCES TO PRAYER**

**HINDER**—To get in the way, delay progress, interfere, obstruct

"when they seem to bounce off of the ceiling"

**Disobedience**—(children of Israel) Duet. 1:26,43,45

(Saul) 1 Samuel 13:12,13 / 14:36,41 Proverbs 28:9 / Ezek 20:1-3

**Secret Sin**— Psalm 66:18-20 / Joshua 7:6,10

**Indecisiveness**— James 1:6-8

**Family Dissension**— 1 Peter 3:7

**Unforgiveness**— Matthew 5:23,24 / 6:14,15

**Worry/ Doubt**— Matthew 6:25-34

**Contrary to God's Will / Selfish Motives**

**Disciples** Matthew 20:20-22

**Moses** Dueteronomy 3:23,26

**David** 2 Samuel 12:16

**Paul** 2 Corinthians 12:7-10

**carnal minded Christians** James 4:3

## THE POSTURE OF PRAYER

**POSTURE**—position of the body in regards to something. “physical attitude” - to pose in attentiveness

**BOW**—to bend downward in submission, to yield Romans 14:11 / Phillipians 2:10

**KNEEL**—to rest on the knees Mark 1:40 / Luke 22:41 / Acts 20:36

**PROSTRATE**—to throw down flat, lying face down, incapacitated  
Matthew 17:6, 26:39 Luke 5:12 Revelations 11:16

**STAND**—rise up in an upright position on your feet. To be stable on a foundation  
Mark 11:25 Luke 1:19 Ephesians 6:11,13

**THIS IS NOT ONLY A PHYSICAL POSITION, BUT ALSO A HEART CONDITION!**

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## THE PRAYER SHAWL ... “TALLIT”

**1. Its Origin** - Num. 15:37 The LORD said to Moses, "Speak to the Israelites and say to them: `Throughout the generations to come you are to make tassels on the corners of your garments, with a blue cord on each tassel. You will have these tassels to look at and so you will remember all the commands of the LORD, that you may obey them and not prostitute yourselves by going after the lusts of your own hearts and eyes. Then you will remember to obey all my commands and will be consecrated to your God. I am the LORD your God, who brought you out of Egypt to be your God. I am the LORD your God.' "

**2. Its Purpose** - A symbolic reminder of Gods protection and provision by his word.

**3. Its meaning** - a covering, a cloak, mantle or tunic. It's four corners were symbolic of the 4 corners of the earth, were also called wings - Ps. 91:1 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge;. Referred to as Hovering in Gen1:2, Duet. 32:11. It included 5 knots & 8 strands, added to 600 to remember the 613 commandments in the Torah (1st 5 books in the Bible).

**4. “Tallith”** - Hebrew word for little tent (the entire shawl) Paul made “tents” ... intimate, private and personal “go into your prayer closet”, Tzitzit is the fringes and means commandments

**5. Significant part of the burial cloth** - Jn. 20:6, Then Simon Peter, who was behind him, arrived and went into the tomb. He saw the strips of linen lying there, as well as the burial cloth that had been around Jesus' head. The cloth was folded up by itself, separate from the linen.

**6. Hebrew blessing on the crown** - to be recited when putting it on. “Blessed art thou Lord God, King of the universe, who has sanctified us with his commandments and commands us to wrap ourselves in His word”

**7. Ruth was under Boaz’s covering** - Ruth 3:9

"Who are you?" he asked. "I am your servant Ruth," she said. "Spread the corner of your garment over me, since you are a kinsman-redeemer."

**8. David cut off the corner of Sauls robe** - 1 Sam. 24:1

" Then David crept up unnoticed and cut off a corner of Saul's robe.Afterward, David was conscience-stricken for having cut off a corner of his robe. [6] He said to his men, "The LORD forbid that I should do such a thing to my master, the LORD's anointed,

**9. Elijah's MANTLE for Elisha** - 2 Kings ch.2[8] Elijah took his cloak, rolled it up and struck the water with it. The water divided to the right and to the left, and the two of them crossed over on dry ground.When they had crossed, Elijah said to Elisha, "Tell me, what can I do for you before I am taken from you?" "Let me inherit a double portion of your spirit," Elisha replied. "You have asked a difficult thing," Elijah said, "yet if you see me when I am taken from you, it will be yours--otherwise not." As they were walking along and talking together, suddenly a chariot of fire and horses of fire appeared and separated the two of them, and Elijah went up to heaven in a whirlwind. [12] Elisha saw this and cried out, "My father! My father! The chariots and horsemen of Israel!" And Elisha saw him no more. Then he took hold of his own clothes and tore them apart. He picked up the cloak that had fallen from Elijah and went back and stood on the bank of the Jordan. [14] Then he took the cloak that had fallen from him and struck the water with it.

**10. The woman with the issue of Blood** - Mal. 4:2,

But for you who revere my name, the sun of righteousness will rise with healing in its wings.

Luke 8:43 And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped./

Matt. 14:35 And when the men of that place recognized Jesus, they sent word to all the surrounding country. People brought all their sick to him and begged him to let the sick just touch the edge of his cloak, and all who touched him were healed.

Mark 6:56 - [56] And wherever he went--into villages, towns or countryside--they placed the sick in the marketplaces. They begged him to let them touch even the edge of his cloak, and all who touched him were healed.

**11. Davening is the rocking motion often practiced.**

often seen at the wailing wall in Jerusalem

**12. Pharesees showed off with it** - Matt. 23:5 "Everything they do is done for men to see: They make their phylacteries wide and the tassels on their garments long;

**13. The angel told Peter to get up and put it on** - Acts ch. 12 :8 Then the angel said to him, "Put on your clothes and sandals." And Peter did so. "Wrap your cloak around you and follow me," the angel told him.

**14. His robe and vesture** - is encribed - Rev. 19 [16] On his robe and on his thigh he has this name written: KING OF KINGS AND LORD OF LORDS.